

# Table and Figure

성균관대학교 의과대학 삼성서울병원 내과 이준행



# Writing Tables and Figures for Medical Journals



**Sung-Tae Hong, MD**

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Editor, Journal of Korean Medical Science

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# 첫 논문의 추억

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# 이준행 + 성균관 = 95

The screenshot shows a PubMed search results page. The search query is 'Jun Haeng Lee Sungkyunkwan'. The results are displayed in a list format, showing the first three results. The left sidebar contains filters for Article types, Text availability, Publication dates, and Species. The main content area shows the search results with titles, authors, and publication details.

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PubMed Jun Haeng Lee Sungkyunkwan Search

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<< First < Prev Page 1 of 5 Next > Last >>

1. [Surveillance strategy based on the incidence and patterns of recurrence after curative endoscopic submucosal dissection for early gastric cancer.](#)  
Min BH, Kim ER, Kim KM, Park CK, Lee JH, Rhee PL, Kim JJ.  
Endoscopy. 2015 Jun 25. [Epub ahead of print]  
PMID: 26111362  
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2. [Negative Biopsy after Referral for Biopsy-Proven Gastric Cancer.](#)  
Tae CH, Lee JH, Min BH, Kim KM, Rhee PL, Kim JJ.  
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(2개는 자료를 받음. 2개는 자료까지 수집)

# 저의 첫 논문입니다. 강북삼성병원에서 진행 하였습니다.

THE AMERICAN JOURNAL OF GASTROENTEROLOGY  
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ISSN 0002-9270/03/\$30.00  
doi:10.1016/S0002-9270(03)00247-8

## Detection of Colorectal Adenomas by Routine Chromoendoscopy With Indigocarmine

Jun Haeng Lee, M.D., Jeong Wook Kim, M.D., Yong Kyun Cho, M.D., Chong Il Sohn, M.D.,  
Woo Kyu Jeon, M.D., Byung Ik Kim, M.D., and Eun Yoon Cho, M.D.

*Departments of Medicine and Pathology, Sungkyunkwan University School of Medicine, Seoul, Korea*

**OBJECTIVES:** Nonpolypoid adenomas, which can be important precursors of colorectal cancers, are difficult to find during routine colonoscopy. The aim of this study was to evaluate the usefulness of routine chromoendoscopy in Korea, where the incidence of colorectal cancer is low compared with western countries.

**METHODS:** Colonoscopy with chromoendoscopy was performed in 74 consecutive patients (48 men, 26 women; mean age 53.0 yr). After a careful examination of the whole colon, a defined segment of the sigmoid colon and rectum (0–30 cm from the anal verge) was stained with 20 ml of

can be found only after spraying contrast agent needs to be further investigated. (Am J Gastroenterol 2003;98: 1284–1288. © 2003 by Am. Coll. of Gastroenterology)

### INTRODUCTION

During the last decade, there has been an increasing interest in nonpolypoid colorectal neoplastic lesions (1–11). Such lesions are difficult to detect and are often overlooked during routine colonoscopic examinations, and it has been claimed that the true incidence of nonpolypoid neoplastic

큰 연구는 아니었습니다. 대장내시경 74개가 전부였습니다.

**Table 1.** Colorectal Lesions Detected Before and After Spraying Indigocarmine During Colonoscopic Examinations in 74 Patients

Histology	Before Dye Spraying	After Dye Spraying*	Total
Inflammation/hyperplasia	14	158	172
Tubular adenoma	41	17	58
Villous adenoma	1	0	1
Serrated adenoma	0	1	1
Adenocarcinoma	2	0	2
Total	58	176	234

매우 빨리 진행된 연구였습니다. 구상부터  
투고까지 5개월 걸렸습니다.

## ACKNOWLEDGMENT

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Kangbuk Samsung Hospital, Department of Medicine, Pyung-  
dong, Jongro-ku, Seoul 100-634, Korea.

*Received Sep. 4, 2002; accepted Nov. 22, 2003.*

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# 취직 후 처음에는 환자가 적어서 매일 도서관을 찾았습니다. 우연히 독일 논문을...

## Chromoendoscopy with Indigocarmine Improves the Detection of Adenomatous and Nonadenomatous Lesions in the Colon

R. Kiesslich<sup>1</sup>, M. von Bergh<sup>2</sup>, M. Hahn<sup>2</sup>, G. Hermann<sup>3</sup>, M. Jung<sup>2</sup>

<sup>1</sup> I Med. Klinik und Poliklinik, Johannes-Gutenberg-Universität, Mainz, Germany

<sup>2</sup> Innere Abteilung, St. Hildegardis Krankenhaus, Akademisches Lehrkrankenhaus der Johannes-Gutenberg-Universität, Mainz, Germany

<sup>3</sup> Pathologisches Institut, Klinikum Ludwigsburg, Ludwigsburg, Germany

**Background and Study Aims:** Depressed early cancers and flat adenomas have a high potential for malignancy with possible infiltrating growth, despite the small size of the lesion. Japanese investigators have shown that early diagnosis and classification of these lesions is possible with the help of chromoendoscopy. The aim of this study, therefore, was to evaluate the usefulness of chromoendoscopy during routine colonoscopy.

**Patients and Methods:** During routine colonoscopy, vital staining with indigocarmine solution (0.4%, 1–10 ml)

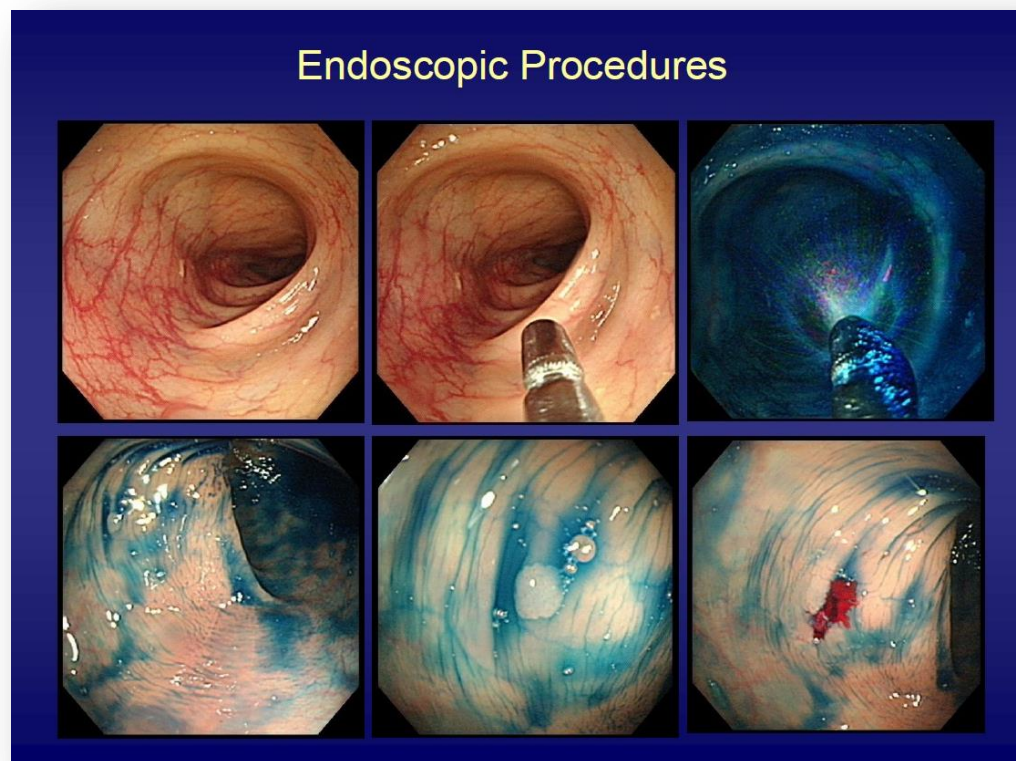
**Results:** A total of 52 patients had 105 visible lesions (89 polypoid, 14 flat and two depressed). The mean size of the lesions was 1.4 cm. Among the 48 patients with mucosa of normal appearance, 27 showed 178 lesions after staining (176 flat, two depressed) with a mean size of 3 mm. On histological investigation, 210 lesions showed hyperplastic or inflammatory changes, 67 were adenomas and six were cancers. Use of the pit pattern system to classify lesions (adenomatous, pit patterns III–V; nonadenomatous, pit patterns I–II) was possible, with a sensitivity of 92% and a specificity of 93%. Lesions

대장암이 적은 우리나라에서는 어떨지 거의 같은 연구를 해 보았습니다.

**OBJECTIVES:** Nonpolypoid adenomas, which can be important precursors of colorectal cancers, are difficult to find during routine colonoscopy. The aim of this study was to evaluate the usefulness of routine chromoendoscopy in Korea, where the incidence of colorectal cancer is low compared with western countries.



방법은 간단했습니다. 대장내시경을 마친 후  
30 cm 정도 들어가 색소를 뿌렸습니다.



# 2달 자료(50명)를 모아 ACG에 초록을 냈습니다. 포스터 전시로 accept 되었습니다.

## DETECTION OF SMALL COLORECTAL ADENOMAS BY ROUTINE CHROMOENDOSCOPY WITH INDIGOCARMINE

2002년 6월 4일 ACG에 초록 내기 직전에 정리한 50명 data

강북삼성병원 소화기내과 이준행

전체 mean age 52.38 +/- 8.73

남자 32명 (age 51.56 +/- 8.05) 여자 18명 (53.83 +/- 9.90)

### 검사한 이유

15	check up
6	abdominal pain
9	diarrhea
4	constipation
7	polypectomy follow up
4	bleeding
5	others (weight loss, IDA work up..)



# 24명을 더 모아 ACG 포스터를 만들었습니다. 다. 동시에 논문을 써서 AJG에 보냈습니다.

## DETECTION OF COLORECTAL ADENOMAS BY ROUTINE CHROMOENDOSCOPY WITH INDIGOCARMINE

Jun Haeng Lee, Jung Uk Kim, Yong Kyun Cho, Chung Il Sohn, Woo Kyu Jeon, Byung Ik Kim, and Eun Yoon Cho\*

Departments of Medicine and Pathology \*, Kangbuk Samsung Hospital, Sungkyunkwan University School of Medicine, Seoul, Korea

### INTRODUCTION

During the last decade, there has been an increasing interest on the non-polypoid colorectal neoplastic lesions. Such lesions are difficult to detect and are often overlooked during routine colonoscopic examinations and it has been claimed that the true incidence of non-polypoid neoplastic lesions has been underestimated.

Recently, there has been a report from Germany that chromoendoscopy with indigocarmine may help detect small non-polypoid neoplastic lesions, which are not identified by routine video endoscopy. However, the incidence of colorectal neoplastic lesions is significantly different by geographic locations, and the role of routine chromoendoscopy in eastern countries has not been determined.

The aim of the present study was to evaluate the usefulness of routine chromoendoscopy in Korea, where the incidence of colorectal cancer is low compared to the western countries.

### METHODS

Colonoscopy with routine chromoendoscopy using indigocarmine solution was prospectively performed in 74 consecutive patients. Mean age was 53.0 years (range 30-78, 48 male and 26 female).

Bowel preparation included 4 L polyethylene glycol electrolyte solution in the morning before an afternoon examination. Colonoscopic examinations were performed by three experienced endoscopists. Patients with insufficient bowel preparation, a family history of polyposis, evidence of recent bleeding, infectious or inflammatory diseases, total or subtotal strictures had been excluded from the study.

While retracting the instrument from the cecum down to the anus, biopsy samples were taken for all detectable lesions. The endoscope was introduced again up to 30 cm from the anal verge. During slow withdrawal of the endoscope, about 20 ml of indigocarmine solution (0.2%) were sprayed using a spraying catheter.

Then, the endoscope was introduced again up to the 30 cm from the anal verge, and the dye-sprayed mucosa of the rectosigmoid colon was examined in detail. All detected lesions were removed for histological examination by one or two biopsies.

Macroscopically, adenomas were classified into polypoid adenoma and non-polypoid adenoma. Non-polypoid adenomas were further divided into a flat adenoma and a depressed adenoma. Flat adenoma was defined as an adenoma with either plane or slightly raised areas with a diameter in the axis of the intestinal surface several times exceeding their height. Histologically, dysplasia in adenoma was divided into low and high grade according to the Vienna classification.

### RESULTS

Indications for colonoscopy included routine check-up (21 patients), diarrhea or loose stool (14 patients), abdominal pain (12 patients), constipation (7 patients), bleeding (6 patients) and others (14 patients).

Before spraying indigocarmine, 58 lesions were found in 30 patients (43.2%) (Table 1). Of the 42 adenomas, 36 were tubular adenomas, 3 were tubular adenomas with high-grade dysplasia, and 2 were villous adenomas. Endoscopic features of the 42 adenomas were sessile type in 21 (50.0%), pedunculated type in 6 (14.3%), and non-polypoid flat lesions in 15 (35.7%). The mean diameter of adenomas were  $5.4 \pm 4.6$  mm (range 3-30).

**Table 1.** Colorectal lesions detected before and after spraying indigocarmine in 74 patients

Histology	Before dye spraying	After dye spraying	Total
Inflammation /Hyperplasia	14	158	172
Tubular adenoma	41	17	58
Villous adenoma	1	0	1
Serrated adenoma	0	1	1
Adenocarcinoma	2	0	2
Total	58	176	234

After indigocarmine staining for normal-looking distal 30 cm colorectal mucosa, 176 lesions were found in 46 patients (Table 1). Macroscopically, all adenomas were classified as flat adenomas. There was no depressed-type adenoma. The mean size of the 18 adenomas found after spraying indigocarmine was  $2.6 \pm 0.6$  mm, and significant smaller than the adenomas found before chromoendoscopy ( $p < 0.001$ ).

**Table 2.** Efficacy of routine chromoendoscopy in the detection of additional small adenoma(s) in patients with or without neoplastic lesions detected before spraying indigocarmine.

	Group A (n=25)	Group B (n=49)
Neoplastic lesions before dye spraying	Yes	No
All lesions detected after dye spraying	85	91
Adenomas detected after dye spraying	6	12
Patients with adenoma(s) after dye spraying *	6 (24.0%)	6 (12.2%)

\*  $p = 0.317$ , Fisher's exact test

### CONCLUSIONS

We found that flat or depressed adenomas could be found after spraying indigocarmine for normal-looking rectosigmoid mucosa in a large proportion of patients in Korea. The clinical significance of these diminutive adenomas, which could be found only after spraying contrast agent, needs to be further investigated.

# 논문을 submission 한 후 우리말로 국내 학회에서 발표를 하였습니다.

대한소화기내시경학회지 2002;25:303

## 육안소견상 정상인 대장점막에서 색소내시경을 이용한 선종의 발견

성균관대학교 의과대학 강북삼성병원 내과, \*병리과

이준행 · 김정욱 · 조용균 · 박창영 · 손정일 · 전우규 · 김병익 · 조은윤\*

연구목적: 대장내시경 검사에서 대장암의 전구병변의 하나인 비용종형 선종을 발견하는 것은 쉽지 않다. 본 연구는 내시경검사상 육안적으로 정상인 대장점막에 대한 색소내시경의 유용성을 알아보는 것을 목적으로 하였다. 대상 및 방법: 74명의 환자(남자 48명, 여자 26명: 평균 연령 53.0세)에서 색소내시경 검사를 시행하였다. 대장내시경 검사를 시행한 이유는 건강검진(21%), 설사나 무른변(14%), 변비(7%), 출혈(6%), 기타(14%) 등이었다. 맹장부터 직장까지 자세한 대장내시경 검사를 시행한 후 내시경을 항문연으로부터 30 cm까지 다시 삽입하였다. 천천히 내시경을 빼면서 0.2% indigocarmine 용액을 대장점막에 골고루 살포하였다. 다시 내시경을 삽입하여 색소가 살포된 대장 점막을 자세히 관찰하면서 발견된 병변을 기술하고 조직검사를 시행하였다. 결과: 색소살포전 대장내시경 검사에서 30명(43.2%)의 환자에서 58개의 병변이 발견되었다. 조직학적 소견은 관상 선종 41개, 증식성 혹은 염증성 변화 14개, 선암 2개, 용모상 선종 1개였다. 육안적으로 정상적인 원위부 대장점막에 색소를 살포한

# 첫 논문에서 배운 교훈

- 평소의 관심 (색소내시경)
- 최신 문헌 검토
- 쉬운 방법론 (대장내시경, 색소내시경)
- 신속한 진행
- Something new에 집착하지 않음
- Me too에 개의치 않음

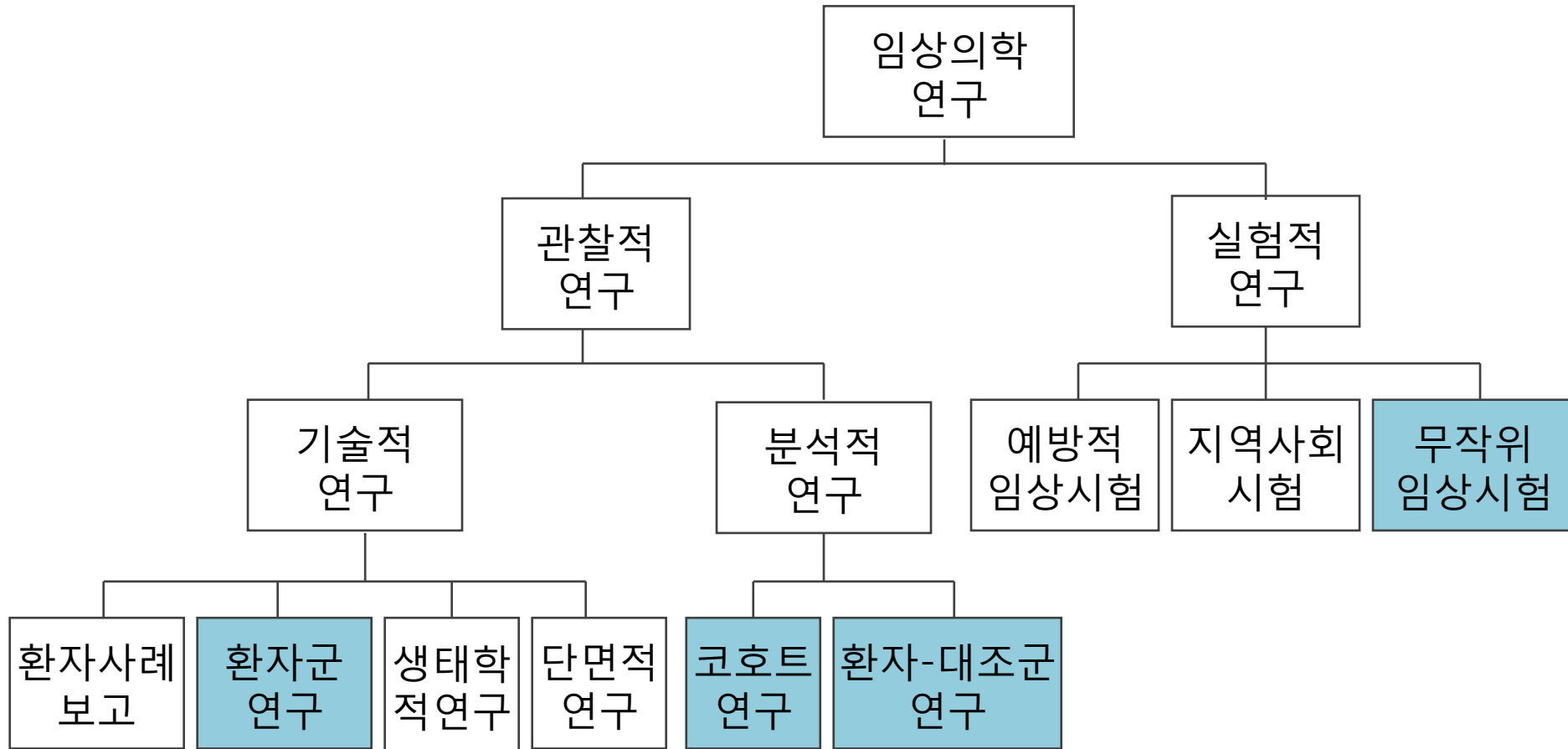
# 어떤 연구에 도전할 것인가?

성균관대학교 의과대학 내과 이준행

# 왜, 그리고 어떤 연구를 희망하십니까?

- 나는 왜 연구를 하는가?
  - 취직? 자격? 사명감? 호기심/재미?
- 언제 결과가 나와야 하는가?
  - 국가고시 원고접수? 취업 면접? 승진? 죽기 전?
- 어디에 결과를 발표할 것인가?
  - NEJM? SCI? SCI-E? 학진?

# 할 수 있는 연구를 찾읍시다.



# 연구 주제 선정의 3대 장애물

- Something new에 대한 집착  
“태양 아래 새로운 것은 없다.”
- Me too 논문 피하기  
완전히 같기도 어렵습니다. 뭔가는 다릅니다. 찾으세요.
- “So what?”에 대한 두려움  
“그래도 나는 연구하면서 재미있었다.” 배짱을 가지세요. 안 되면 어떨습니까?

# 비슷한 논문은 계속 발표됩니다. 크게 같고 작게 다릅니다.

The image displays three browser windows side-by-side, each showing the abstract of a medical paper. The windows are titled 'Where has the tumor go...', 'Non-neoplastic pathology...', and 'Clinical outcomes of no...'. The first two windows are from the journal 'Endoscopy' and the third is from 'Surg Endosc'. All three papers discuss gastric neoplasms and the concept of 'no residual disease' (NRD) after endoscopic resection. The first paper is from 2009, the second from 2015, and the third is an ahead-of-print publication from 2015. Each abstract includes background, study aims, methods, results, and conclusions.

**Window 1: Where has the tumor go...**  
Endoscopy. 2009 Sep;41(9):739-44.  
**Where has the tumor go...**  
Kim ES<sup>1</sup>, Jeon SW, Park SY, Park Kweon YO, Kim SK, Choi YH.  
+ Author information  
**Abstract**  
**BACKGROUND AND STUDY** findings from forceps biopsy are embarrassing cases tumorous evaluate the clinical, endoscopic pathologically negative finding  
**PATIENTS AND METHODS:** V treated with EMR or endoscopy at our institution, and enrolled in resection. Their biopsy and EM characteristics, including dem mucosal lesions were evaluate  
**RESULTS:** Out of 633 patients mean +/- SD maximal dimension number of forceps biopsy fragment mm/fragment. Before resection

**Window 2: Non-neoplastic pathology...**  
Endoscopy. 2015 Jul;47(7):598-604.  
**Non-neoplastic pathology...**  
Yang MJ<sup>1</sup>, Shin SJ<sup>1</sup>, Lee KS<sup>1</sup>, Lee GH<sup>1</sup>, Ryu HS<sup>1</sup>, Yoo BM<sup>1</sup>, Lee KJ<sup>1</sup>  
+ Author information  
**Abstract**  
**BACKGROUND AND STUDY** endoscopic submucosal dissection aims of the study were to determine characteristics of non-neoplastic  
**PATIENTS AND METHODS:** A December 2011 were retrospectively confirmed as negative or indefinite pathological data were reviewed  
**RESULTS:** Non-neoplastic pathology biopsy in 45 cases (86.5%), path original tumor with subsequent surface area of the non-neoplastic Mean sampling ratios were 3.0 1134 cases confirmed as neoplastic significantly smaller tumor size

**Window 3: Clinical outcomes of no...**  
Surg Endosc. 2015 Jun 20. [Epub ahead of print]  
**Clinical outcomes of no residual disease in the specimen after endoscopic resection for gastric neoplasms.**  
Choi JM<sup>1</sup>, Kim SG, Yang HJ, Lim JH, Choi J, Im JP, Kim JS, Kim WH, Jung HC.  
+ Author information  
**Abstract**  
**BACKGROUND:** No residual disease (NRD) can be found in the specimen after endoscopic resection (ER) of biopsy-proven gastric neoplasm. This study aimed to evaluate the endoscopic and pathologic characteristics of patients with NRD and identify the cause and long-term prognosis.  
**METHODS:** Medical records of patients who underwent ER for biopsy-proven gastric neoplasms at a single tertiary hospital between January 2005 and November 2014 were retrospectively reviewed. Patients whose post-ER histology was revealed as NRD were included. Overall incidence, clinicopathologic characteristics, cause, and long-term prognosis were analyzed.  
**RESULTS:** NRD was detected in 143 (3.2 %) of 4401 cases of gastric neoplasms treated with ER. Mean endoscopic size of the initial lesion was 8.15 ± 6.64 mm; in 93 cases (65.0 %), the lesion was located in the lower third of the stomach. Initial pathologic diagnosis was as follows: adenoma (n = 110), carcinoma (n = 29), and atypical gland (n = 4). The causes of NRD were minute lesions removed by biopsy in 140 patients, pathologic misdiagnoses in two, and localization error in one. Local recurrence was detected in five patients (3.6 %) with minute lesions during follow-up and treated with argon plasma coagulation (n = 4) or re-ER (n = 1). Synchronous (n = 5, 3.6 %) and metachronous gastric lesions (n = 6, 4.3 %) were also detected during follow-up.  
**CONCLUSIONS:** The main cause of NRD was minute lesions which might be completely removed



# 2018년 국립암센터의 멋진 논문

## The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812

MARCH 22, 2018

VOL. 378 NO. 12

### *Helicobacter pylori* Therapy for the Prevention of Metachronous Gastric Cancer

Il Ju Choi, M.D., Ph.D., Myeong-Cherl Kook, M.D., Ph.D., Young-Il Kim, M.D., Soo-Jeong Cho, M.D., Ph.D.,  
Jong Yeul Lee, M.D., Chan Gyoo Kim, M.D., Ph.D., Boram Park, M.S., and Byung-Ho Nam, Ph.D.

#### ABSTRACT

##### BACKGROUND

Patients with early gastric cancers that are limited to gastric mucosa or submucosa usually have an advanced loss of mucosal glandular tissue (glandular atrophy) and are at high risk for subsequent (metachronous) development of new gastric cancer. The long-term effects of treatment to eradicate *Helicobacter pylori* on histologic improvement and the prevention of metachronous gastric cancer remain unclear.

##### METHODS

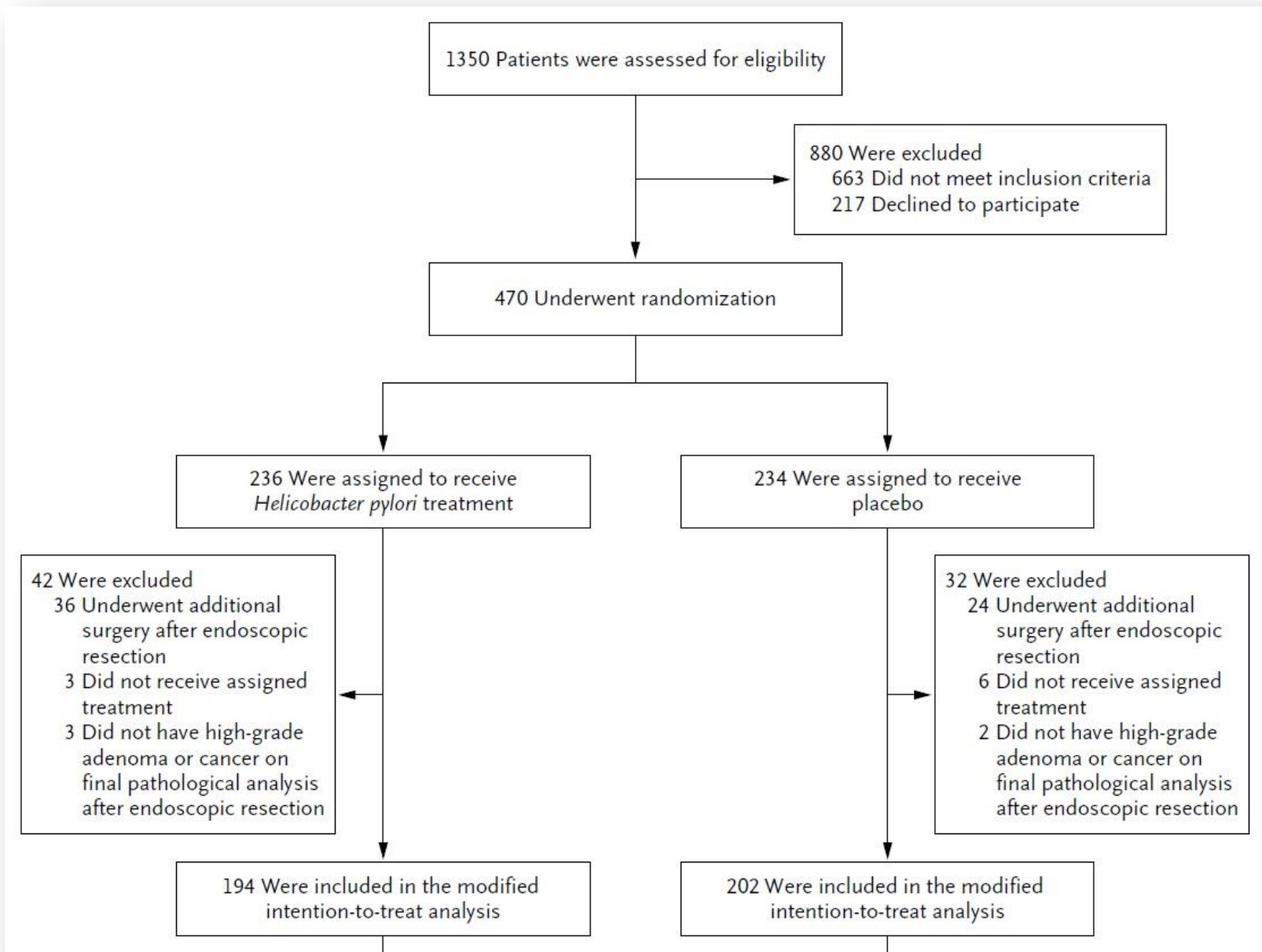
In this prospective, double-blind, placebo-controlled, randomized trial, we assigned 470 patients who had undergone endoscopic resection of early gastric cancer or high-grade adenoma to receive either *H. pylori* eradication therapy with antibiotics or

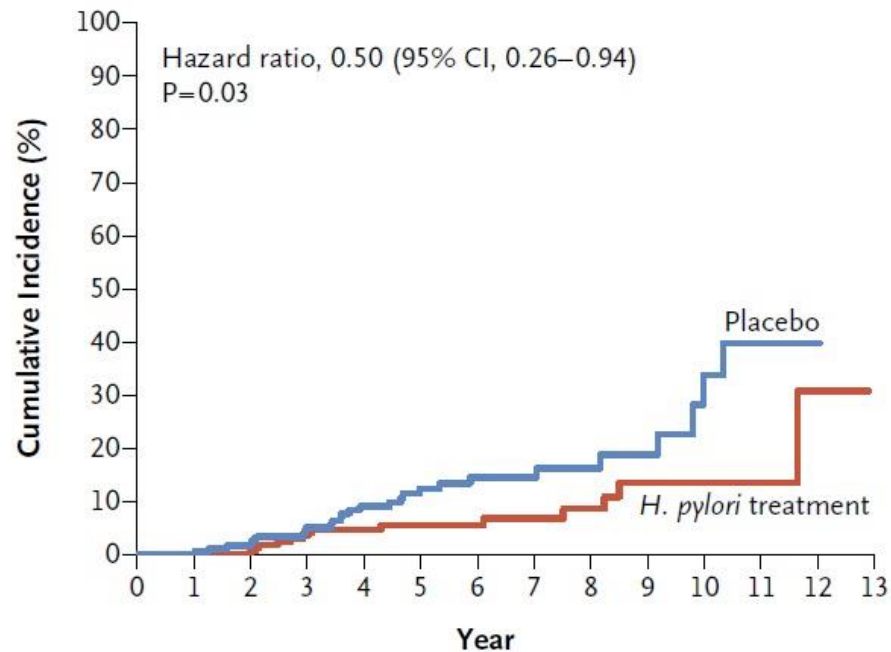
From the Center for Gastric Cancer (I.J.C., M.-C.K., Y.-I.K., S.-J.C., J.Y.L., C.G.K.) and the Biometrics Research Branch, Research Institute (B.P., B.-H.N.), National Cancer Center, Goyang, South Korea. Address reprint requests to Dr. Choi at the Center for Gastric Cancer, National Cancer Center, 323 Ilsan-ro, Ilsandong-gu, Goyang 10408, South Korea, or at [cij1224@ncc.re.kr](mailto:cij1224@ncc.re.kr).

N Engl J Med 2018;378:1085-95.

DOI: 10.1056/NEJMoa1708423

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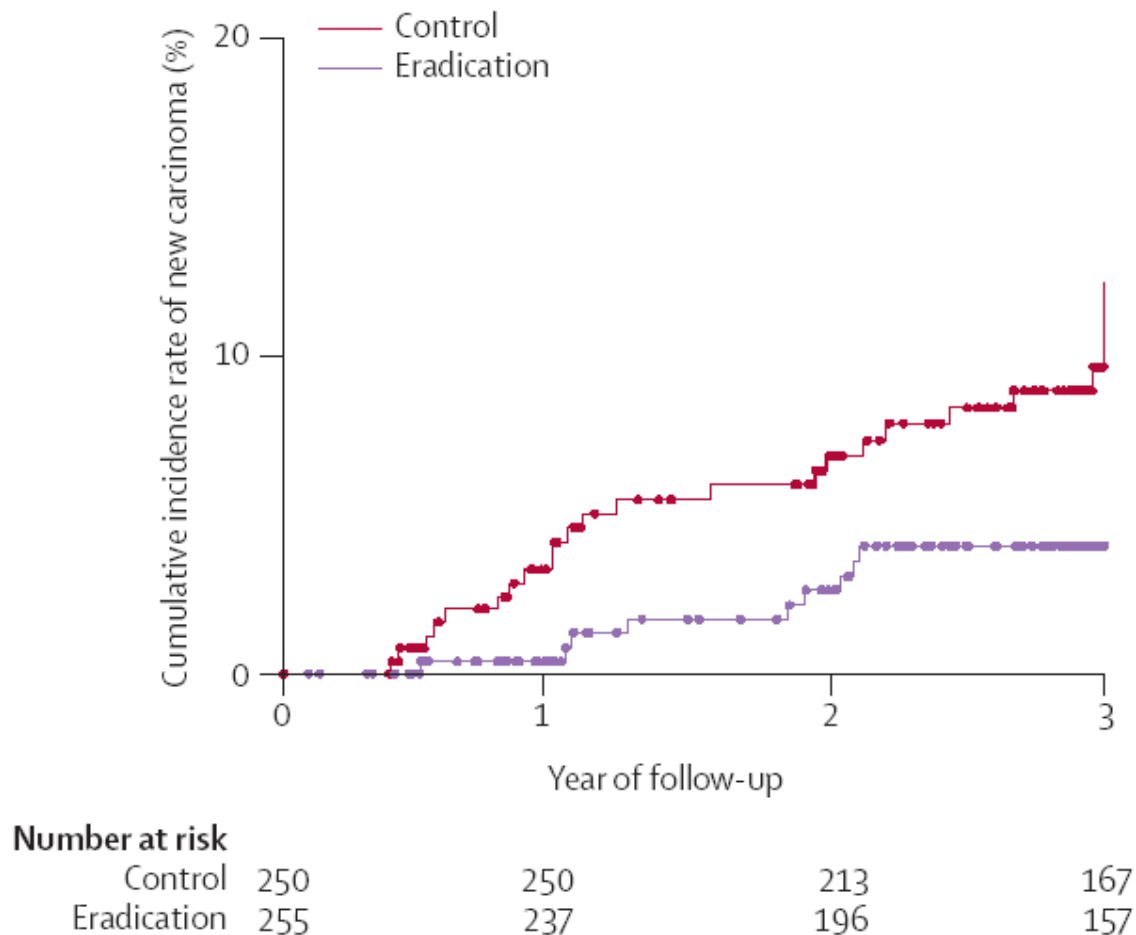
#### No. at Risk

Placebo	202	188	175	158	125	95	67	51	34	25	12	6	1	0
<i>H. pylori</i> treatment	194	187	175	162	128	96	79	62	44	26	11	9	2	0

### Figure 2. Kaplan–Meier Analysis of the Incidence of Metachronous Gastric Cancer.

Shown is the cumulative incidence of metachronous gastric cancer starting 1 year after endoscopic resection in the two trial groups. During a median follow-up of 5.9 years, metachronous gastric cancer developed in 14 of 194 patients (7.2%) in the treatment group and in 27 of 202 patients (13.4%) in the placebo group.

과거부터 무수히 많은 임상 연구가 있었던  
topic입니다. 다만 limitation이 있었을 뿐...



# 연구 자료는 널려있습니다. 좁는 사람이 임자입니다. 주변을 둘러보십시오.

The image displays three browser windows side-by-side, each showing a different medical research abstract from PubMed. The windows are titled 'Endoscopic and oncolo...', 'Neoplasms arising in lar...', and 'Endoscopic and patholo...'. The first window shows an abstract about endoscopic and oncologic findings in gastric cancer. The second window shows an abstract about neoplasms arising in the large intestine. The third window shows an abstract about endoscopic and pathologic findings associated with clinical outcomes of melanoma in the upper gastrointestinal tract. Each abstract includes background, objective, design, setting, patients, interventions, main outcome measures, and results.

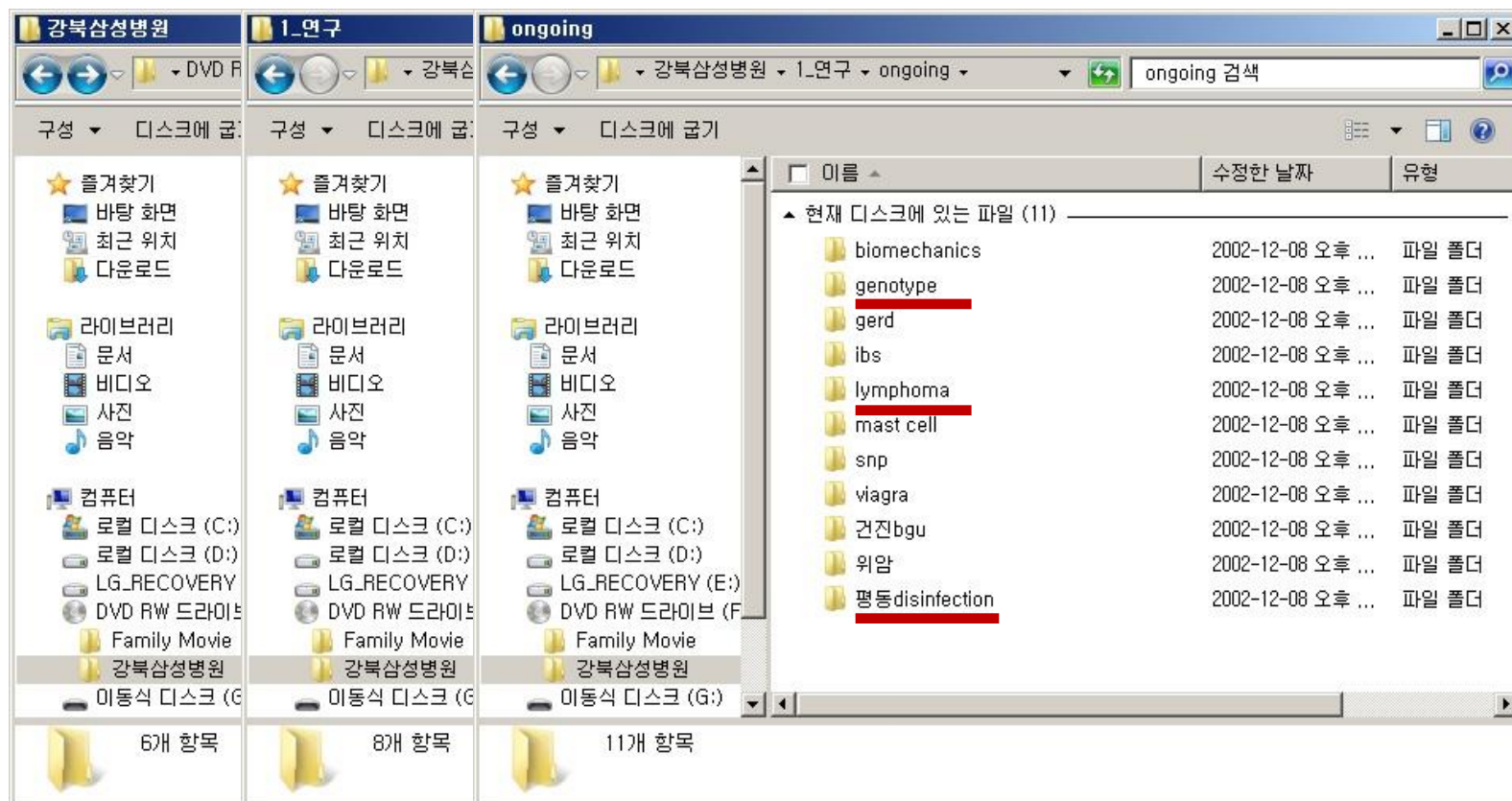
**Endoscopic and oncolo...**  
Gastrointest Endosc. 2011 Sep;74(3):400-405.  
**Endoscopic and oncologic findings associated with clinical outcomes of gastric cancer: 1370 cases.**  
Ahn JY<sup>1</sup>, Jung HY, Choi KD, Choi YS.  
+ Author information  
**Abstract**  
**BACKGROUND:** Current guidelines for endoscopic submucosal dissection (ESD) indicate various indication criteria.  
**OBJECTIVE:** To determine the indication and extended indication criteria.  
**DESIGN:** Retrospective study.  
**SETTING:** Tertiary-care, academic hospital.  
**PATIENTS:** EMR or ESD was performed between January 2009 and December 2010.  
**INTERVENTION:** EMR and ESD.  
**MAIN OUTCOME MEASUREMENTS:** Indication criteria.  
**RESULTS:** Although the complication rate was low, the overall survival rate was poor.

**Neoplasms arising in lar...**  
Gastrointest Endosc. 2014 Dec;80(6):1000-1005.  
**Neoplasms arising in the large intestine: pathologic features.**  
Ahn JY<sup>1</sup>, Son da H<sup>2</sup>, Choi KD<sup>1</sup>, Rhee HY<sup>1</sup>, Kim JH<sup>1</sup>, Han S<sup>3</sup>, Park YS<sup>2</sup>.  
+ Author information  
**Abstract**  
**BACKGROUND:** Little is known about the pathologic features of neoplasms arising in the large intestine.  
**OBJECTIVE:** To investigate the pathologic features of neoplasms arising in the large intestine.  
**DESIGN:** Retrospective, case-control study.  
**SETTING:** Tertiary-care center.  
**PATIENTS:** Between May 1999 and December 2010, 809 HPs were selected as a control group.  
**INTERVENTIONS:** Gastric polypectomy.  
**MAIN OUTCOME MEASUREMENTS:** Immunohistochemical expression of p53, Ki-67, and CEA.  
**RESULTS:** Of the 809 HPs, 15 (1.8%) were found to be neoplasms arising in the large intestine.

**Endoscopic and patholo...**  
Ann Surg Oncol. 2014 Aug;21(8):2532-9. doi: 10.1245/s10434-014-3637-2. Epub 2014 Mar 17.  
**Endoscopic and pathologic findings associated with clinical outcomes of melanoma in the upper gastrointestinal tract.**  
Ahn JY<sup>1</sup>, Hwang HS, Park YS, Kim HR, Jung HY, Kim JH, Lee SE, Kim MA.  
+ Author information  
**Abstract**  
**BACKGROUND:** Melanoma that involves the upper gastrointestinal (GI) tract is rare and studies relating to endoscopic and pathologic findings with clinical outcomes are lacking. We reviewed the gross and microscopic patterns of the upper GI tract in primary and metastatic melanoma, and examined their association with clinical outcomes.  
**METHODS:** Twenty-nine cases of primary esophageal (n = 19) and metastatic gastric and/or duodenal melanoma (n = 10) that were detected during upper GI endoscopy between 1995 and 2011 were retrospectively analyzed.  
**RESULTS:** Three types of gross patterns were recognized-nodular pattern in 7 cases, mass-forming pattern in 18 cases, and flat pigmented pattern in 4 cases. In primary esophageal melanoma, 13 patients (68.4 %) underwent surgery and 9 received palliative therapy. Of all cases, 22 patients (75.9 %) died of disease progression; the median overall survival period was 12 months (interquartile range [IQR] 4.5-24.5 months), and from recognition of upper GI tract melanoma the median overall survival period was 9 months (IQR 3.5-17.0 months). In primary esophageal cases, skin melanoma stage better discriminated the patients with good prognosis than the esophageal cancer stage. The flat pigmented gross pattern proved to be a good prognostic factor in primary and metastatic GI tract melanomas (p = 0.016 and p = 0.046, respectively).



# 강북삼성병원을 떠날 때 backup해 둔 CD를 열어보았습니다. 11개 중 3개가 논문화 됨.



어떤 fellow 선생님이 강남세브란스 병원을  
떠나면서 남긴 말... 선생님과 친해지세요.

Acceptable pushing

Proper encouragement

**많은 학술모임에 참여하시기 바랍니다.  
저녁과 주말의 행사도 많습니다.**





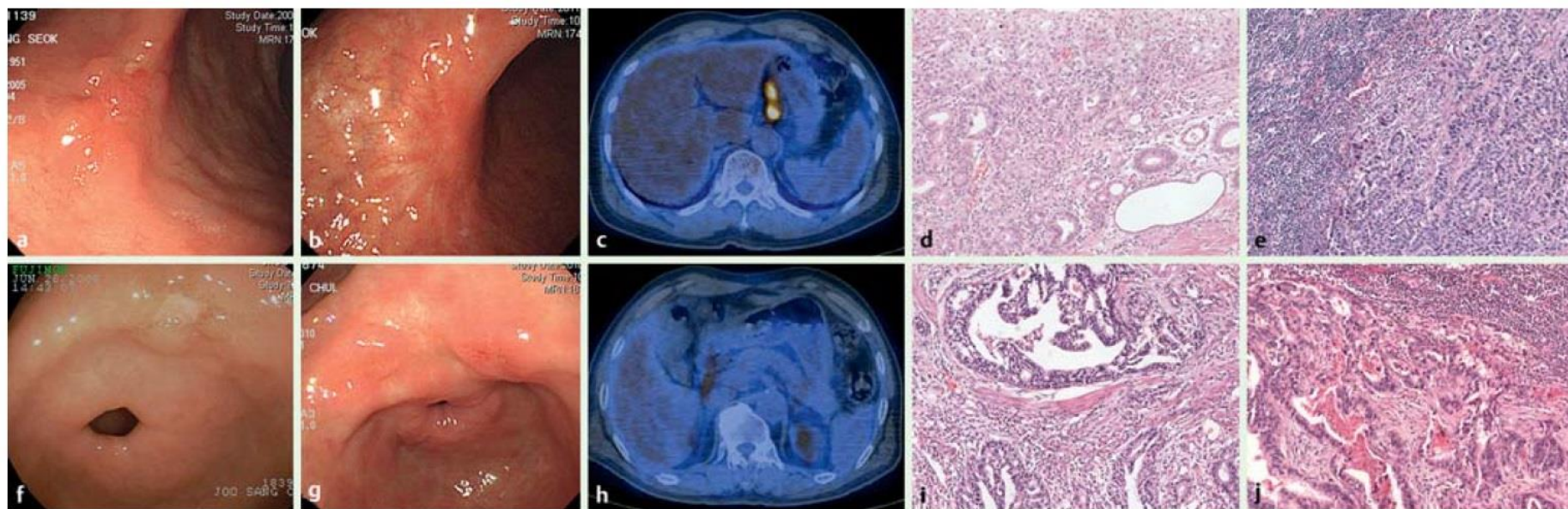
**The best thesis is done thesis.**

**3**

# 본론에 들어가기에 앞서...

성균관대학교 의과대학 삼성서울병원 내과 이준행

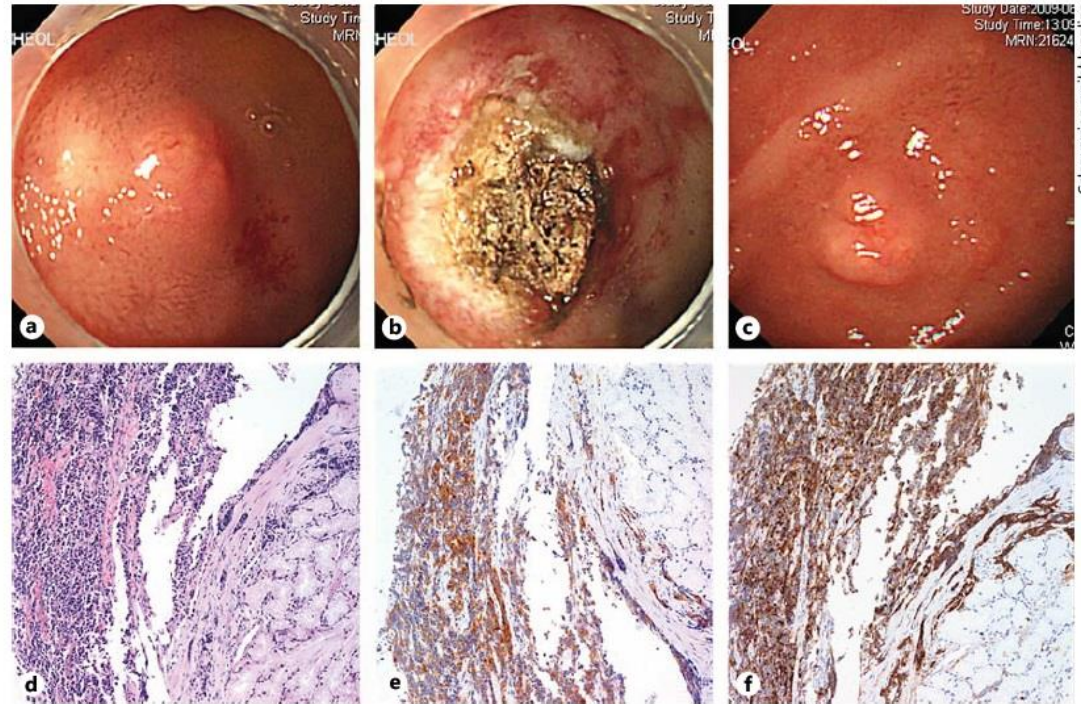
# 어디에 문제가 있습니까?



**Fig. 4** Two cases of extragastric recurrence after curative endoscopic submucosal dissection (ESD) for early gastric cancer. **a–e** Patient #1 in [Table 3](#) (Present study): the cancer met the absolute indication and was treated with curative ESD, and was located at the angle. **a** Esophagogastroduodenoscopy (EGD) appearance of lesion before ESD. **b** EGD view 61 months after ESD. **c**  $^{18}\text{F}$ -fluorodeoxyglucose (FDG) positron emission tomography-computed tomography (PET-CT) image 61 months after ESD; hypermetabolic lesions are seen in perigastric lymph nodes. **d** Histological appearance of ESD specimen (hematoxylin and eosin [H&E],  $\times 200$ ). **e** Histological appearance of lymph node with cancer cell infiltration (H&E,  $\times 200$ ). **f–j** Patient #2 in [Table 3](#) (Present study): the cancer met the expanded indication and was treated with curative ESD, and was located at the antrum. **f** EGD appearance of lesion before ESD. **g** EGD view 48 months after ESD. **h**  $^{18}\text{F}$ -FDG PET-CT image 48 months after ESD; hypermetabolic lesions are seen in lymph nodes around the common hepatic artery. **i** Histological appearance of ESD specimen (H&E,  $\times 200$ ). **j** Histological appearance of lymph node with cancer cell infiltration (H&E,  $\times 200$ ).



# 어디에 문제가 있습니까?



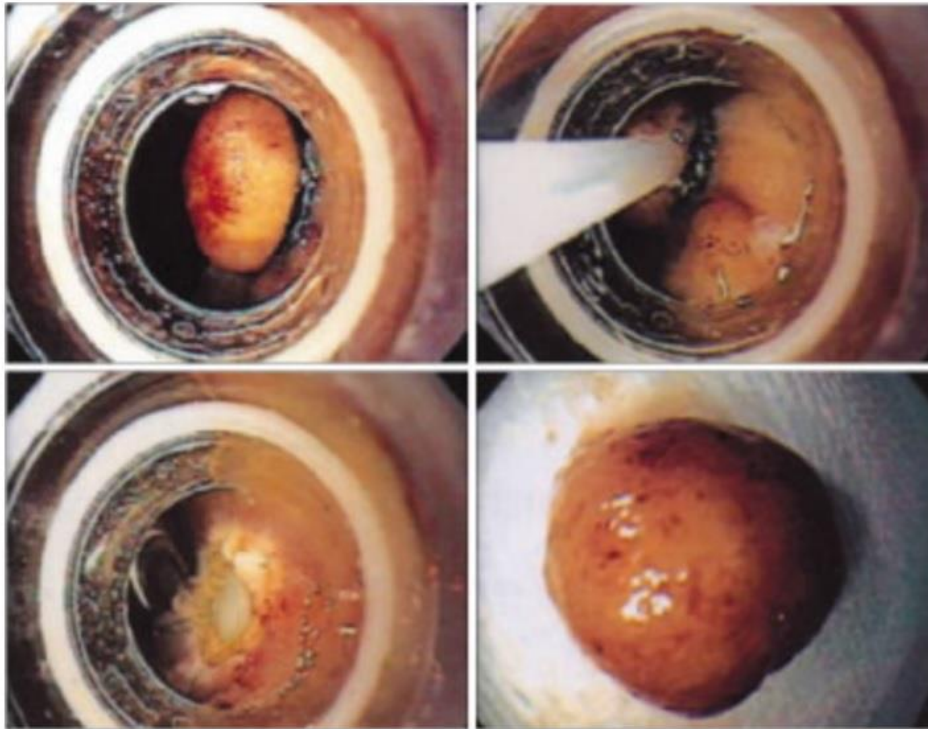
**Fig. 2.** Endoscopic images before and after APC and initial histologic findings of patients with local recurrence. **a** Endoscopy image before APC showing 8-mm sized round elevated lesion in the bulb. **b** Corresponding view of tumor immediately after APC. **c** Endoscopy image of recurred tumor in 6-month follow-up endoscopy. **d-f** Initial

histologic findings before APC: **(d)** tumor cells composed of small ovoid nuclei with indistinct nucleoli (HE,  $\times 200$ ); **(e)** immunohistochemistry for synaptophysin showing diffuse weak positive staining in tumor cells ( $\times 200$ ), and **(f)** immunohistochemistry for chromogranin showing diffuse strong positive staining in tumor cells ( $\times 200$ ).

# Annotation 지우기



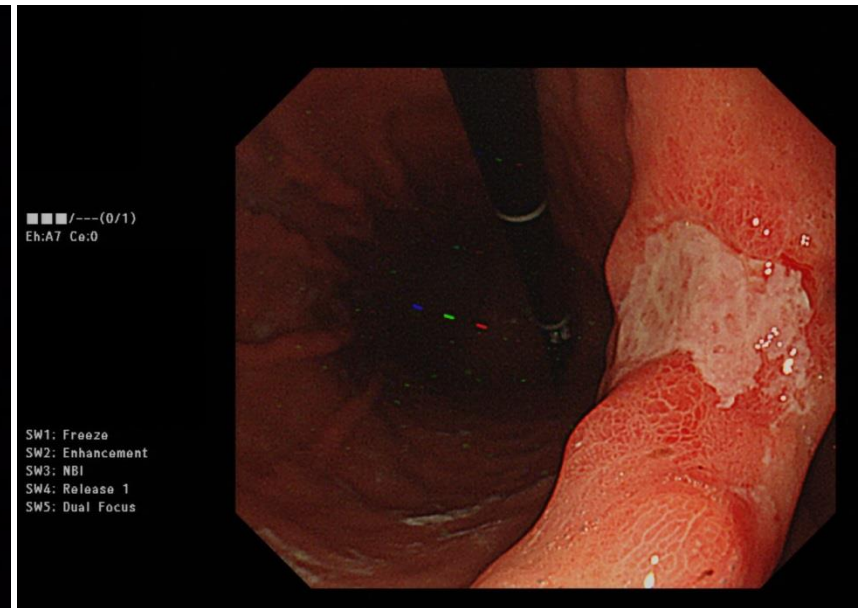
# 어디에 문제가 있습니까?



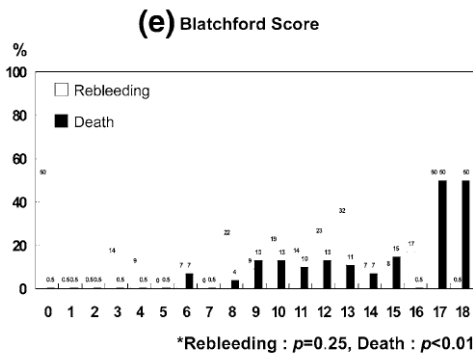
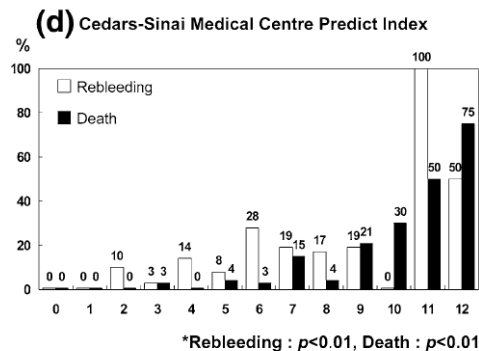
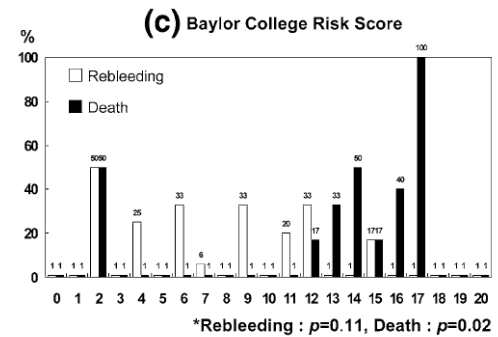
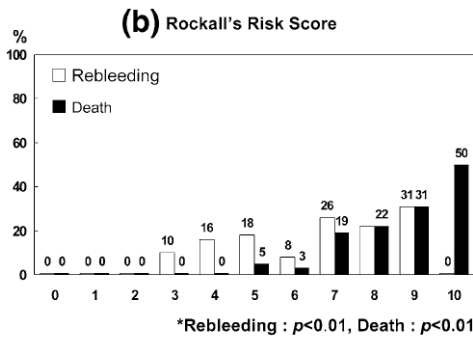
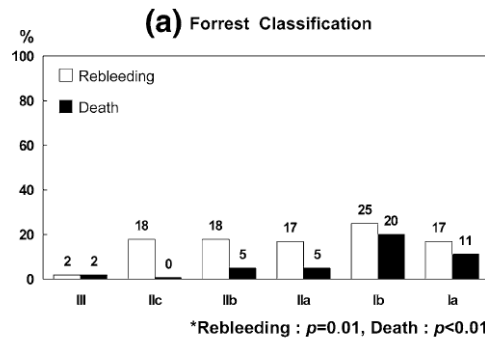
**Figure 3.** Endoscopic resection of the tumor. The solid mass was successfully removed by endoscopic resection, which measures about 8×6 mm in the longest diameter.



# Original image의 문제일 수도 있다!



# 어디에 문제가 있습니까?





# 중간정리 - 문제들이 보이십니까?

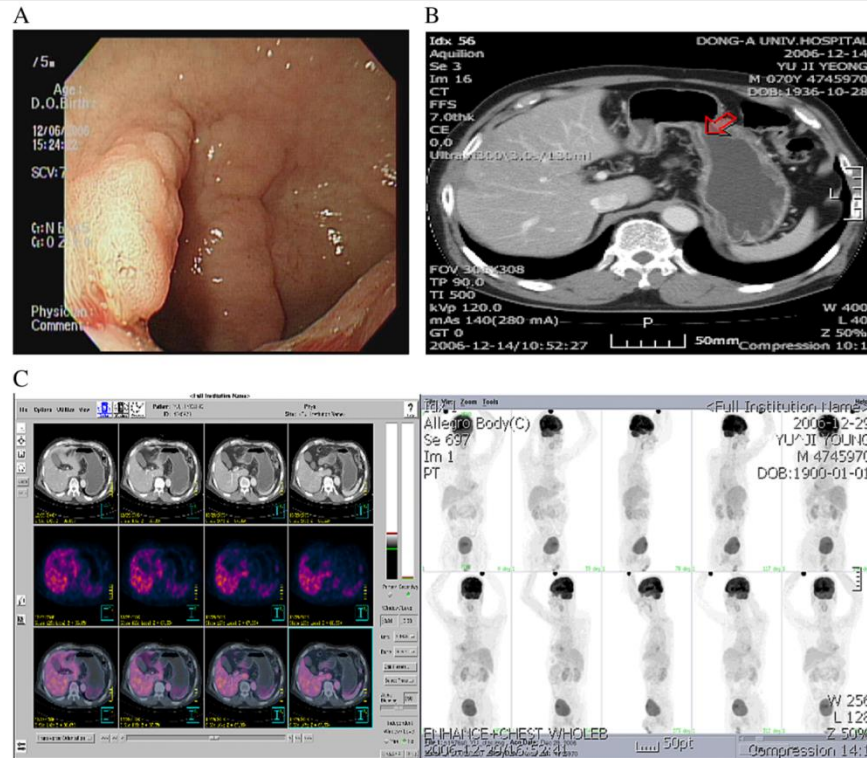
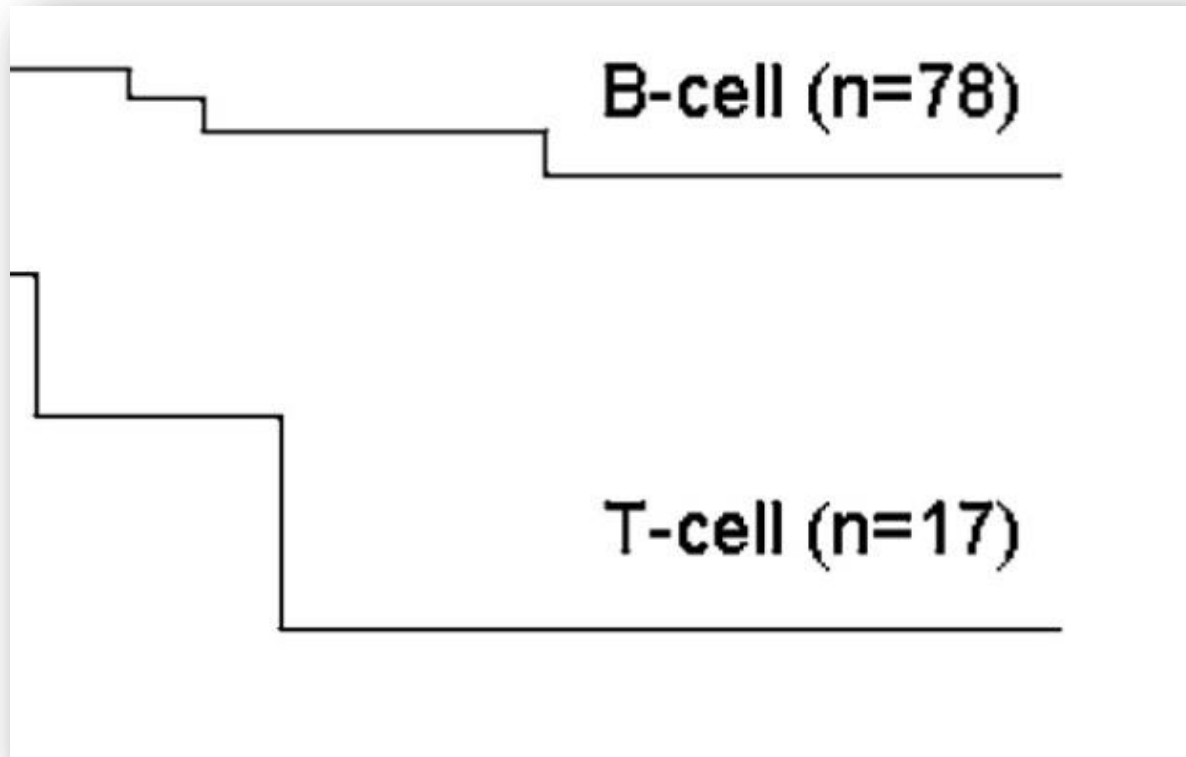


Figure 1. A. Endoscopic finding. Well-demarcated, elevated nodular lesion can be seen at anterior wall of antrum. B. Conventional CT finding. Focal irregular wall thickness can be seen at anterior wall of antrum, but shows no lymph node or distant metastasis. C. Representative FDG-PET image of a patient with early gastric cancer without lymph node metastasis or distant metastasis. Transversal slices of respectively PET-CT fusion and FDG-PET show no highlighting pathological FDG-PET uptake in the gastric wall. No lymph node or distant metastases can be observed. Coronal slice of total body FDG-PET examination with physiological FDG-PET shows no uptake in the gastric wall. Again, no lymph node or distant metastasis is observed.

- 개인정보보호
- Annotation
- 가로-세로 비율
- Presenting Multiple images
- Arrows, numbers

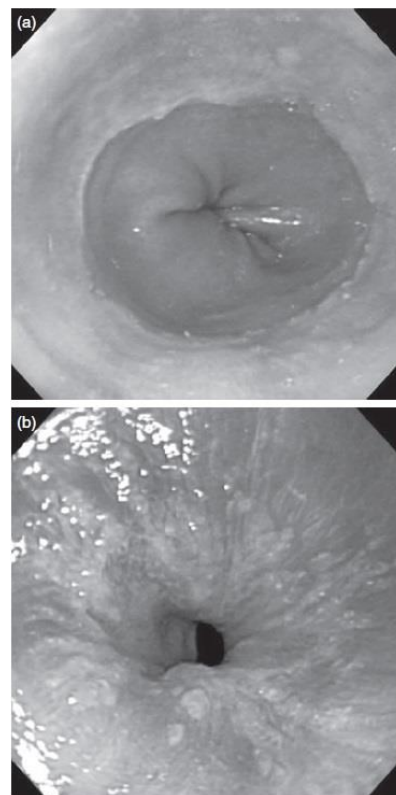
# 어디에 문제가 있습니까?



# 어디에 문제가 있습니까?

JH Lee *et al.*

Minimal changes in healthy population



**Figure 1** Sample pictures of minimal changes of the lower esophagus. (a) White turbid discoloration, (b) Z-line blurring.

**Table 2** Comparison of symptoms of 22 923 individuals with or without minimal changes

	Normal (n = 19 896)	Minimal changes (n = 3027)	P-value
History of GERD	1355 (6.8%)	321 (10.6%)	< 0.01
Any seven <sup>a</sup> symptoms	9950 (50.0%)	1662 (54.9%)	< 0.001
Heartburn	4891 (24.6%)	812 (26.8%)	0.02
Acid regurgitation	7034 (35.4%)	1164 (38.5%)	< 0.01
Chest pain	2870 (14.4%)	458 (15.1%)	0.25
Hoarseness	1914 (9.6%)	313 (10.3%)	0.18
Globus sensation	2363 (11.9%)	450 (14.9%)	< 0.01
Cough	1434 (7.2%)	203 (6.7%)	0.39
Epigastric soreness	4680 (23.5%)	788 (26.0%)	< 0.01

<sup>a</sup>Seven symptoms: heartburn, acid regurgitation, chest pain, hoarseness, globus sensation, cough and epigastric soreness.  
GERD, gastroesophageal reflux disease.

**Table 3** Odds ratio for the presence of minimal changes in persons with or without individual symptom(s)

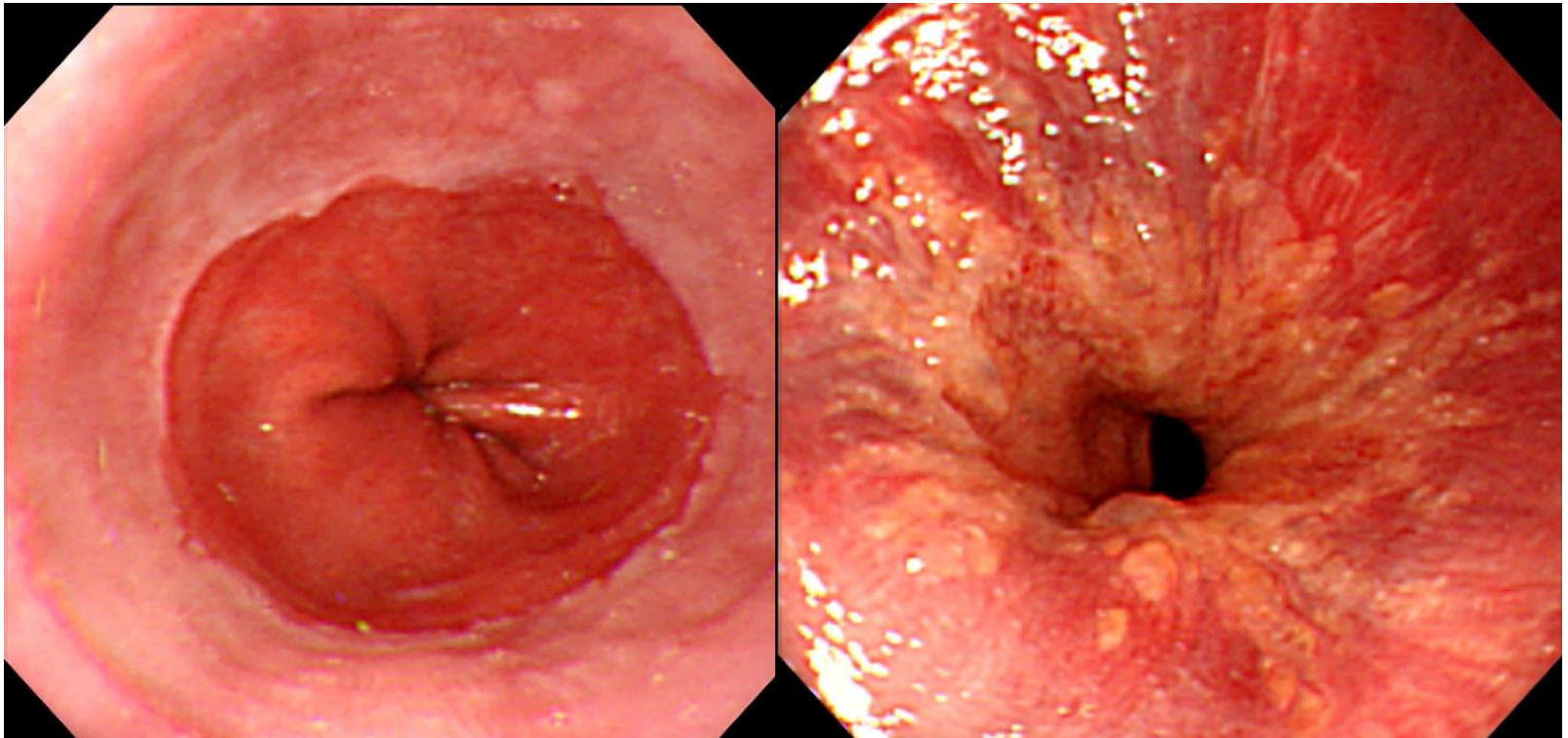
Symptom	Odds ratio	95% CI	P-value
Heartburn	1.123	0.982–1.285	0.906
Acid regurgitation	1.040	0.901–1.201	0.591
Chest pain	0.981	0.817–1.178	0.838
Hoarseness	0.974	0.765–1.242	0.834
Globus sensation	1.320	1.158–1.505	< 0.001
Cough	0.881	0.683–1.136	0.329
Epigastric soreness	1.162	1.034–1.305	0.012

**Table 4** Risk factors for minimal changes (n = 23 341)

Risk factor	Odds ratio	95% CI	P-value
Male gender	1.339	1.237–1.449	< 0.0001
Smoking	1.269	1.165–1.383	< 0.0001
Alcohol	0.937	0.824–1.065	0.3180
Diabetes mellitus	0.970	0.822–1.145	0.7175
History of <i>H. pylori</i> eradication	1.222	1.075–1.395	0.0030
Stooping posture during work	1.235	1.122–1.358	< 0.0001
Hiatal hernia	4.444	3.759–5.263	< 0.0001
Atrophic or metaplastic gastritis	1.679	1.446–1.991	< 0.0001

CI, confidence interval.

**이 느낌이 나야 하는 사진이었습니다.**







## - Natural course of non-curative resection without additional treatment



# 딱 3장이면 충분했는데...

**Table 3** Data from three patients who died from progression of early gastric cancer.

	Patient number		
	1	2	3
Sex	M	M	F
Age, years	87	72	73
En bloc resection	–	+	+
Size, mm	45	31	34
Gross ulceration	–	–	–
Submucosal invasion	+	+	+
Margin involvement	+	+	–
Lymphovascular invasion	+	+	–
Survival period, months	93	17	64
Recurrence	Local	LNM	LNM
Duration of recurrence, months	36	17	6
Treatment	Conservative management	Conservative management	Chemo-therapy

# 어디에 문제가 있습니까?

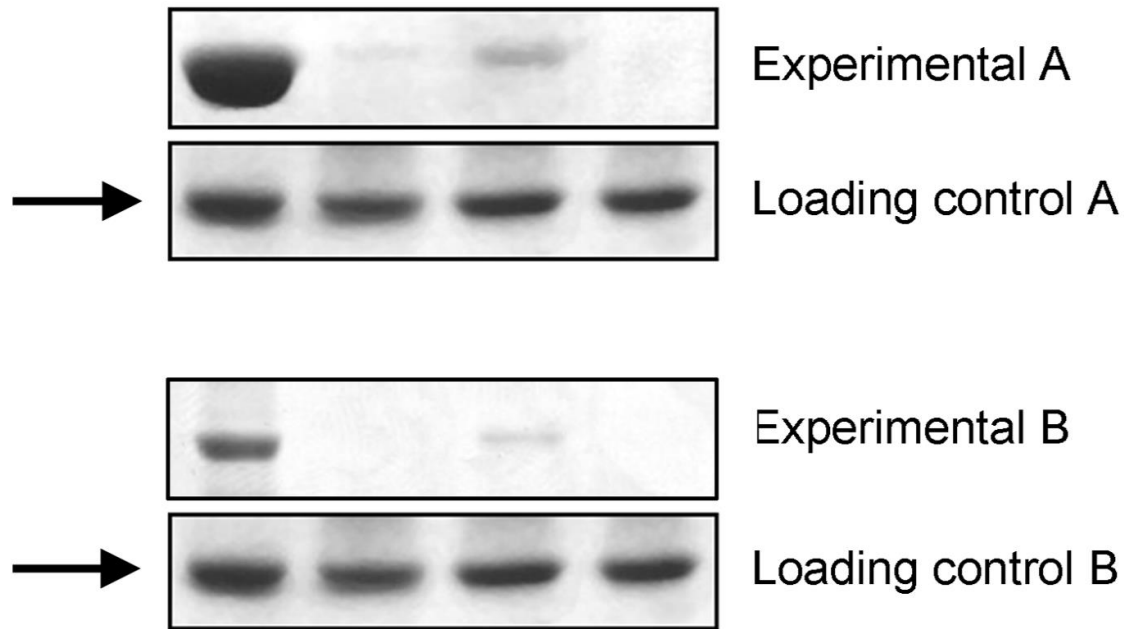
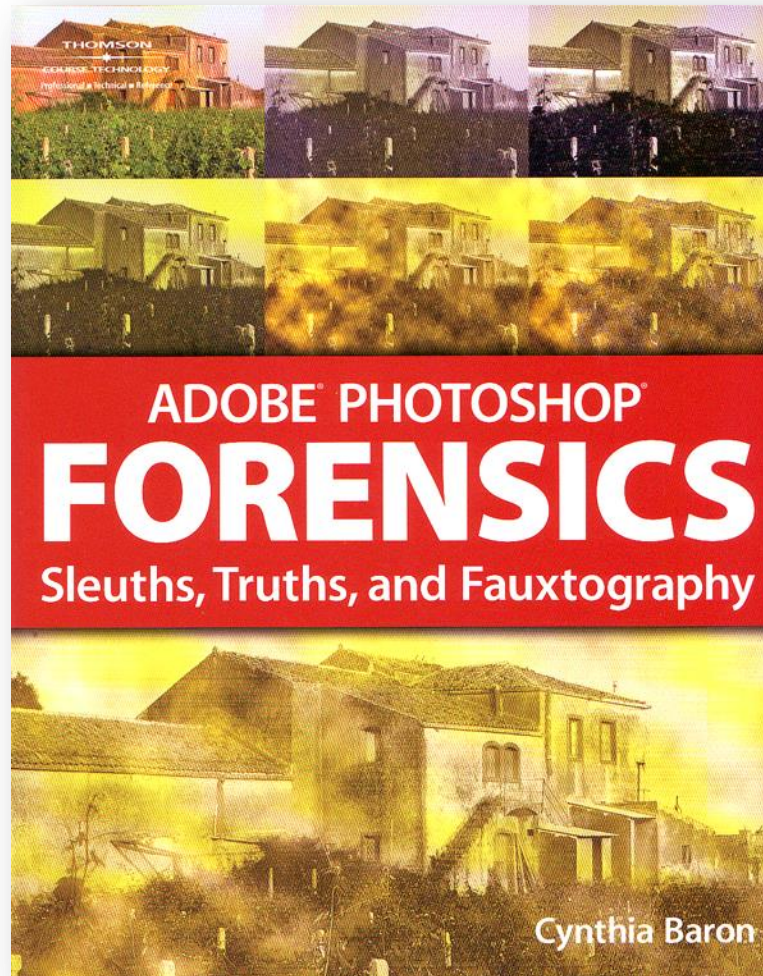


Figure 2. **Gross manipulation of blots.** Example of a duplicated panel (arrows).



*Pitldown Man was a clever forgery. Instead, even as other finds around the world pointed consistently to a very different evolutionary path, people were forced to make room for Pitldown's big brain and primate jaw.*

*Finally, in 1953, anthropologist Joseph Weiner investigated and then documented the details of the hoax. A closer look found that the teeth of a modern ape jaw had been filed down to look like human molars. The skull had probably been dug up from a medieval grave, and all the bones had been stained to make them appear old.*

*Even after all this time, the forger has not definitively been named. Most people believe the finger points to Charles Dawson himself, particularly after Weiner's research found a pattern of deception in his earlier archeological digs. Yet almost every other man involved in the story has had his turn in the role, and some of them are almost as likely candidates—which doesn't speak well of the level of academic honesty a hundred years ago.*

## THE NEVERENDING FRAUD

Outside the scientific community, we don't always realize how serious such fakery can be. But bad science contributes to the misuse of millions of dollars in government and corporate grants. It misrepresents reality to the public, creating panic or prompting bad political and social decisions. It can delay medical cures by misdirecting effort and funding to fantasyland.

And once a bad paper gets published, it lives a kind of half-life in the community. Even if the authors retract a paper (or are asked to retract it, which is much the same thing but considerably more embarrassing), the paper is still searchable online and continues to live in its original form in libraries and labs. Doctoral students looking for citations to bolster their own work may continue to cite it.

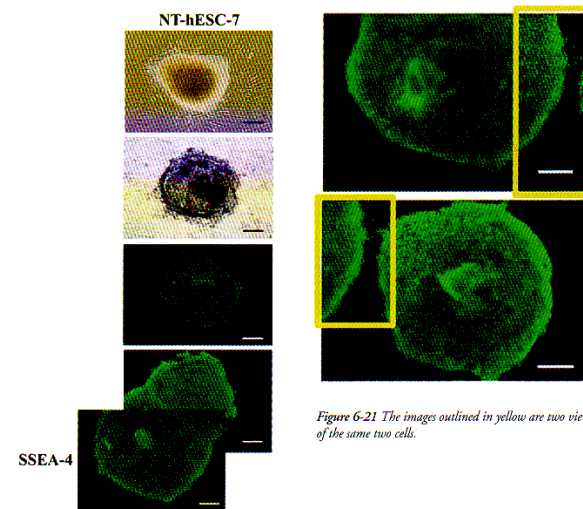


## THE KOREAN STEM CELL SCANDAL

The high-profile science fraud cases that do splatter the news media come to light in part because the field they're in is hot. There are dozens of other researchers competing to be the first to make a breakthrough. When someone beats them to it, they do the experiments to see if they get the same results. If they can't, they try to find out why. Ultimately, no fraud can withstand such a concentrated assault. But that process can take a long while—frequently years, like the Pitldown Man fiasco.

In other cases, a single image was divided into two, either to separate two cells on the same slide or to crop one cell into two images (Figures 6-20 and 6-21).

*Figure 6-20 These two cells, which were split between the two pages in Figure 6-18, are two halves of the same cell.*



*Figure 6-21 The images outlined in yellow are two views of the same two cells.*

At first, Hwang claimed that some of the figures had been inserted in the paper by mistake, which was sloppy but an honest mistake. But little by little, it became clear that Hwang and his team had not successfully cloned a single human stem cell.

Having resigned in disgrace and been indicted for fraud and embezzlement in 2006, Hwang has still never admitted to any form of misconduct. He blames his team of researchers for deliberate sabotage and for creating false data on their own. As of June 2007, he was looking for new partners in other countries to continue his research.

## Moving Forward

One of the outcomes of the Hwang shocker has been the increased scrutiny given to other papers involving stem cells and cloning research. All of the major scientific journals have published new guidelines on how to prepare figures and have warned that they will reject new papers that don't live up to standards.

# Table

성균관대학교 의과대학 삼성서울병원 내과 이준행

# 홍성태 교수님의 의학논문 작성 10계에서...

- 잘 정리된 표는 초록과 함께 연구내용을 가장 효과적으로 전달할 수 있다. 최근 초록과 함께 도표를 독자들에게 무료로 제공하는 글로벌 검색엔진이 늘어나 논문 세일즈에 중요한 구성요소가 되었다.
- 많은 숫자를 반복해 입력하다 보면 자칫 오류가 발생하기 쉬우므로 입력한 후 반드시 한 번 세밀하게 검토한다.
- 표의 제목은 문장 (sentence)이 아니라 구(phrase)로 간단하지만 충분히 의미가 전달되도록 작성하고 끝에 마침표를 찍지 않는다.



# Table의 가장 흔한 오류는 무엇일까요?

환자의 성별 분포는 남자 32예(39%), 여자 50예(61%)로 남녀 비가 1:1.56으로 여자가 많았다. 연령 분포는 21세에서 78세로 평균 연령은 51.4세였다. 연령대별 발생 분포는 50대에서 27예(32.9%), 60대에서 17예(20.7%)로 50-60대에 가장 많이 발생하였다(Table 2).

## 3. 임상증상

임상증상은 상복부 동통이 54예(65.8%)로 가장 많았으며 그 외 소화불량, 오심 또는 구토, 체중 감소 등의 증상이 있었다. 또한, 11예에서는 증상이 없었는데 이 환자들은 정기검사나 다른 이유로 검사 도중 우연히 발견되었다(Table 3).

증상의 지속 기간은 6개월 이하가 48예(58.5%)로 대부분이었으며 이중, 1-3개월이 19예(23.1%)로 가장 많았다. 하지만 5년 이상된 경우도 5예(6.1%)에 나타났다(Table 4).

## 4. 술전 진단 방법

술전 진단 방법으로는 위내시경 및 생검을 78예에서, 위십이지장조영술을 14예에서, 내시경적 초음파술을 24예에서, 복부 전산화단층촬영을 17예에서 시행하였다.

## 5. 종양의 위치

82예 환자의 총 병변 수는 86개로 이중 전정부에 35개(40.7%), 체부에 24개(27.9%), 기저부에 22개(25.6%), 그리고 전 유문부에 4개(4.6%)가 위치하였다. 또한 위암으로 수술을 시행받았던 1예에서 위-공장 문합부에서 발견되었다.

조직학적 분류별 종양의 위치로 용종은 50개였으

냈고, 10 mm 이하의 크기가 42개(48.8%)로 가장 많

Table 2. Age and Sex Distribution

Age	Male	Female	Total (%)
21-30	1	4	5 (6.1%)
31-40	8	4	12 (14.6%)
41-50	5	10	15 (18.3%)
51-60	8	19	27 (32.9%)
61-70	7	10	17 (20.7%)
71-	3	3	6 (7.4%)
Total	32 (39.0%)	50 (61.0%)	82 (100%)

Table 3. Symptoms and Signs

Symptom	Number of patients
Epigastric pain	54
Indigestion	32
Nausea	7
Weight loss	3
Asymptomatic	11

Table 4. Duration of Symptoms and Signs

Duration	Number of patients (%)
<1 month	15 (18.3)
1-3 month	19 (23.1)
3-6 month	14 (17.1)
6-12 month	8 (9.8)
12-24 month	5 (6.1)
24-60 month	5 (6.1)
>60 month	5 (6.1)
Asymptomatic	11 (13.4)

# 우리의 목표: 쉽고 정보가 많은 표

**Table 3—Demographic Characteristics of GERD-Positive and GERD-Negative Patients With the Nodular Bronchiectatic Form of NTM Lung Disease\***

Characteristics	GERD Positive (n = 15)	GERD Negative (n = 43)	p Value
Age, yr	56 (43–63.5)	57 (53–66.5)	0.320
Female gender	13 (87)	37 (86)	1.000
Body mass index, kg/m <sup>2</sup>	20.0 (18.6–21.7)	20.6 (19.5–22.2)	0.316
Smoking status			
Non-smoker	14 (93)	40 (93)	1.000
Ex-smoker	1 (7)	3 (7)	
Etiology			
<i>M avium</i> complex	5 (33)	22 (51)	0.368
<i>M abscessus</i>	10 (67)	21 (49)	
AFB smear positive	12 (80)	19 (44)	0.033
Involved lobes on HRCT, No.			
Bronchiectasis	4 (3–4)	2 (2–3)	0.008
Bronchiolitis	4 (3–5)	2 (2–4)	0.005
Pulmonary function tests			
FVC, % of predicted	93.0 (83.0–102.0)	87.0 (77.5–93.5)	0.170
FEV <sub>1</sub> , % of predicted	92.5 (76.5–107.0)	88.0 (72.5–102.0)	0.508
FEV <sub>1</sub> /FVC, ratio	76.0 (67.0–84.0)	74.0 (71.0–80.0)	0.880
Peak expiratory flow, % of predicted	92.0 (80.0–111.5)	96.0 (74.5–99.0)	0.748

\*Data are presented as the median (interquartile range) or No. (%). Bronchiolitis was defined as the presence of small centrilobular nodules (< 10 mm in diameter) or branching nodular structures (tree-in-bud pattern) on HRCT.

# Table 작성법

- 어떤 도서관 자료에서

- 논문을 쓸 때 저자는 자료의 일부를 Table의 형태로 할 것인지, 본문에서 직접 설명할 것인지를 결정해야 한다
- 논문이 임상적 혹은 실험적 연구, 역학조사, 약물실험을 보고하는 것이라면, 논문을 쓰기 전에 결과 분석을 위해서 흔히 Table의 형태로 수치자료를 정리한다.
- 초고에서 시작하여 완성된 원고를 작성할 때까지 어떤 Table이 꼭 필요한 것이고, 그것을 그래프로 바꿀지 혹은 본문에서 설명할 지 등에 대해 심사숙고 한 후 결정해야 한다.

# Table 작성법

- 어떤 도서관 자료에서

- 논문의 본문에 몇 줄의 문장으로든 쉽게 요약될 수 있는 내용을 표로 만드는 경우는 없어야 하며, 어떤 Table은 Figure로 대체되어야 적당한 것도 있다.
- 여러 가지 변수 사이의 상호관계를 나타낼 경우는 막대 그래프나 선 그래프 등을 이용하는 것이 좋으며, 수치에 대해 정확한 값을 보여 주어야 한다면 Table을 사용하는 것이 좋다.

# Table 작성법

- 어떤 도서관 자료에서

- Table은 doublespace로 작성해야 하며 일반적으로 가로 선만을 사용한다.
- 각 Table은 한 페이지 안에 들어가도록 하며 다음 페이지에 계속해야 할 경우 제목 마지막 부분에 "continued"라는 설명을 붙여야 하고 두 번째 페이지에도 소제목들을 다시 표시하여 Table 형태에 혼동이 없도록 한다.
- 또한 각 논문에 실을 수 있는 Table의 숫자가 제한되어 있으므로 투고요령을 참조하여 Table수를 결정해야 한다.

# Basic Structure of Table

## Columns

Row headings

Column  
headings

Rows

Col 1	Col 2	Col 3	Col 4	Col 5
Row 1				
Row 2				
Row 3				
Row 4				
Row 5				



# Writing Tables



SUNG-TAE HONG  
Seoul National University

## DO

- Present numeric data
- Prepare a title on the top as a phrase: clear and simple
- Draw 3 full-length cross lines: top, bottom, below column headings
- Independent parameters on X and dependent parameters on Y
- Compare side-by-side data
- Use footnotes for remarks except abbreviations

# Writing Tables

SUNG-TAE HONG



Seoul National University

## DO NOT

- Duplicate with figures
- Insert vertical lines
- Insert horizontal lines in the middle
- Make one line Table

# Alignment in Tables

- The stubs should be all left justified.
- In the columns/data fields, words should be left justified, and whole numbers should be right justified.
- Data fields containing decimal points, plus/minus symbols, slashes, hyphens, or parentheses should be aligned on these elements.
- When the text in a stub wraps to a second line, the corresponding data field should align with the top line of the stub.

Source: *Annesley TM. Bring your best to the table. Clin Chem 2010;56:1528-34.*

**Table 3. Phenytoin concentrations measured by immunoassay for matrices supplemented with 10 mg/L phenytoin.**

	Mean (SD), mg/L	Mean $\pm$ SD, mg/L	Deviation from target, %
Pig serum	11.4 (2.1)	11.4 $\pm$ 2.1	14
Sheep serum	10.7 (1.4)	10.7 $\pm$ 1.4	7
Artificial serum	10.3 (0.8)	10.3 $\pm$ 0.8	3
Saline	10.1 (0.6)	10.1 $\pm$ 0.6	1
Human serum	9.9 (0.6)	9.9 $\pm$ 0.6	-1
Cow serum	9.6 (1.4)	9.6 $\pm$ 1.4	-4
Horse serum	8.9 (0.7)	8.9 $\pm$ 0.7	-11

# 사례 검토 1

**Table 2** Univariate and multivariate analysis of factors associated with metachronous recurrence after curative endoscopic submucosal dissection (ESD) for differentiated-type early gastric cancer.

	Metachronous recurrence <sup>1</sup>		Odds ratio	95%CI	P value
	None (n= 1259)	Present (n= 47)			
Age, mean ± SD, y	61.5 ± 9.7	63.1 ± 8.8	1.015	0.983 – 1.047	0.364
Gender, n (%)					0.427
Male	1004 (79.7)	40 (85.1)			
Female	255 (20.3)	7 (14.9)	0.714	0.311 – 1.640	
Number of lesions, n (%)					0.025
Single	1229 (97.6)	43 (91.5)			
Multiple	30 (2.4)	4 (8.5)	3.691	1.177 – 11.574	
Tumor site, n (%)					0.238
Antrum/angle	994 (79.0)	34 (72.3)			
Body/fundus/cardia	265 (21.0)	13 (27.7)	1.491	0.768 – 2.896	
Tumor shape, n (%)					0.683
Elevated	715 (56.8)	28 (59.6)			
Flat or depressed	544 (43.2)	19 (40.4)	0.882	0.482 – 1.613	
Tumor size, mean ± SD, cm	1.4 ± 0.8	1.3 ± 0.8	0.724	0.409 – 1.280	0.267
Tumor depth (%)					0.516
Mucosa	1194 (94.8)	45 (95.7)			
sm1 <sup>2</sup>	65 (5.2)	2 (4.3)	0.556	0.094 – 3.274	
Differentiation, n (%)					0.016
Well differentiated	506 (40.2)	28 (59.6)			
Moderately differentiated	753 (59.8)	19 (40.4)	0.477	0.262 – 0.869	
Indication, n (%)					0.595
Absolute	994 (79.0)	38 (80.9)			
Expanded	265 (21.0)	9 (19.1)	1.406	0.400 – 4.937	

CI, confidence interval; SD, standard deviation.

<sup>1</sup> If patients had multiple tumors including both absolute-indication and expanded-indication early gastric cancer, data from the expanded-indication tumor were used. If patients had multiple tumors including only absolute-indication cancers or only expanded-indication cancers, data from the largest tumor were used.

<sup>2</sup> sm1, submucosal invasion depth <500 μm from muscularis mucosa layer

# Final accepted manuscript 원고

**Table 2. Univariate and multivariate analysis of factors associated with the occurrence of metachronous recurrence after curative endoscopic submucosal dissection for differentiated-type early gastric cancer (EGC)**

	No metachronous recurrence* (n = 1259)	Metachronous recurrence* (n = 47)	Odds ratio	95% CI	P value
Age (yrs, Mean $\pm$ SD)	61.5 $\pm$ 9.7	63.1 $\pm$ 8.8	1.015	0.983 - 1.047	0.364
Gender (%)					
Male	1004 (79.7)	40 (85.1)			
Female	255 (20.3)	7 (14.9)	0.714	0.311 - 1.640	0.427
Number of lesion (%)					
Single	1229 (97.6)	43 (91.5)			
Multiple	30 (2.4)	4 (8.5)	3.691	1.177 - 11.574	0.025
Tumor site (%)					
Antrum/Angle	994 (79.0)	34 (72.3)			
Body/Fundus/Cardia	265 (21.0)	13 (27.7)	1.491	0.768 - 2.896	0.238
Tumor shape (%)					
Elevated	715 (56.8)	28 (59.6)			
Flat or depressed	544 (43.2)	19 (40.4)	0.882	0.482 - 1.613	0.683
Tumor size (cm, Mean $\pm$ SD)	1.4 $\pm$ 0.8	1.3 $\pm$ 0.8	0.724	0.409 - 1.280	0.267
Tumor depth (%)					
Mucosa	1194 (94.8)	45 (95.7)			
SM1	65 (5.2)	2 (4.3)	0.556	0.094 - 3.274	0.516
Differentiation (%)					
Well differentiated	506 (40.2)	28 (59.6)			
Moderately differentiated	753 (59.8)	19 (40.4)	0.477	0.262 - 0.869	0.016
Indication					
Absolute	994 (79.0)	38 (80.9)			
Expanded	265 (21.0)	9 (19.1)	1.406	0.400 - 4.937	0.595

CI, confidence interval; SD, standard deviation; SM1, submucosal invasion depth < 500  $\mu$ m from muscularis mucosa layer

\*If patients had multiple tumors including both EGC-absolute and EGC-expanded, data of EGC-expanded was used.

If patients had multiple tumors including only EGCs-absolute or only EGCs-expanded, data of the largest tumor was used.



# Excel을 이용하여 표를 만든 후 옮긴 예

	A	B	C	D	E	F
1	<b>Table 2. Univariate and multivariate analysis of factors associated with the occurrence of metachronous recurrence after curative endoscopic submucosal</b>					
2	<b>dissection for differentiated-type early gastric cancer (EGC)</b>					
3		<b>No metachronous recurrence*</b>	<b>Metachronous recurrence*</b>	<b>Odds ratio</b>	<b>95% CI</b>	<b>P value</b>
4		<b>(n = 1259)</b>	<b>(n = 47)</b>			
5	Age (yrs, Mean $\pm$ SD)	61.5 $\pm$ 9.7	63.1 $\pm$ 8.8	1.015	0.983 - 1.047	0.364
6	Gender (%)					
7	Male	1004 (79.7)	40 (85.1)			
8	Female	255 (20.3)	7 (14.9)	0.714	0.311 - 1.640	0.427
9	Number of lesion (%)					
10	Single	1229 (97.6)	43 (91.5)			
11	Multiple	30 (2.4)	4 (8.5)	3.691	1.177 - 11.574	0.025
12	Tumor site (%)					
13	Antrum/Angle	994 (79.0)	34 (72.3)			
14	Body/Fundus/Cardia	265 (21.0)	13 (27.7)	1.491	0.768 - 2.896	0.238
15	Tumor shape (%)					
16	Elevated	715 (56.8)	28 (59.6)			
17	Flat or depressed	544 (43.2)	19 (40.4)	0.882	0.482 - 1.613	0.683
18	Tumor size (cm, Mean $\pm$ SD)	1.4 $\pm$ 0.8	1.3 $\pm$ 0.8	0.724	0.409 - 1.280	0.267
19	Tumor depth (%)					
20	Mucosa	1194 (94.8)	45 (95.7)			
21	SM1	65 (5.2)	2 (4.3)	0.556	0.094 - 3.274	0.516
22	Differentiation (%)					
23	Well differentiated	506 (40.2)	28 (59.6)			
24	Moderately differentiated	753 (59.8)	19 (40.4)	0.477	0.262 - 0.869	0.016
25	Indication					
26	Absolute	994 (79.0)	38 (80.9)			
27	Expanded	265 (21.0)	9 (19.1)	1.406	0.400 - 4.937	0.595
28	CI, confidence interval; SD, standard deviation; SM1, submucosal invasion depth < 500 $\mu$ m from muscularis mucosa layer					
29	*If patients had multiple tumors including both EGC-absolute and EGC-expanded, data of EGC-expanded was used.					
30	If patients had multiple tumors including only EGCs-absolute or only EGCs-expanded, data of the largest tumor was used.					

# 사례 검토 2

- 가장 중요한 자료는 main manuscript에 넣고...

Table 1. Association Between Receipt of Gastric Cancer Screening and Cause of Mortality: Number of Pairs and Proportions of the Screened Case Subjects and Matched Controls, as Well as ORs and 95% CIs Compared With Never-Screened Individuals

	All-cause mortality					GC-specific mortality					All-cause mortality except from GC				
	Pairs, n	Screened, %		OR	95% CI	Pairs, n	Screened, %		OR	95% CI	Pairs, n	Screened, %		OR	95% CI
		Case	Control				Case	Control				Case	Control		
Overall	54,418	25.7	28.9	0.83	0.81-0.85	44,095	24.7	28.8	0.79	0.77-0.81	10,323	29.9	29.4	1.03	0.98-1.08
Year of entry															
2002	31,111	26.1	29.4	0.83	0.81-0.86	25,157	25.2	29.3	0.79	0.76-0.81	5954	30.3	29.5	1.04	0.97-1.11
2003	23,307	25.1	28.2	0.83	0.80-0.86	18,938	24.1	28.0	0.79	0.76-0.82	4369	29.4	29.3	1.01	0.93-1.09
Sex															
Male	37,739	26.7	29.8	0.84	0.82-0.86	29,783	25.4	29.6	0.79	0.77-0.81	7956	31.4	30.6	1.05	0.99-1.11
Female	16,679	23.5	26.9	0.81	0.78-0.84	14,312	23.3	27.1	0.79	0.75-0.83	2367	24.6	25.5	0.95	0.85-1.06
Age group, y															
40-44	3396	19.8	24.1	0.76	0.69-0.84	3100	20.1	24.4	0.77	0.69-0.85	296	16.6	20.9	0.74	0.52-1.05
45-49	3324	20.8	27.3	0.67	0.61-0.74	2969	20.7	27.4	0.67	0.60-0.74	355	21.1	27.1	0.71	0.53-0.94
50-54	5074	24.4	31.8	0.67	0.62-0.72	4309	23.0	31.9	0.61	0.57-0.67	765	32.3	31.8	1.02	0.86-1.22
55-59	4510	28.4	35.3	0.70	0.65-0.76	3746	27.6	35.4	0.67	0.61-0.73	764	32.2	34.8	0.88	0.74-1.05
60-64	9538	31.8	37.0	0.77	0.73-0.81	7486	30.5	36.8	0.73	0.69-0.77	2052	36.2	37.7	0.93	0.84-1.04
65-69	8411	31.4	35.0	0.83	0.79-0.88	6469	30.3	35.1	0.78	0.73-0.83	1942	35.0	34.5	1.02	0.92-1.14
70-74	10,695	26.9	27.5	0.96	0.92-1.01	8320	26.1	27.5	0.92	0.87-0.97	2375	29.7	27.6	1.13	1.01-1.25
75-79	5212	20.2	18.6	1.13	1.04-1.22	4230	19.3	18.2	1.09	1.00-1.19	982	24.0	20.2	1.29	1.08-1.55
80-84	3557	12.8	10.5	1.28	1.14-1.44	2908	12.5	10.5	1.23	1.08-1.40	649	14.3	10.3	1.53	1.17-2.01
≥85	701	7.1	4.1	1.82	1.28-2.59	558	7.2	4.2	1.80	1.22-2.67	143	7.0	3.9	1.91	0.87-4.19
Socioeconomic status															
NHI, high	16,104	26.4	29.2	0.85	0.82-0.89	12,637	25.7	29.7	0.80	0.76-0.84	3467	28.7	27.5	1.07	0.98-1.17
NHI, middle	15,656	18.2	21.2	0.80	0.76-0.84	13,098	17.5	20.9	0.78	0.74-0.82	2558	21.4	23.0	0.89	0.80-1.00
NHI, low	18,243	30.0	34.0	0.82	0.79-0.85	14,876	28.6	33.7	0.77	0.74-0.80	3367	36.0	34.9	1.05	0.97-1.15
MAP	4415	32.3	33.9	0.92	0.85-0.99	3484	31.5	33.9	0.88	0.81-0.96	931	35.5	34.2	1.06	0.91-1.24

NOTE. Analyses were conducted for 1-to-4 matched case-control sets using conditional logistic regression. GC, gastric cancer; MAP, Medical Aid Program; NHI, National Health Insurance.

# 사례 검토 2

- 필요하지만 너무 복잡한 내용은 supplement로 돌릴 수 있다.

Supplementary Table 2. Comparison of International Mortality to Incidence Rate Ratios

Population	Incidence					Mortality					M/I ratio <sup>a</sup>
	Quality <sup>b</sup>	Numbers	Crude rate	ASR (W)	Cumulative risk <sup>c</sup>	Quality <sup>b</sup>	Numbers	Crude rate	ASR (W)	Cumulative risk <sup>c</sup>	
World		951,594	13.5	12.1	1.39		723,027	10.2	8.9	0.97	0.74
Very high human development		256,260	22.2	10.9	1.28		143,276	12.4	5.5	0.58	0.50
High human development		141,013	13.5	11.7	1.40		117,795	11.3	9.5	1.12	0.81
Medium human development		518,999	14.6	14.4	1.61		428,671	12.1	11.8	1.24	0.82
Low human development		35,117	2.7	4.6	0.55		33,132	2.5	4.4	0.52	0.96
Africa		23,806	2.2	3.8	0.44		21,801	2.0	3.5	0.41	0.92
Eastern Africa		8036	2.3	4.5	0.54		7568	2.1	4.3	0.51	0.96
Burundi	G6	184	2.1	4.0	0.50	G6	177	2.0	3.9	0.49	0.98
Comoros	G6	4	0.5	1.1	0.13	G6	4	0.5	1.1	0.13	1.00
Djibouti	G6	15	1.6	2.7	0.35	G6	15	1.6	2.7	0.35	1.00
Eritrea	G6	60	1.1	2.4	0.29	G6	58	1.0	2.4	0.28	1.00
Ethiopia	E6	1478	1.7	3.0	0.36	E6	1428	1.7	3.0	0.35	1.00
France, La Reunion	D2	102	11.8	10.0	1.24	D2	73	8.4	6.7	0.79	0.67
Kenya	E6	1811	4.2	9.5	1.15	E6	1675	3.9	8.9	1.06	0.94
Madagascar	G6	543	2.5	4.7	0.58	G6	513	2.3	4.5	0.55	0.96
Malawi	C6	203	1.3	2.7	0.31	C6	188	1.2	2.5	0.29	0.93
Mauritius	D2	121	9.2	8.0	0.97	D2	112	8.5	7.4	0.85	0.93
Mozambique	E6	101	0.4	0.9	0.11	E6	94	0.4	0.8	0.11	0.89
Rwanda	F6	474	4.2	8.2	0.92	F6	458	4.1	8.0	0.88	0.98
Somalia	G6	296	3.0	6.3	0.76	G6	278	2.8	6.1	0.72	0.97
South Sudan	G6	290	2.7	5.0	0.60	G6	276	2.5	4.8	0.58	0.96
Tanzania	E6	752	1.6	3.1	0.37	E6	708	1.5	2.9	0.35	0.94
Uganda	C6	720	2.0	5.1	0.65	C6	666	1.9	4.8	0.61	0.94
Zambia	E6	276	2.0	4.4	0.53	E6	263	1.9	4.2	0.50	0.95
Zimbabwe	C6	600	4.6	8.0	0.93	C6	577	4.4	7.5	0.85	0.94
Middle Africa		2764	2.1	4.0	0.47		2666	2.0	4.0	0.46	1.00
Angola	G6	351	1.7	3.8	0.44	G6	328	1.6	3.7	0.42	0.97
Cameroon	E6	277	1.4	2.4	0.27	E6	256	1.3	2.2	0.26	0.92
Central African Republic	G6	60	1.3	2.3	0.29	G6	60	1.3	2.3	0.29	1.00
Chad	G6	122	1.0	2.0	0.24	G6	118	1.0	2.0	0.24	1.00
Democratic Republic of Congo	G6	1854	2.7	5.4	0.62	G6	1809	2.6	5.4	0.61	1.00
Republic of Congo	E6	63	1.5	2.7	0.37	E6	59	1.4	2.5	0.37	0.93
Equatorial Guinea	G6	12	1.6	2.3	0.27	G6	12	1.6	2.3	0.27	1.00
Gabon	F6	25	1.6	2.4	0.30	F6	23	1.5	2.2	0.28	0.92
Northern Africa		5704	2.7	3.4	0.41		5038	2.4	3.1	0.36	0.91
Algeria	C6	1717	4.7	6.0	0.71	C6	1474	4.0	5.2	0.61	0.87
Egypt	C3	1789	2.1	2.5	0.30	C3	1584	1.9	2.3	0.26	0.92
Libya	C6	164	2.5	3.6	0.47	C6	134	2.1	3.0	0.38	0.83
Morocco	E6	1176	3.6	4.0	0.47	E6	1069	3.3	3.7	0.43	0.93
Sudan	F6	363	1.0	1.8	0.22	F6	351	0.9	1.8	0.21	1.00
Tunisia	C6	470	4.4	4.2	0.49	C6	401	3.7	3.6	0.41	0.86
Western Sahara	G6	25	4.4	6.5	0.70	G6	25	4.4	6.5	0.70	1.00

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# 좋지 못한 제목의 예와 개선안

좋지 못한 제목	개선된 제목
Characteristics of subjects	Characteristics of the 54 men enrolled in the trial
Comparison of active treatment with diuretic therapy compared with placebo in 122 men	Effects of treatment of hypertension and placebo groups
Predictors of quality of life	Factors associated with differences in quality of life: multivariate models
Independent ( $p < 0.05$ ) predictors of quality of life using logistic regression following stepwise selection procedures, using the criteria of reference 6	↑

# Table 작성법

- 어떤 도서관 자료에서

## <Table 점검표>

- ① Table의 제목이 소설체처럼 장황하지 않으면서도 충분히 서술적인가?
- ② 줄과 칸이 깔끔하게 구성되어 있는가? 각 칸의 자료가 제목 아래 가운데에 정렬되어 있는가? 칸 제목들을 묶을만한 공통 요소가 있나? 칸 제목은 이탤릭체 같이 구분되는 글자체로 되어 있는가? 줄 제목에는 단위가 붙어 있는가?
- ③ 불필요한 자료, 반복되는 연구대상자수 표시, 지나친 정밀함, 의미가 모호한 약자들이 있지 않는가? 이 Table이 꼭 필요한지, 이렇게 자세하게 할 필요가 있는지, 이 단어를 약자로 써야 하는지를 검토해 본다.
- ④ 본문을 보지 않고도 모든 항목의 의미를 명확히 알 수 있는가?
- ⑤ 모든 Table을 완성한 후 두 개 이상의 표를 하나로 묶을 수 없는지 체크해 본다
- ⑥ 모든 Table을 본문에서 언급했는가? 또한 순서대로 언급되었는가?

# Figure

성균관대학교 의과대학 삼성서울병원 내과 이준행



# 홍성태 교수님의 의학논문 작성 10계에서...

- 모든 그림은 본문에서 인용해야 하고 인용 순서대로 일련번호를 매긴다.
- 본문 끝에 그림원고의 목록을 작성하며, 그림원고 자체는 본문과 분리해 별도의 파일로 준비한다. 학술지별 양식을 준수해 작성한다.
- 그림원고 작성에서 또 하나의 원칙은 저자가 인쇄하기를 원하는 모양대로 준비하는 것이다. 편집인은 보내온 원고대로 인쇄하기 때문에 그림의 크기, 모양, 색상, 배치 등을 출판되기 원하는 대로 작성한다.

# 우리의 목표: 쉽고 기억하기 쉬운 그림

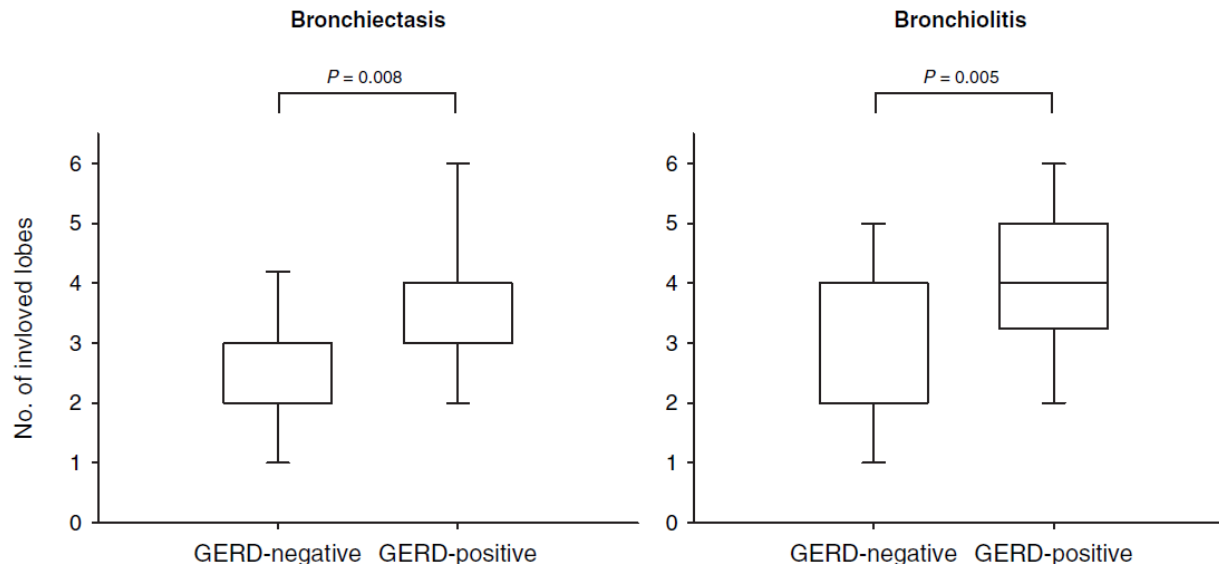


FIGURE 1. Box-and-whiskers graph of the quantitative imaging analysis showing the number of involved lobes with bronchiectasis and bronchiolitis. Bronchiolitis is defined as the presence of centrilobular small nodules ( $< 10$  mm in diameter) or branching nodular structures (tree-in-bud pattern) on HRCT. The ends of the boxes indicate the 25th and 75th percentiles, and the lines in the bars indicate the median value. The 10th and 90th percentiles are indicated with whiskers. In the patients without GERD, the median numbers of involved lobes with bronchiectasis and bronchiolitis are both 2. In the patients with GERD, the median numbers of involved lobes with bronchiectasis and bronchiolitis are both 4. Bronchiectasis and bronchiolitis were observed in more lobes in patients with GERD than in patients without GERD ( $p = 0.008$  and  $p = 0.009$ , respectively).

# Writing Figures



SUNG-TAE HONG  
Seoul National University

- Present visual data of comparison, trend, and images
- Prepare a caption at bottom as a phrase
- Prepare big size as possible: 80 or 165 mm wide
- Make files in print form: least editing for publication
- Drawing, graph, diagram, photo
- Use footnotes or marks for remarks
- Clear, self informative
- Videographs

# 왜 내과 의사가 그래픽을 강의하나?

이준행 소화기내과 (serioso.pe.kr)

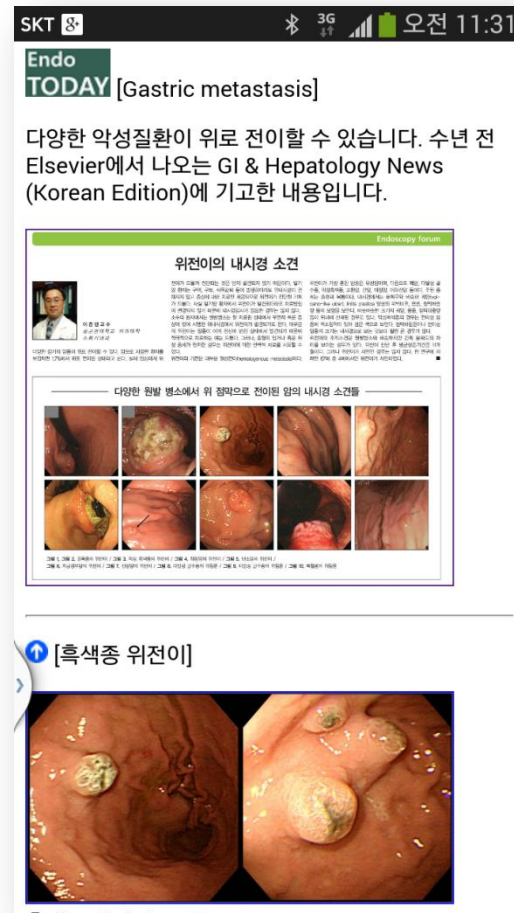
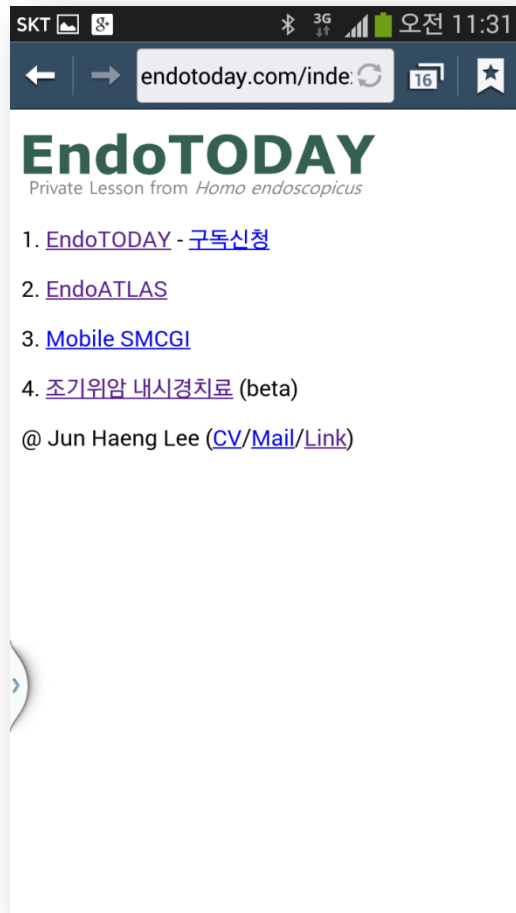
## 소화기학 정보마당

1. **Monthly Endoscopy School 2004** : [introduction](#), [위암](#), [내시경사진](#), [내시경 영상의 저장과 이용](#), [소화성궤양](#), [소장질환](#), [achalasia](#)
2. **천기누설** - 치료내시경 Q and A
3. [Upper GI Tract](#) - [EMR](#)
4. [Lower GI Tract](#)
5. [Molecular Biology](#) - [MSI](#), [apoptosis](#)
6. [Miscellaneous](#) - [의학통계](#), [기생충](#)
7. [Medical Links](#)
8. 짧은 노트 : [endoscopy](#), [stomach](#), [Hp](#), [bowel](#), [quality](#), [news](#), [memo](#)

## [방명록/게시판\(BBS\)](#)

· 제 홈페이지에                      번째로 방문하셨습니다. (since 1999.8.23)

# 왜 내과 의사가 그래픽을 강의하나?



**DEN****Digestive Endoscopy**For Gastroenterologists and  
Endoscopic Surgeons**Digestive Endoscopy**

© Japan Gastroenterological Endoscopy Society



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ISI Journal Citation Reports © Ranking: 2015: 41/79 (Gastroenterology &  
Hepatology); 46/200 (Surgery)

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# Digital mind? (Digital image mind?)

- Digital camera를 월 1회 이상 사용?
- Photoshop을 월 1회 이상 사용?
- BMP file과 JPEG file의 차이?
- Lossy / lossless compression의 차이?
- Bitmap image와 vector image의 차이?
- Powerpoint file을 만들 때 file 크기에 신경을 쓴다.

# 그래픽의 기본을 배우는 이유 (1/2)

- 우리는 digital native가 아니다. 자라면서 배우지 못했기 때문에 필요한 사람은 찾아서 익혀야 한다.
- 모든 발표는 PowerPoint를 이용해야 한다.
- 논문에 들어갈 그림이나 사진을 "Combination halftones, 600 dpi, TIFF without compression, CYMK"와 같은 알 수 없는 형식의 파일로 만들어 보내야 한다.

# 그래픽의 기본을 배우는 이유 (2/2)

- 복잡한 작업은 컴퓨터 그래픽 전문가에게 의뢰하는 것이 나을 수 있다.
- 사소한 작업까지 전문가의 도움에 기대는 것은 비효율적이다.
- 원본 자료를 허술하게 관리한 상태에서 그래픽 전문가에게 부탁한들 별 도움을 받지 못하는 예가 많다.
- **아는 것이 힘이다.**

# Figure 부분 내용

- 해상도란 무엇인가?
- 비트맵 이미지와 벡터 이미지
- 논문제출을 위한 적절한 해상도는?
- **[Tip]** PowerPoint 이미지를 TIFF로 바꾸는 방법

## Topic 1

# 해상도란 무엇인가?

성균관대학교 의과대학 삼성서울병원 내과 이준행

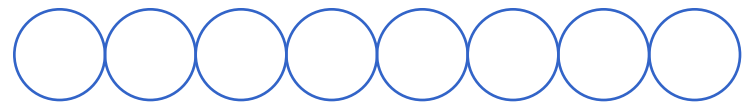
# 논문의 그림은 4 가지 종류가 있다

- Statistical graphs, charts, and simple diagrams
  - Photographic images (color photos, radiographs, ultrasound images, CT scans, MRI scans, electron micrographs, and photomicrographs)
  - Illustrations
  - Videos
- 4 형태에 모두 **해상도**라는 개념이 들어가야 한다.



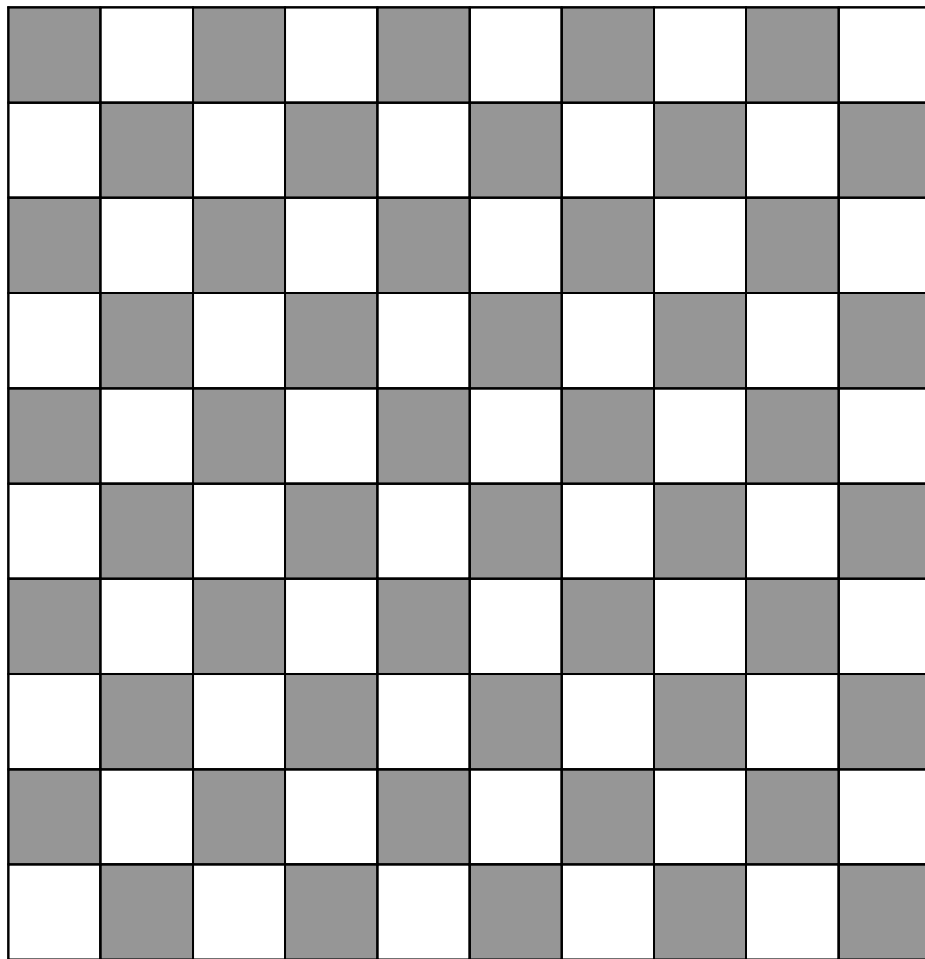
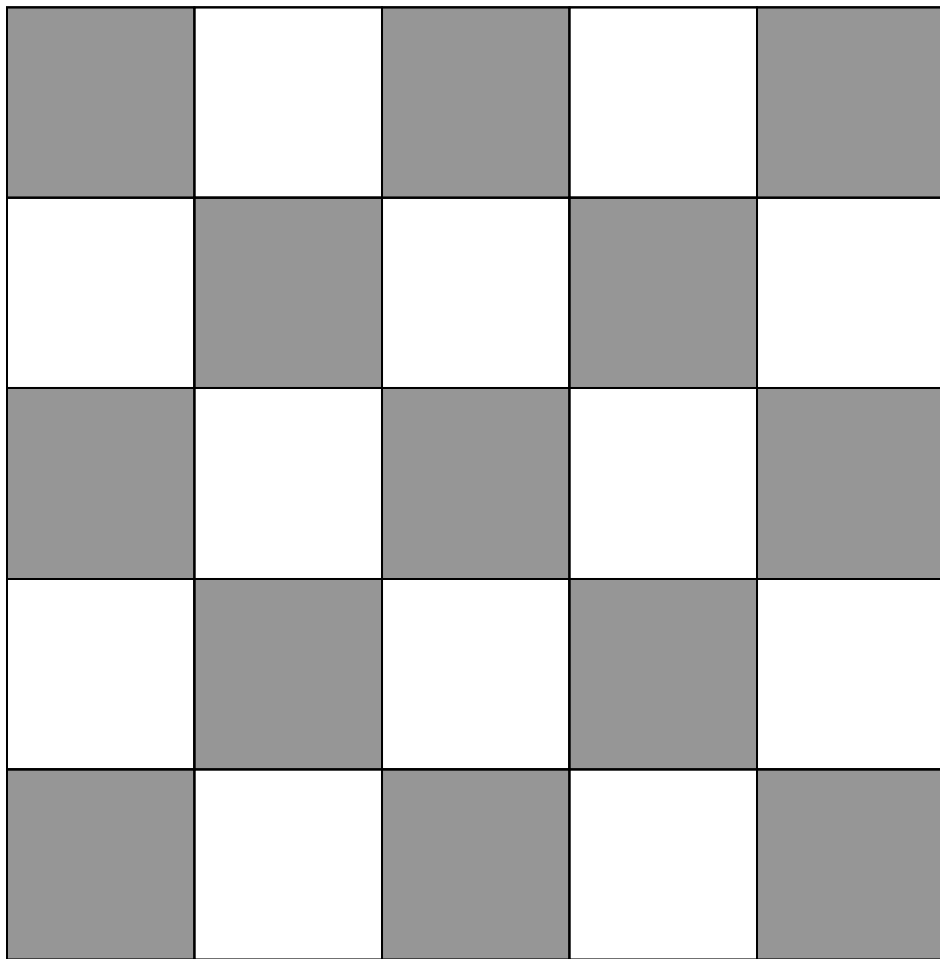
# 해상도란 무엇인가?

- 해상도(解像度)는 어느 일정한 단위 안에서 얼마나 더 자세하게 그 내용을 표현하는가를 나타내는 용어이다.
- 일정한 물리적 길이 단위인 1인치(25.4mm) 안에 표현되는 화소(pixel)의 수를 말한다. 단위로 dpi(dots per inch)가 쓰인다. 예를 들어, 72 dpi라고 하면 1인치 안에 72개의 점이 들어간다는 뜻이다.



<http://www.ibiblio.org/wm/paint/auth/monet/paris/>

출력시 크기가 같다면 pixel의 수가 많을수록 해상도가 높다 (높은 DPI 값)



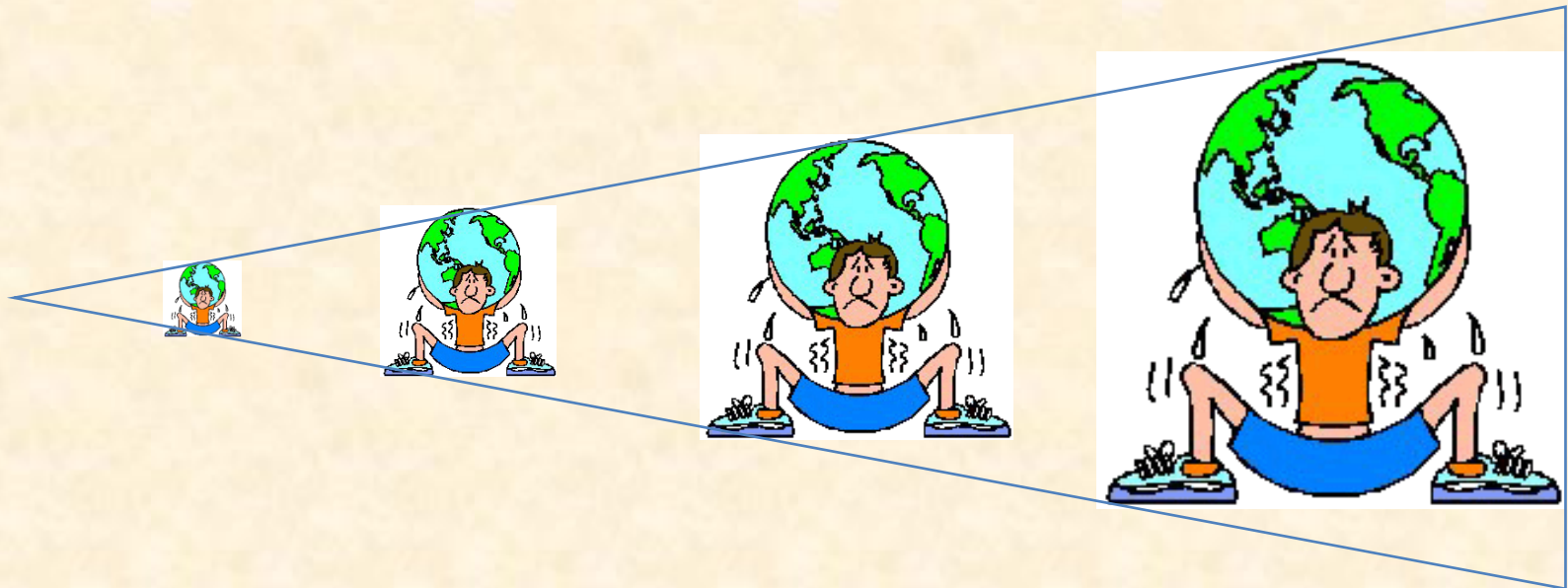
$$\text{DPI} = \text{Dots} / \text{Inch}$$

반드시 분모가 있어야 한다



# Digital image에서 DPI는 무슨 의미가 있는가?

- A digitally stored image has *no inherent physical dimensions*, measured in inches or centimetres.

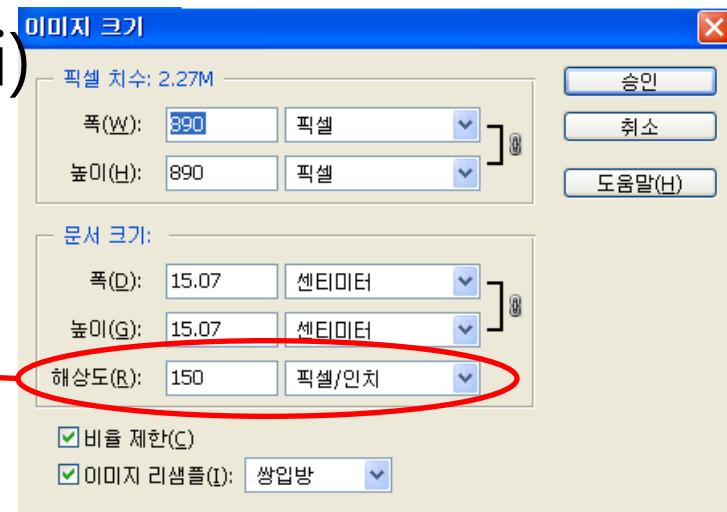


# DPI는 출력을 전제로...



- sungkyunkwan.jpg
- 85,109 byte
- $890 \times 890 = 792,100$  pixels
- Resolution: dots per inch (dpi)

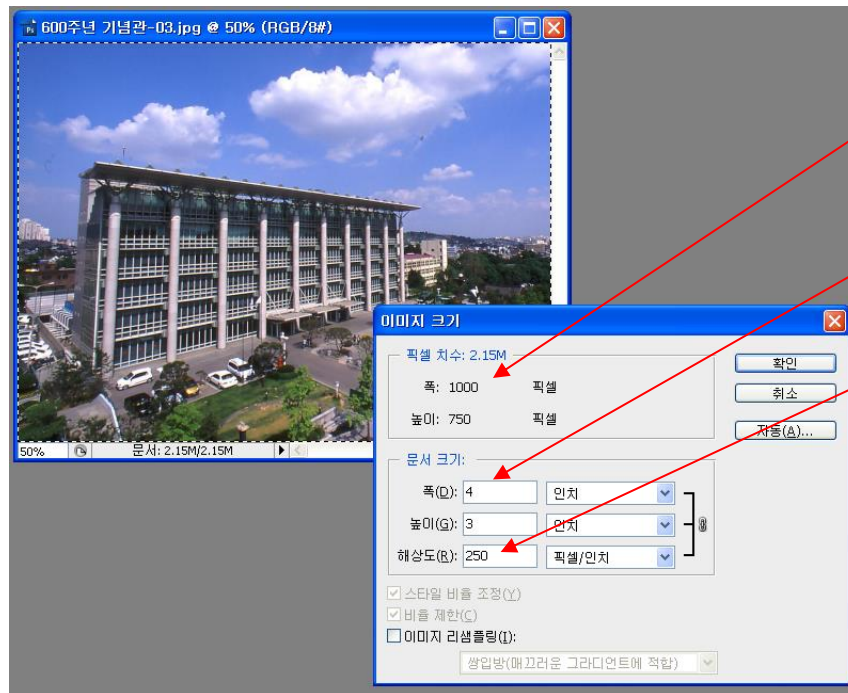
출력을 하지 않는  
한 아무런 의미가  
없는 숫자이다





# Information amount in a bitmap image

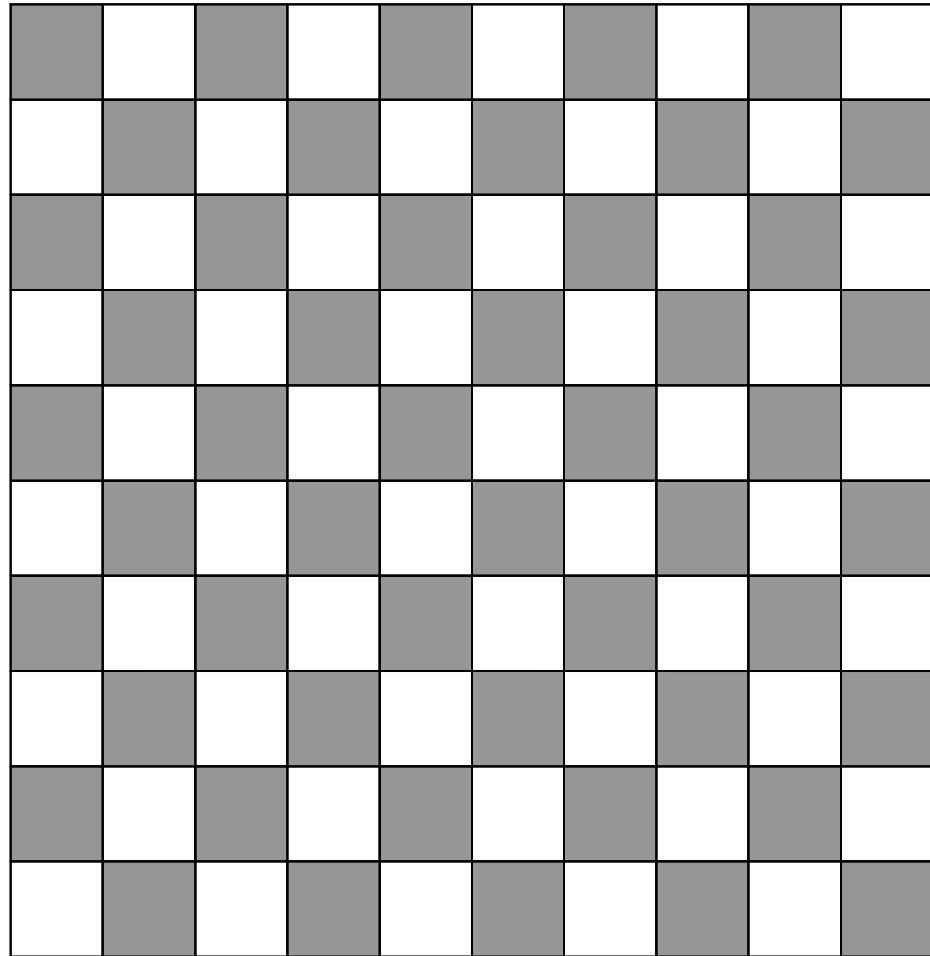
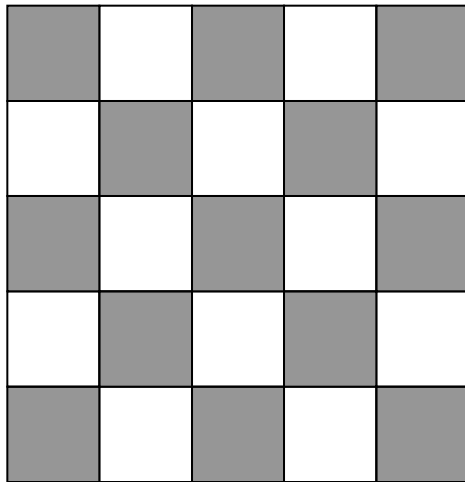
- Determined by the number of pixels
- Size (inches) x resolution (dpi) = pixel numbers



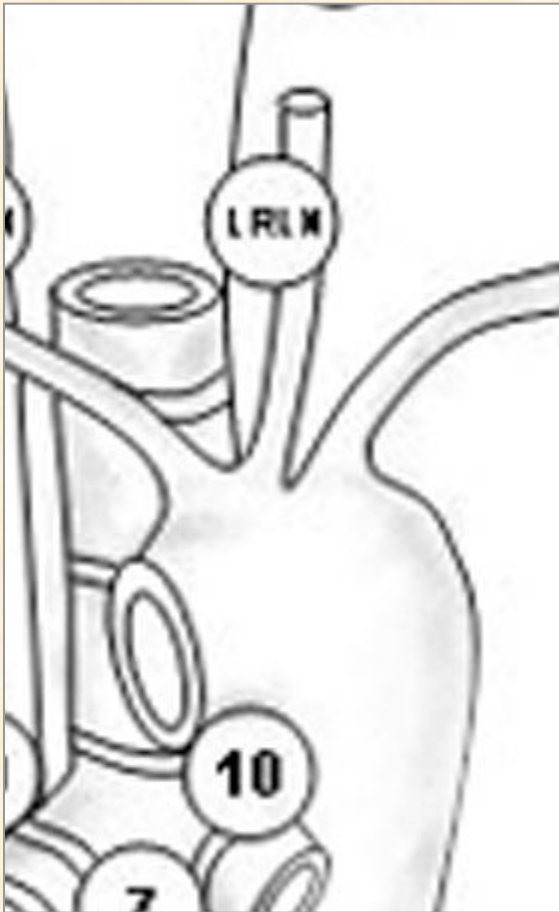
Width 1000 pixels

= 4 inches x 250 pixel/inch

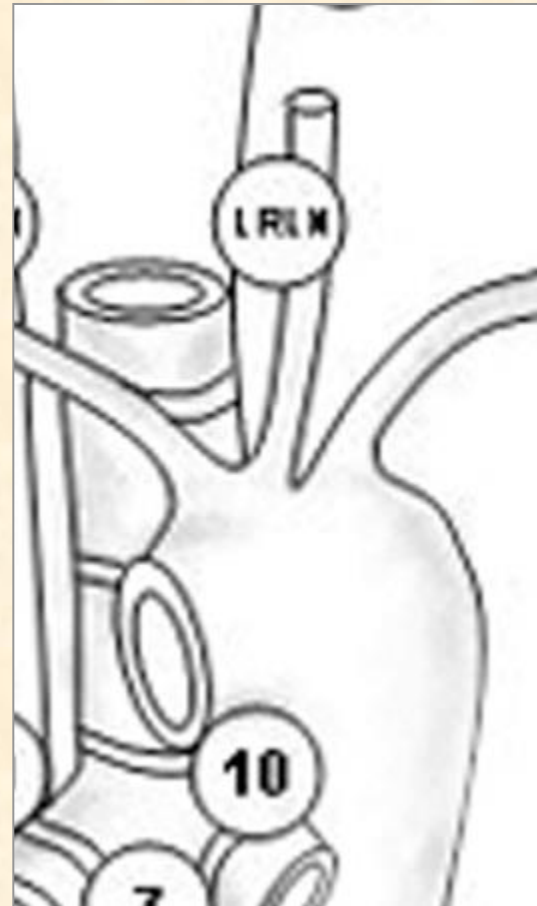
**Digital image에서는 pixel 수가 많을수록  
정보량이 많다 (높은 해상도)**



# Pixel 수가 많다고 항상 고해상도는 아니다



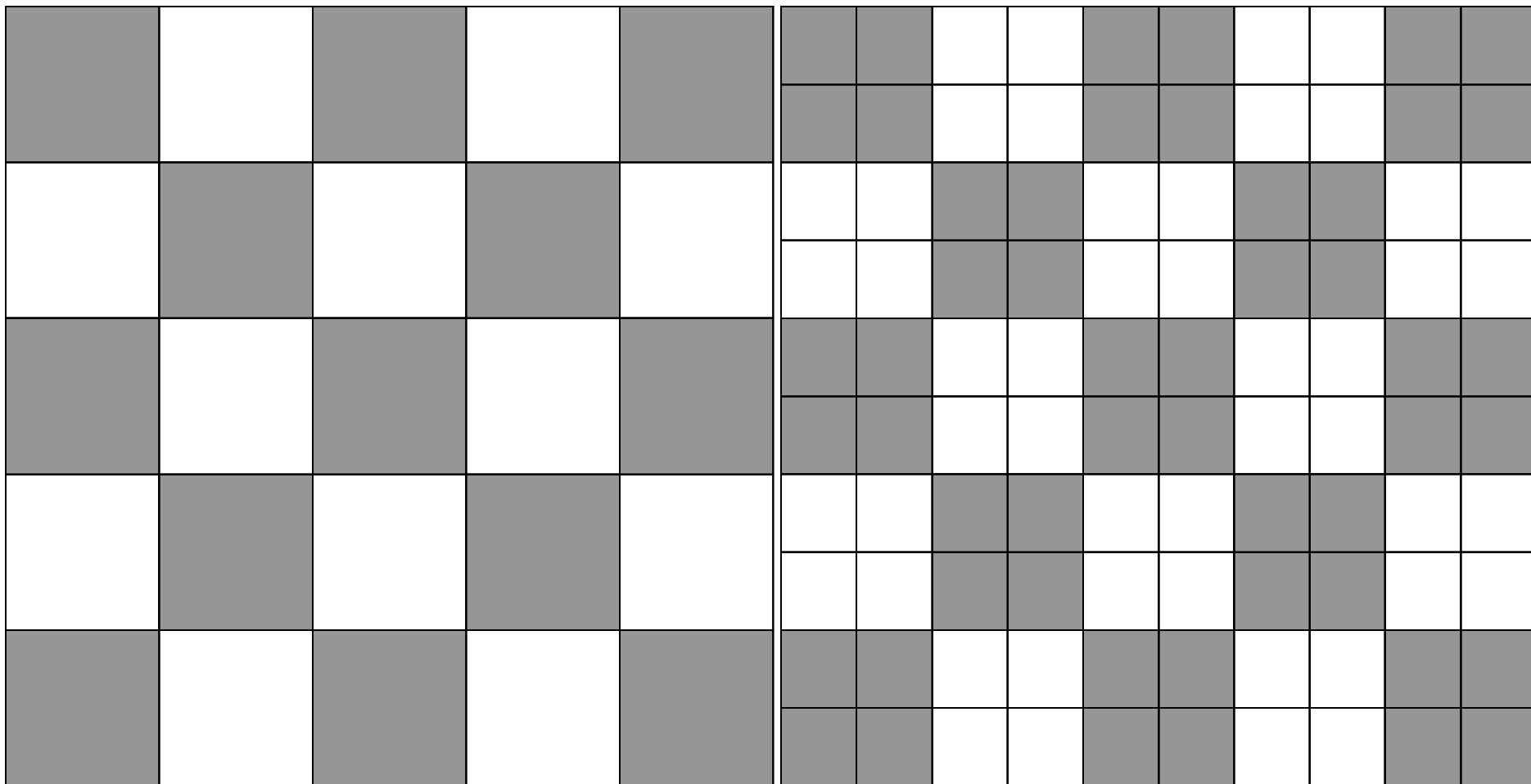
1.14 inch, 300 dpi



*4 inch, 900 dpi*

# 한번 줄인 pixel 수는 되돌이킬 수 없다

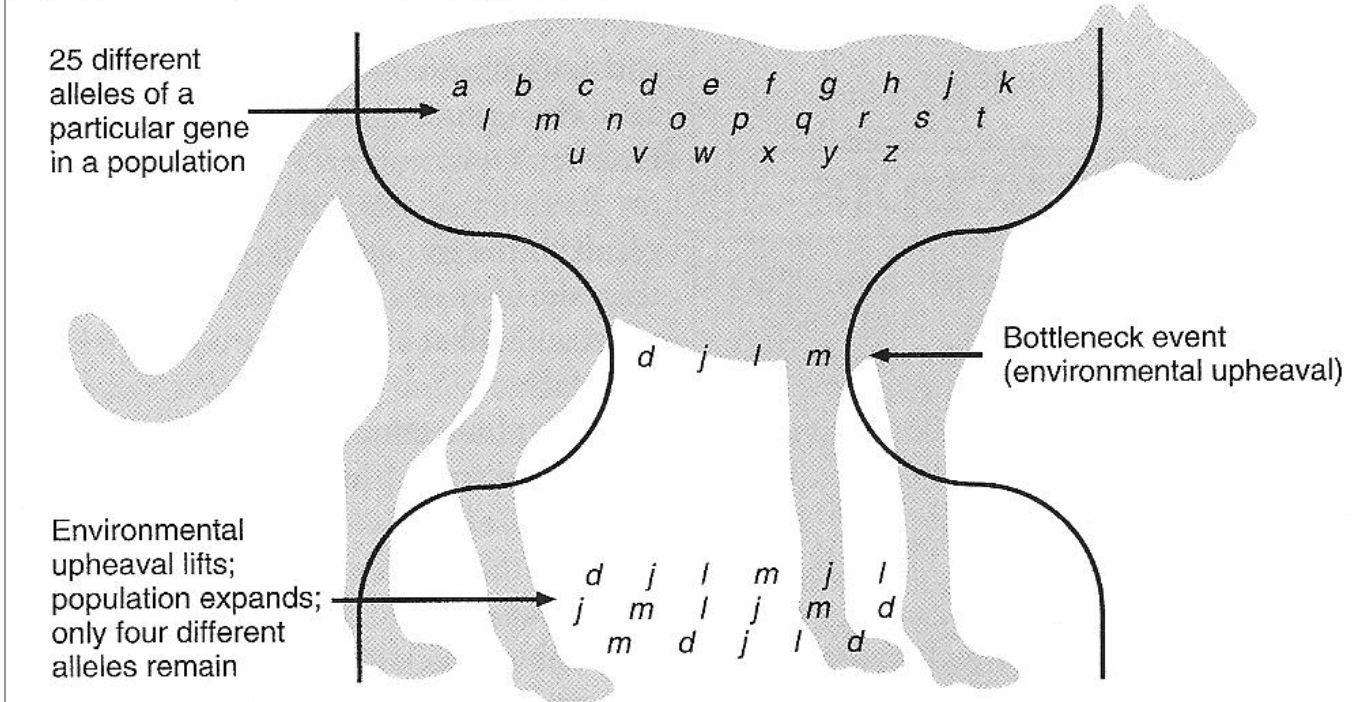
- 억지로 pixel 수를 늘려도 정보의 양은 늘지 않는다



# Population bottleneck

- *an important concept from evolutionary biology*

Lewis R. Human Genetics 6th eds. p287



Lewis R. Human Genetics 6<sup>th</sup> eds. p287

**3 different locations**



# 요약 - 해상도

- 디지털 이미지의 정보는 pixel의 수로 결정된다.
- 이미지의 정보량을 증가시킬 방법은 없다.
- 이미지의 변형은 항상 해상도의 저하를 동반한다. 원본이미지를 확실하게 보관하자.
- 질문: 그래픽 이미지에는 항상 해상도가 있나요?

## Topic 3

# Vector image란 무엇인가?

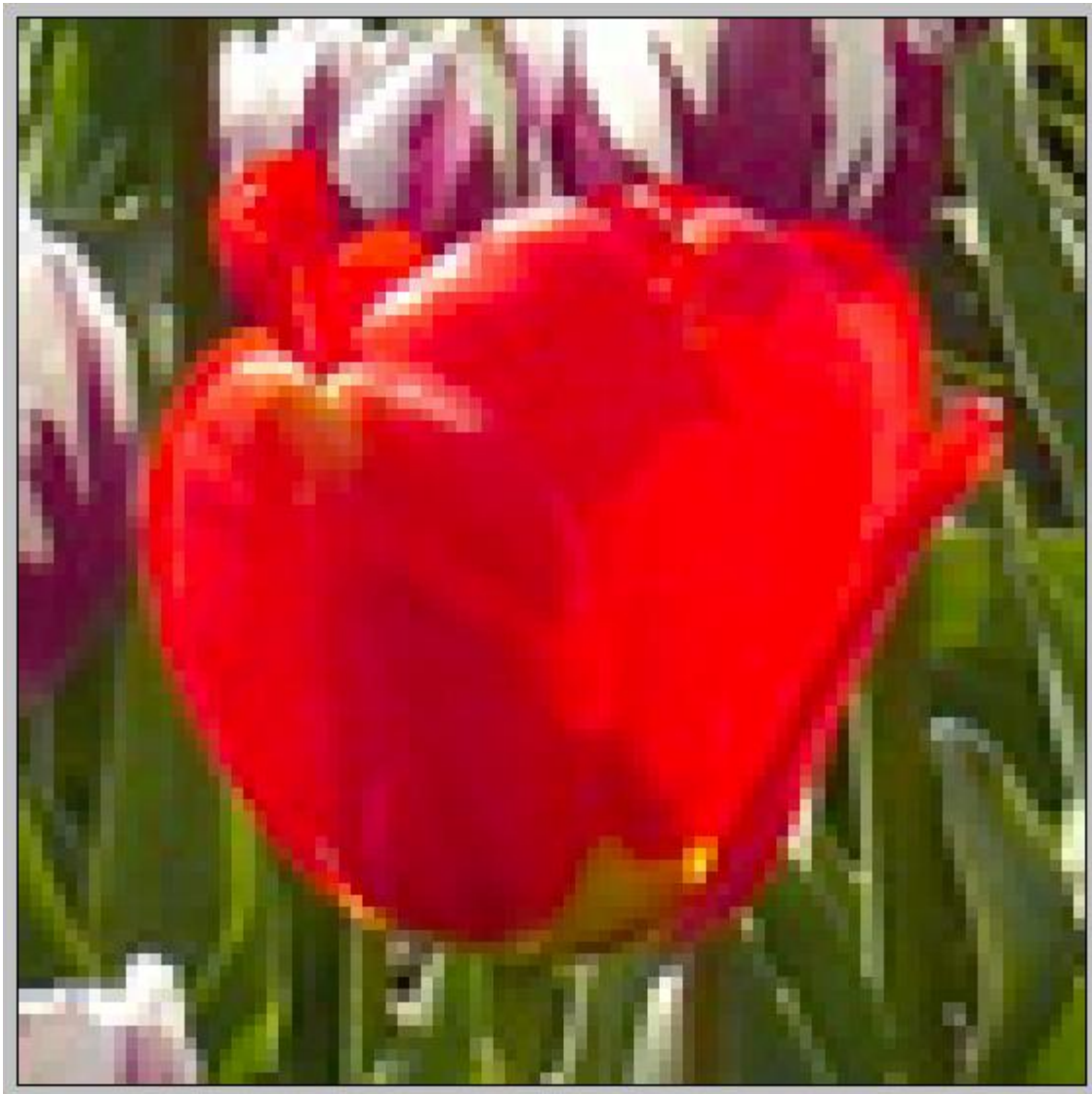
성균관대학교 의과대학 삼성서울병원 내과 이준행





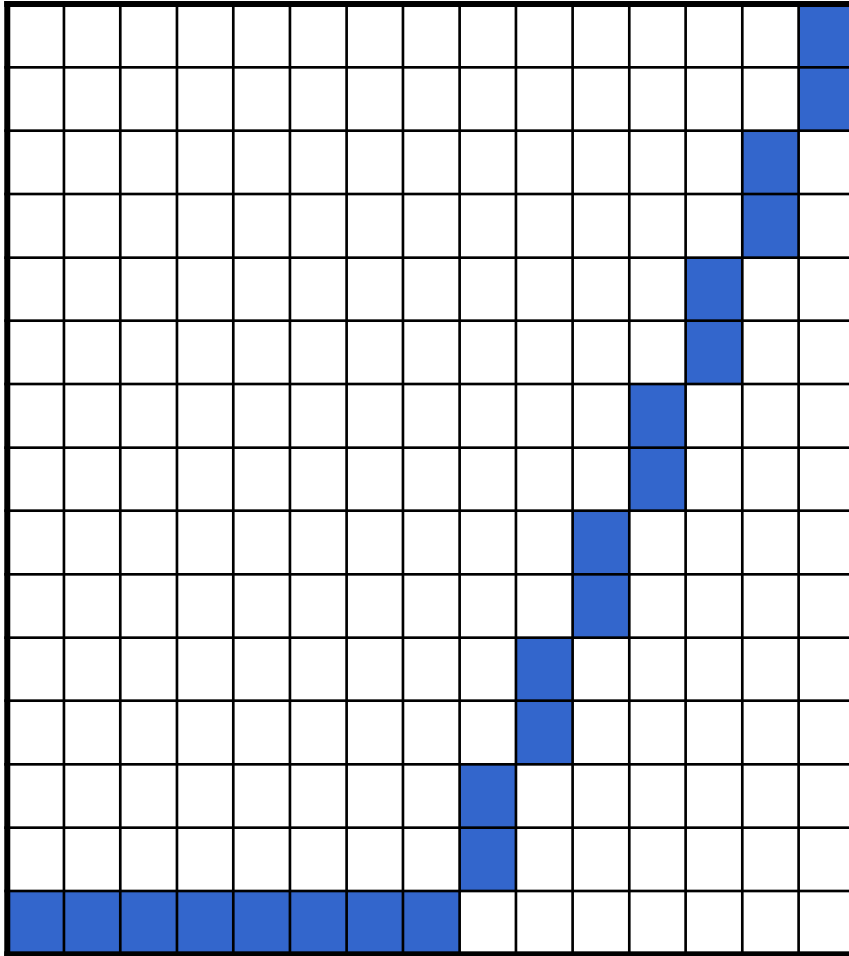
Digital camera로 찍은 image는 전형적인 bitmap image다.  
확대를 하지 않으면 매우 자연스럽게 보인다.



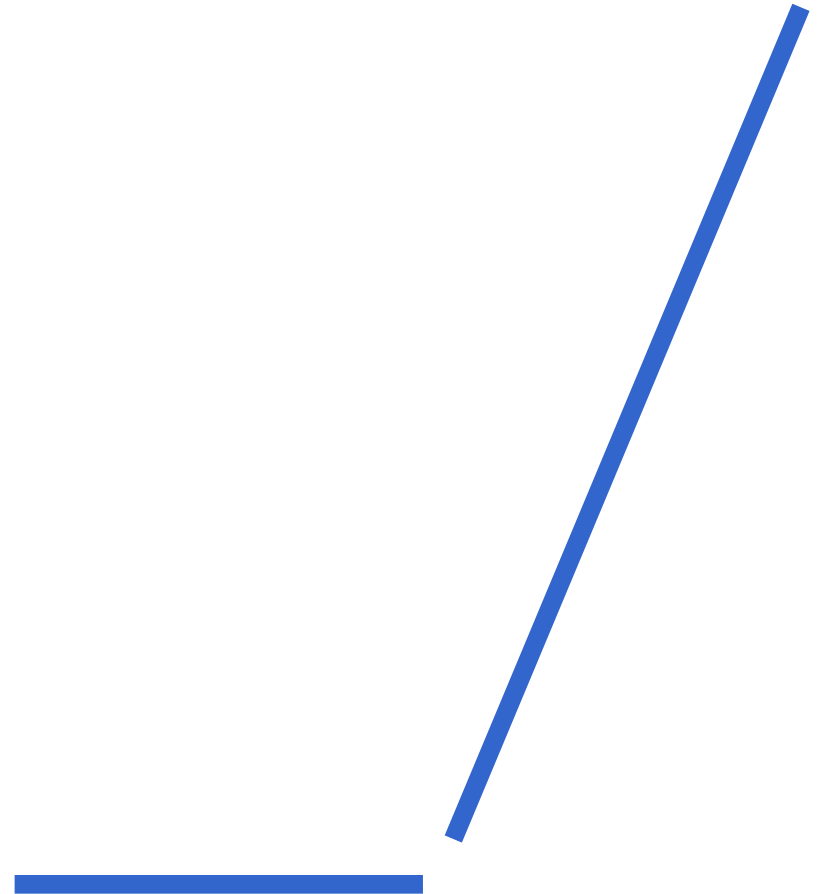


Pixel이 보이도록 크게 확대하면 격자구조를 볼 수 있다.

# 선을 그리는 두 가지 방법



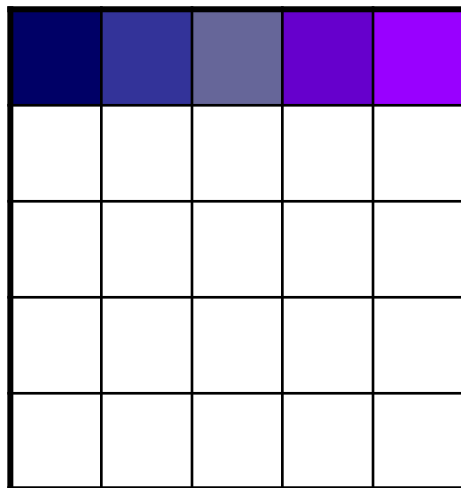
Bitmap (=raster) image



Vector image

# Raster image (=bitmap image)

- A "raster" is a grid-like organization of image elements.
- Standard raster format: TIFF
- Raster image file has all the information for every pixel (picture element).

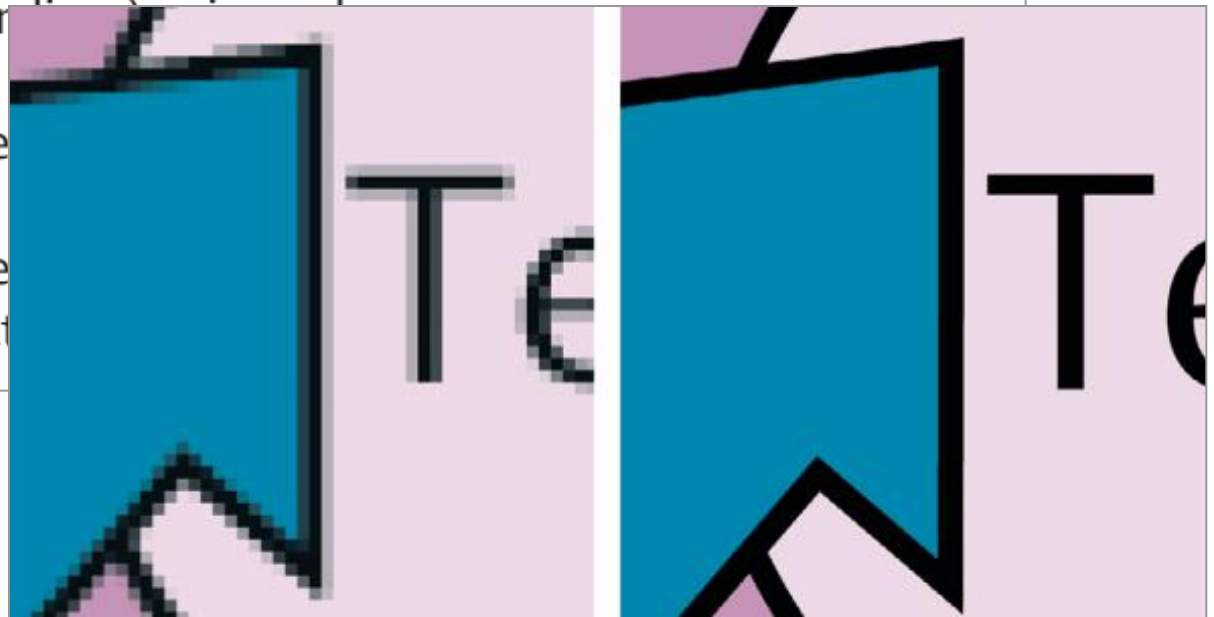




## Is my image a vector file?

To ensure that your image is a vector drawing please conduct the following test:

- 1 In the document zoom in to the diagram 500% or more.
- 2 Check if lines such as curves have lost any quality, are appearing pixelated (made up of small squares rather than clear lines).
- 3 If they are the same file as the one mentioned in the previous slide, check that



# 우리가 흔히 사용하는 format은 대부분 bitmap (=raster) image file format이다

File Format	Pertinent Application
<u>DICOM</u>	PACS
<u>JPEG</u>	PowerPoint, web-based display
<u>TIFF</u>	Print output, journal publication
<u>PSD</u>	Print output, when arrows or labels are necessary
<u>GIF</u>	Web-based display
<u>EPS</u>	Vector graphics
<u>PDF</u>	Distribution, web-based or otherwise
<u>PICT</u>	Some Macintosh applications use this format though it is largely replaced by the other formats
<u>PNG</u>	New format, may replace JPEG eventually

Note.—PICT = PICTure; PNG = portable networks graphics; PSD = PhotoShop document.

# Some journals may requires vector drawings

## Accepted file types

- For graphs and diagrams we prefer to accept vector drawings. These files would ideally be created in a program such as Adobe Illustrator or Corel Draw and saved as an encapsulated postscript (**.eps**) or portable document format (**.pdf**) files for uploading on-line.
- Other accepted vector files are Corel Draw (**.cdt**) and Adobe Illustrator (**.ai**). Please email these directly to the article editor as these formats are not supported for uploading.

# Selecting programs for **vector images**

- 우리가 사용하는 프로그램/도구는 대부분 bitmap임

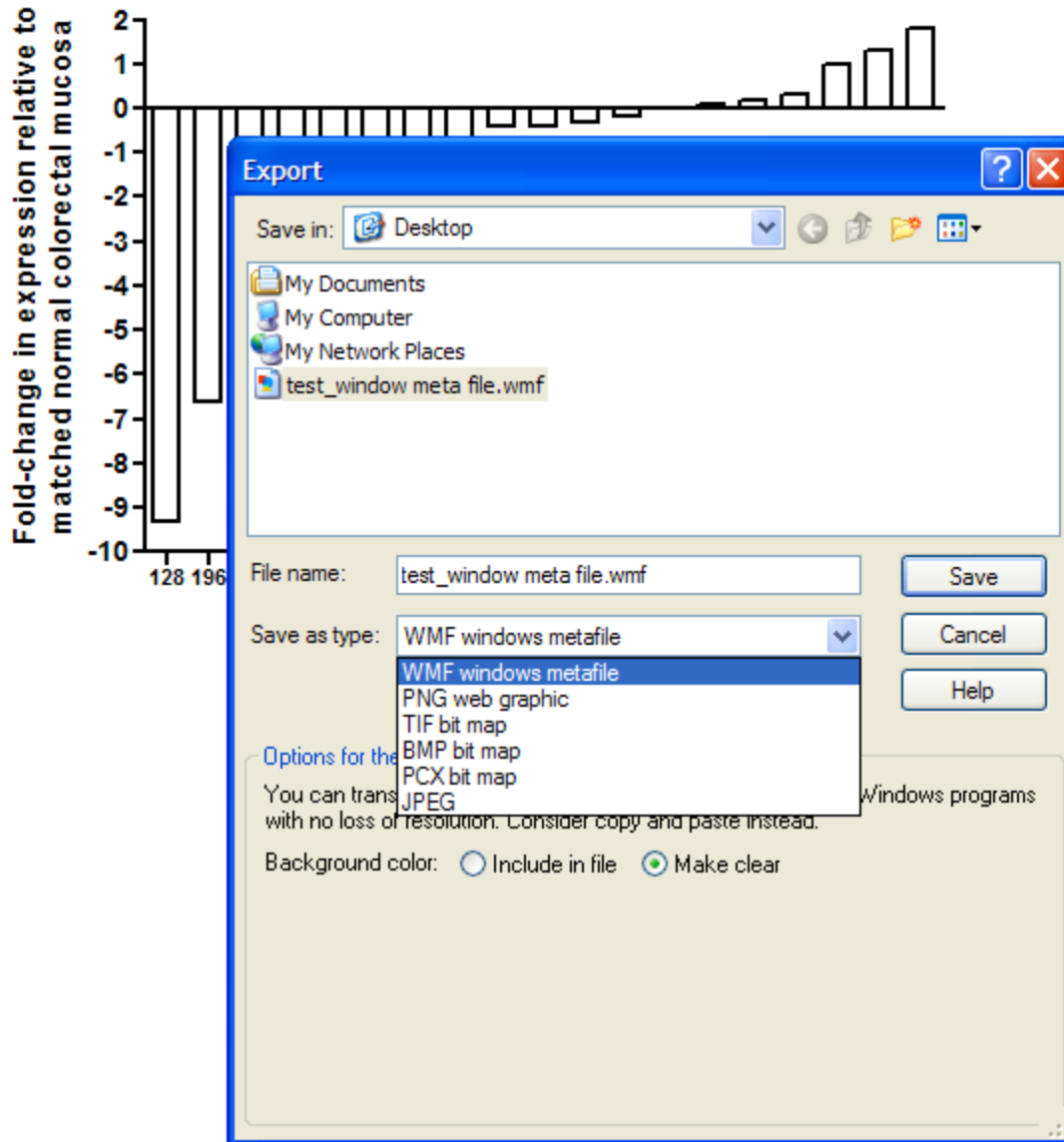
- Bitmap (=raster) image

- Photoshop
- Cameras
- Scanners

- Vector image

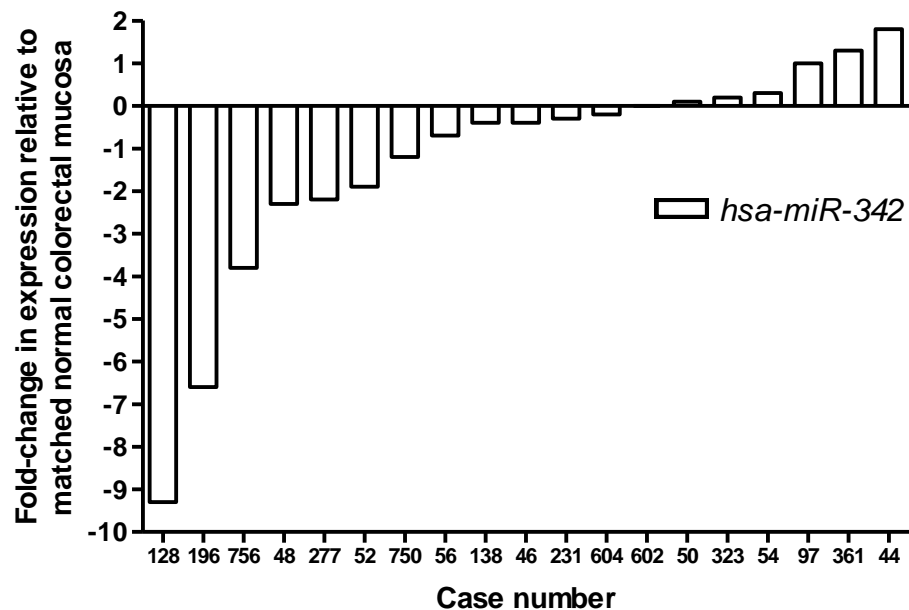
- **Adobe illustrator**
- Corel draw

# Making a vector file in Prism



# Insertion of the WMF file

- *File size: 5,158 bytes*



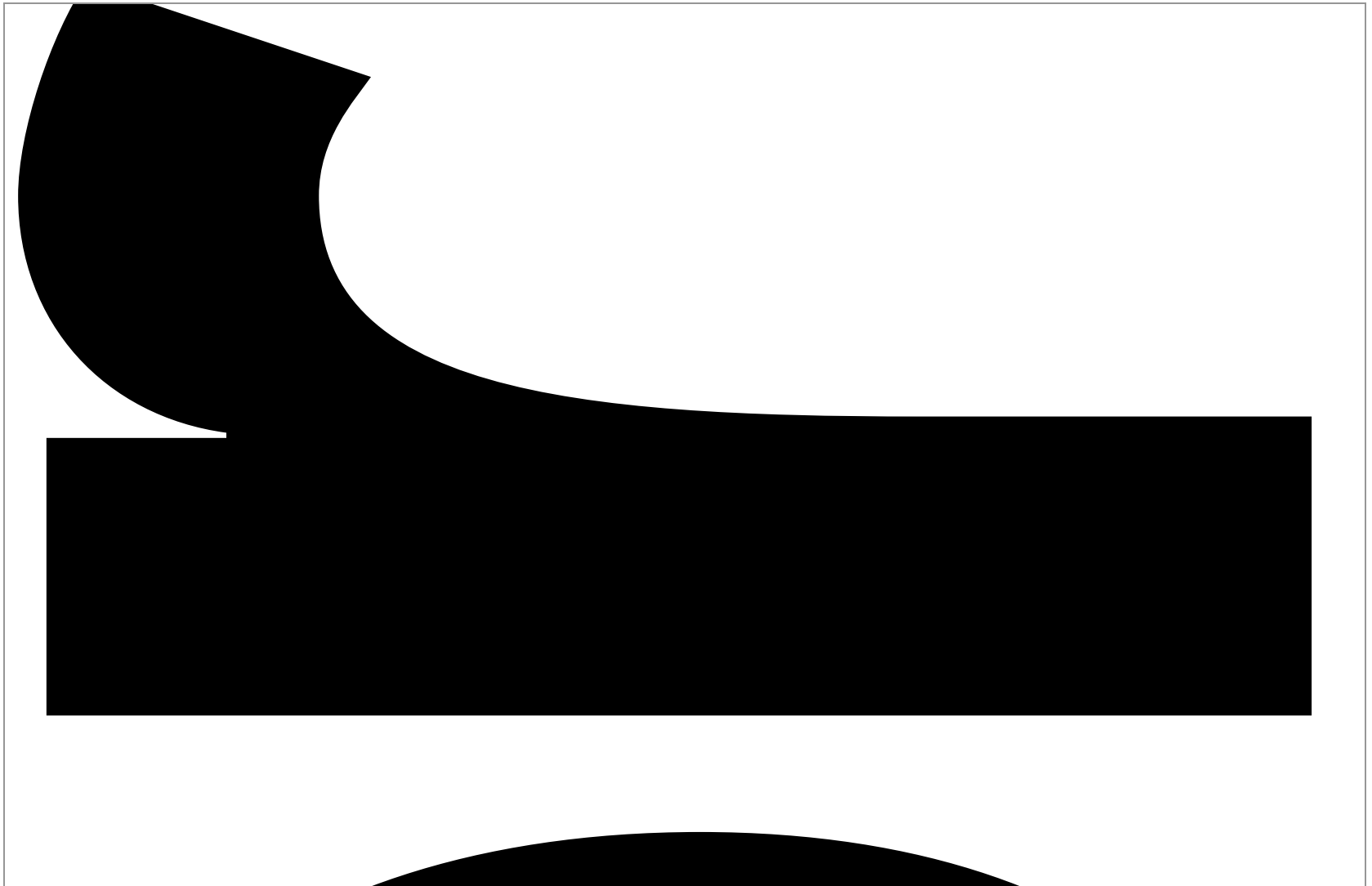
**Windows Metafile (WMF)** is a vector graphics format which also allows the inclusion of raster graphics.

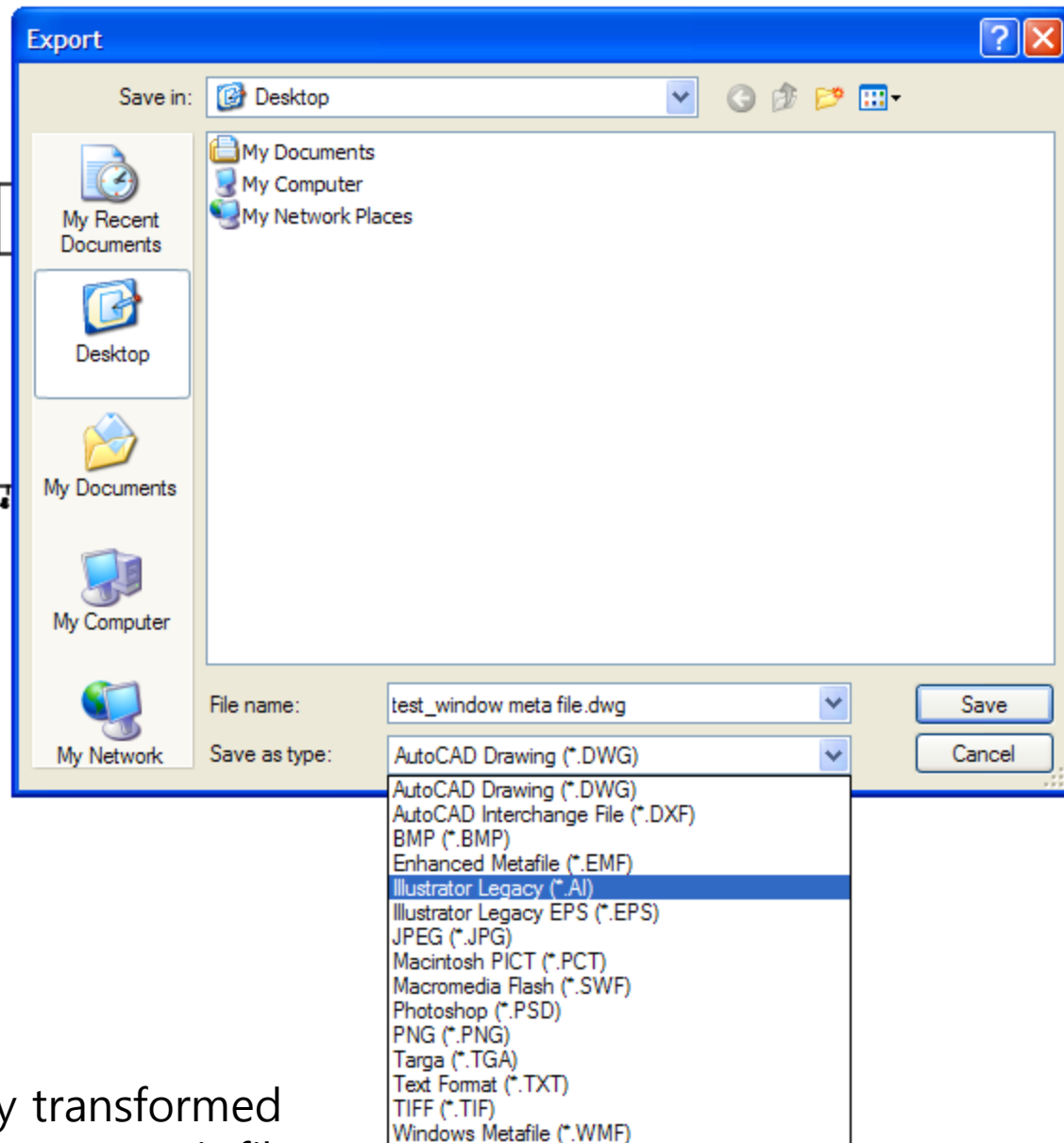
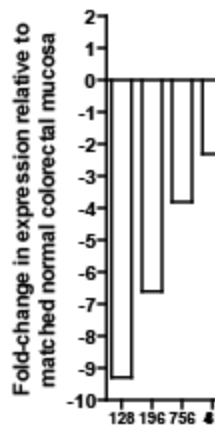


# X10 enlargement of the inserted WMF file



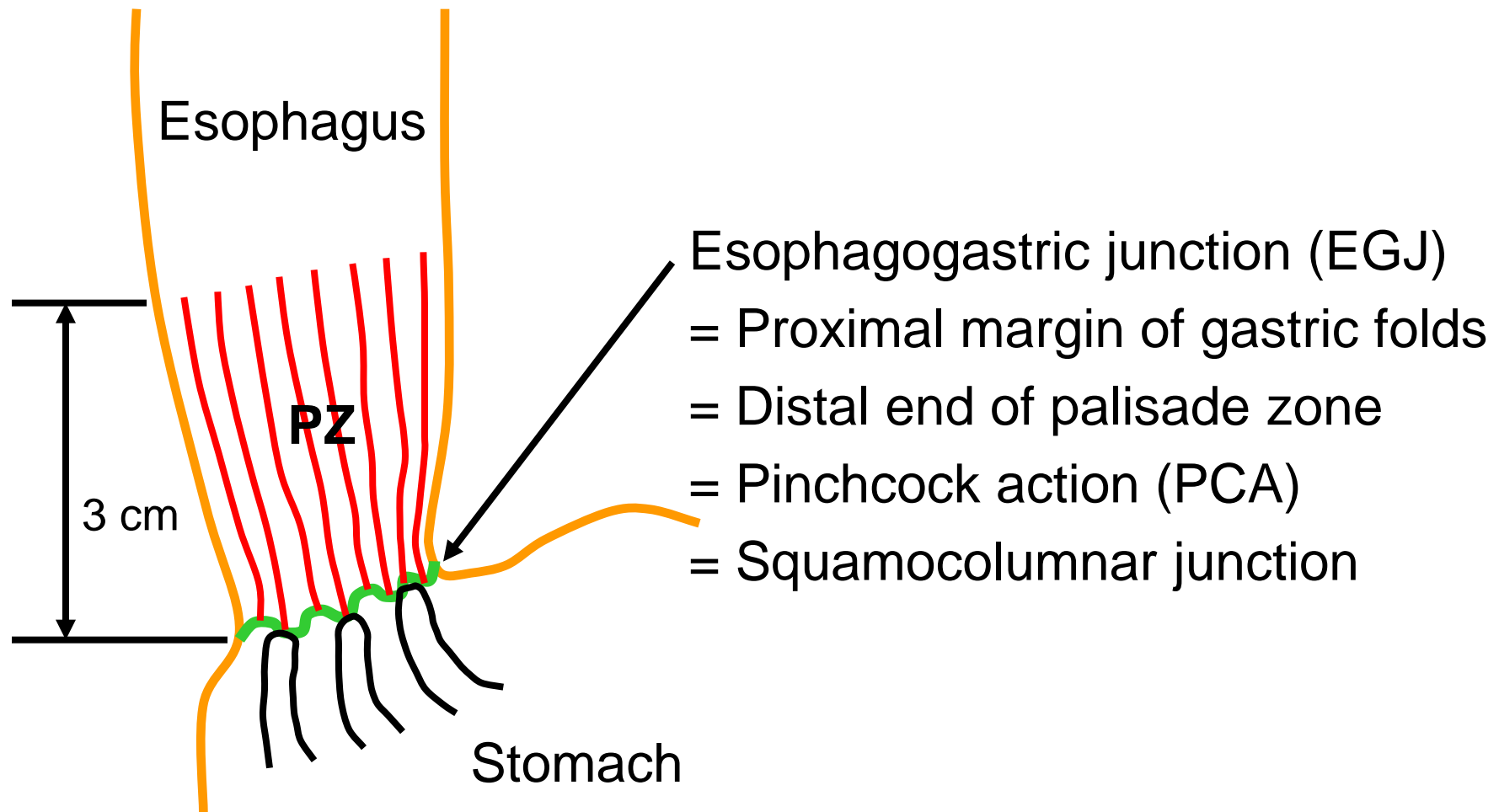
# X100 enlargement of the inserted WMF file





WMF can be easily transformed into an Adobe illustrator (.ai) file.

# PowerPoint에서 구현하는 vector



# 요약: vector image

- 선을 그리는 방법은 두 가지: Raster와 vector
- Vector에서는 확대하여도 격자구조가 발생하지 않는다.
- 최고의 해상도를 얻기 위해서는 vector program 을 이용하여 figure를 작성한 후 마지막에 필요한 해상도의 bitmap 파일로 변경하는 것이 좋다.

## Topic 3

# 논문 제출을 위한 적절한 해상도?

성균관대학교 의과대학 삼성서울병원 내과 이준행



# 출판을 위한 해상도 선정 원칙

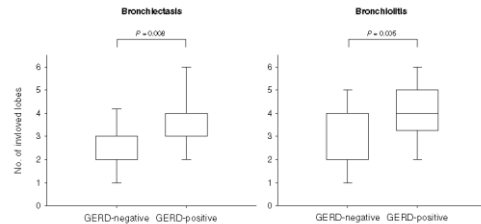
- Color: 300 dpi
- Gray scale: 300 - 600 dpi [required for photos, without text]
- Combination art (combo): 600 - 900 dpi [required for photos and text]
- Line art (monochrome 1-bit image): 900 - 1200 dpi [B&W text only]

$$\text{DPI} = \text{Dots} / \text{Inch}$$

반드시 분모가 있어야 한다



# 최종 편집된 페이지에서 어떤 크기?



**FIGURE 1.** Box-and-whiskers graph of the quantitative imaging analysis showing the number of involved lobes with bronchiectasis and bronchiolitis. Bronchiolitis is defined as the presence of centrilobular small nodules ( $< 10$  mm in diameter) or branching nodular structure (tree-in-bud pattern) on HRCT. The ends of the boxes indicate the 25th and 75th percentiles, and the lines in the boxes indicate the median values. The 10th and 90th percentiles are indicated with whiskers. In the patients without GERD, the median numbers of involved lobes with bronchiectasis and bronchiolitis are both 2. In the patients with GERD, the median numbers of involved lobes with bronchiectasis and bronchiolitis are both 4. Bronchiectasis and bronchiolitis were observed in more lobes in patients with GERD than in patients without GERD ( $p = 0.008$  and  $p = 0.005$ , respectively).

In addition, patients with GERD were more likely to have AFB-positive sputum smear results in comparison with patients without GERD. These findings suggest that further studies to investigate the nature of the association between GERD and NTM lung disease are needed. If GERD is causative, its treatment may be critical. If GERD is secondary to more advanced lung disease, its treatment may be less important in managing the lung disease.

Our study had some limitations. First, this study did not include a control group. However, our principal goal was to investigate the prevalence of GERD in patients with the nodular bronchiectatic form of NTM lung disease, and ours is the only study to use 24-h pH monitoring to determine this.

Second, a significant proportion (34 of 92 patients, 37%) of screened patients did not perform 24-h esophageal pH monitoring. Then, the study group did not accurately reflect total population of patients with NTM lung disease. In particular, the study group had a significantly higher proportion of patients with *M. abscessus* infection than the total group. This is very significant because it has been shown that patients with *M. abscessus* infection have a higher rate of gastroesophageal abnormalities.

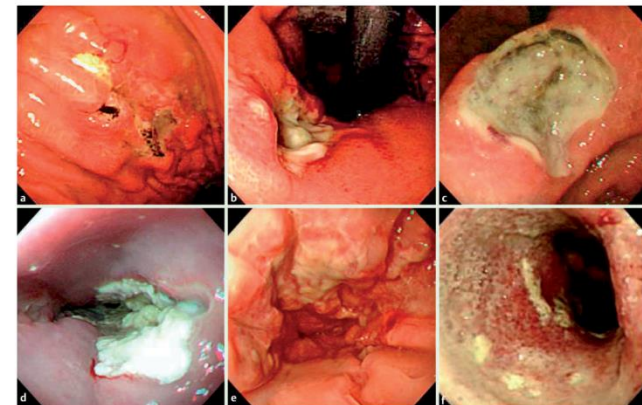
Third, we used accepted criteria used by gastroenterologists for the diagnosis of GERD, but these may not apply for a person to be susceptible to NTM infection by possible aspiration. For example, it is not known if someone has to have a pH 4 for  $> 4\%$  of the study time to place NTM in his or her lungs. Also, the patients were only studied for

24 h, which does not exclude that aspiration may have occurred at other times not studied.

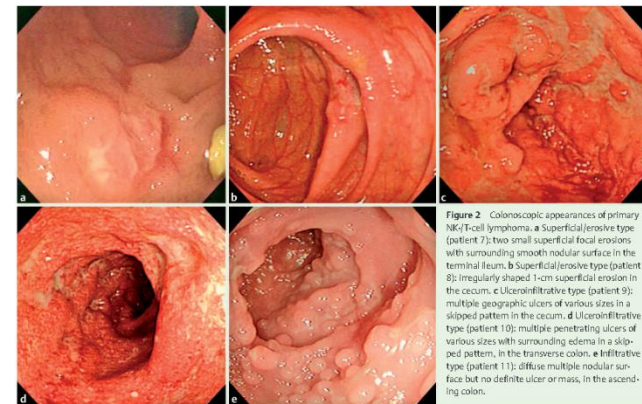
Although we showed that GERD is prevalent in patients with NTM lung disease, the nature of this relationship remains uncertain. Our study was not designed to investigate a possible causal association between GERD and NTM lung disease. Our data are consistent with GERD causing or contributing to the development or progression of NTM lung disease via recurrent exposure of the pulmonary parenchyma to the acidity of the refluxed gastric contents. Alternatively, GERD might be a secondary phenomenon. Patients with NTM lung disease might be at increased risk for abnormal reflux because of the increased pressure gradient across the diaphragm during frequent coughing and changes in pulmonary mechanics.

In addition, non-acid reflux as well as acid reflux may be present in patients with NTM lung disease. The measurement of acid reflux using esophageal pH monitoring is just a marker for possible aspiration but may not be related to the pathogenesis of NTM infection. In fact, it is possible that the increased use of acid suppressants with a resultant aspiration of relative alkaline pH into the esophagus may actually make the environment more favorable to NTM infection and the relative alkaline pH exacerbate further aspiration.

In conclusion, our study showed that patients with the nodular bronchiectatic form of NTM lung disease have a high prevalence of GERD. However, most patients with NTM lung disease and GERD lacked the typical symptoms of heartburn and regur-

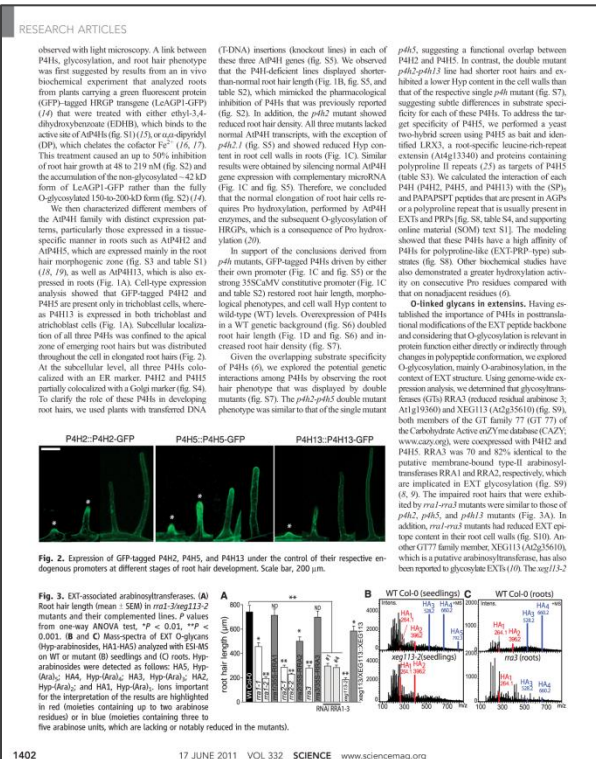
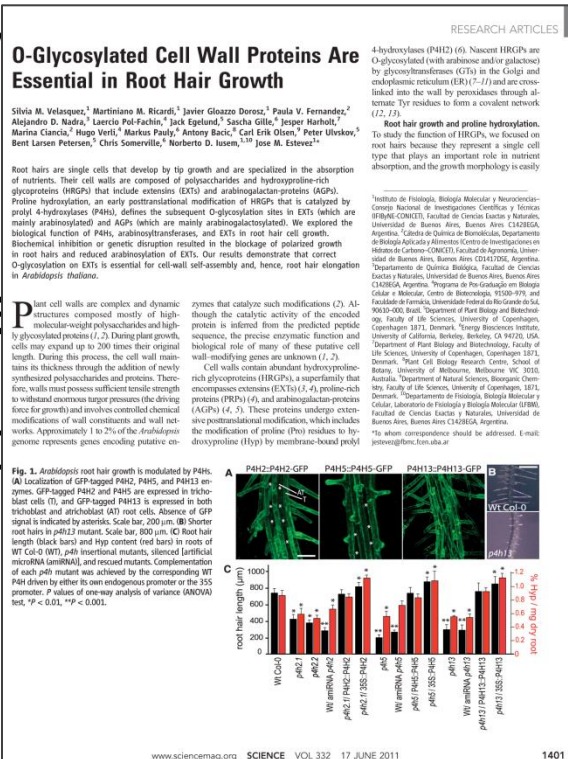
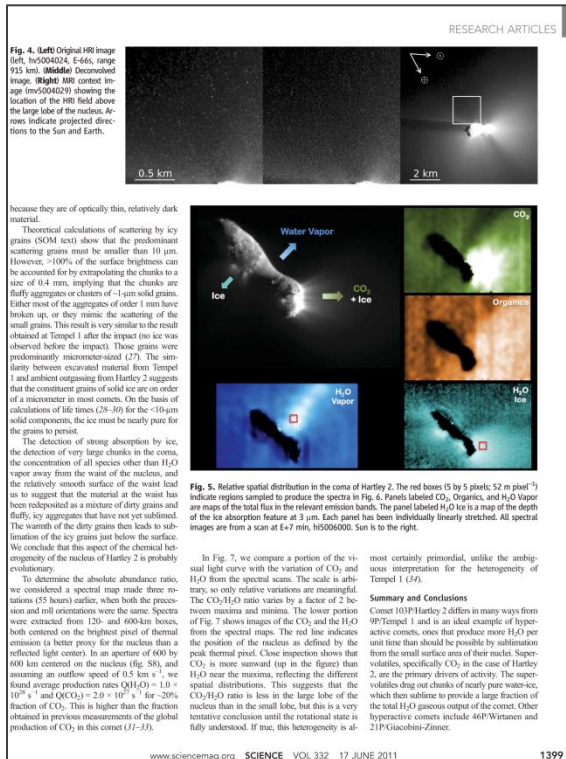


**Figure 1.** Endoscopic appearances of primary upper gastrointestinal NK/T-cell lymphoma. **a**, Superficial/erosive type (patient 1): several superficial erosions of various sizes in a continuous focal pattern in the body of the stomach. **b**, Ulcerative type (patient 2): a round 1.5-cm well defined deep ulcer in the body of the stomach. **c**, Ulcerative type (patient 3): round 2-cm well defined deep ulcer at the angle of the stomach. **d**, Ulcerative type (patient 4): a long irregular 4-cm well defined deep ulcer in the mid esophagus. **e**, Ulceroinfiltrative type (patient 5): diffuse ill defined ulcers of various sizes in a continuous pattern in the lower esophagus. **f**, Ulceroinfiltrative type (patient 6): diffuse ill defined ulcers of various sizes in a continuous pattern in the second portion of the duodenum.

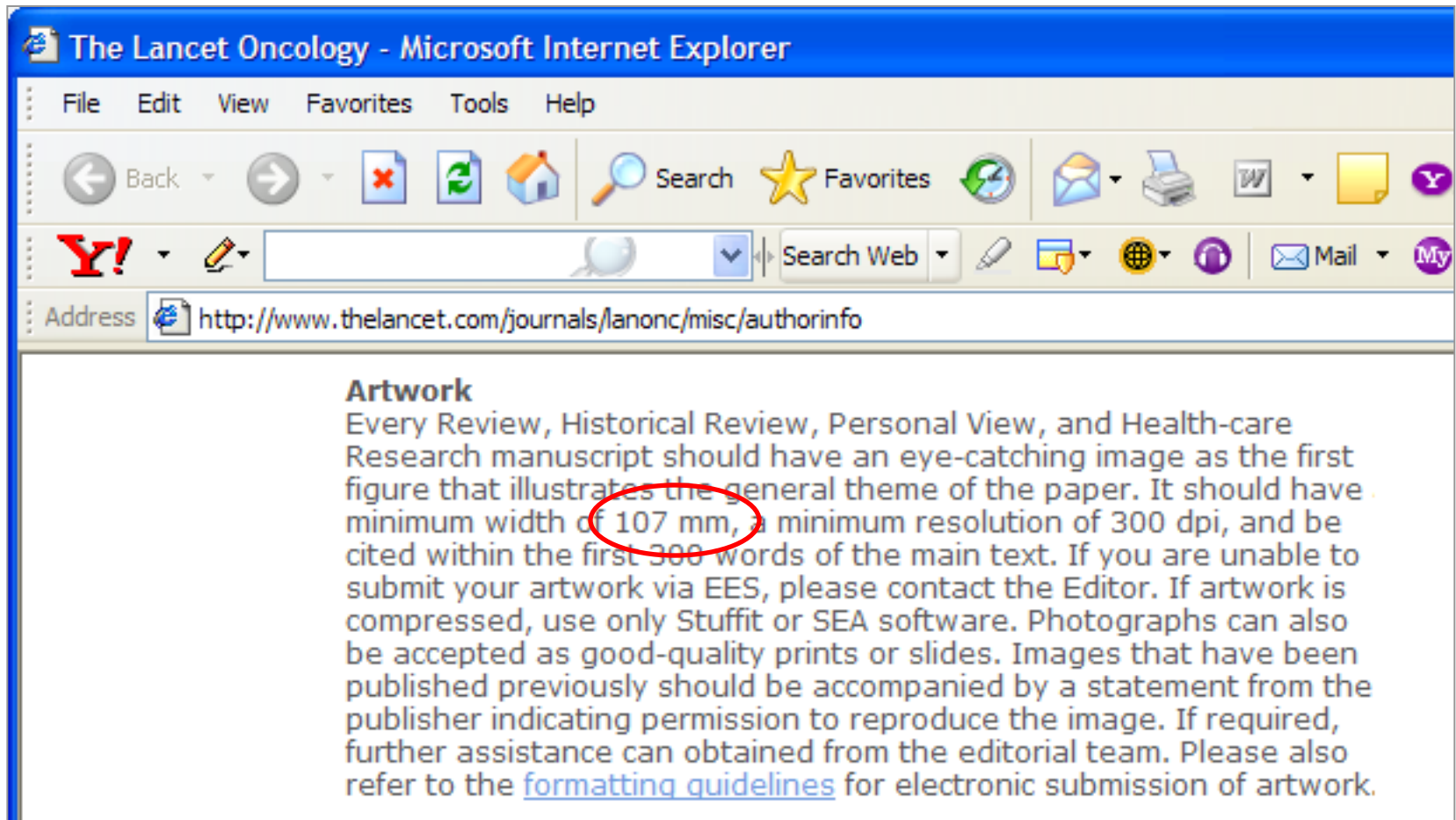


**Figure 2.** Colonoscopic appearances of primary NK/T-cell lymphoma. **a**, Superficial/erosive type (patient 7): two small superficial focal erosions with surrounding smooth nodular surface in the terminal ileum. **b**, Superficial/erosive type (patient 8): irregularly shaped 1-cm superficial erosion in the cecum. **c**, Ulceroinfiltrative type (patient 9): multiple geographic ulcers of various sizes in a skipped pattern in the cecum. **d**, Ulceroinfiltrative type (patient 10): multiple penetrating ulcers of various sizes with surrounding edema in a skipped pattern in the transverse colon. **e**, Infiltrative type (patient 11): diffuse multiple nodular surface but no definite ulcer or mass in the ascending colon.

# 나무 불친절한 Science 특고 정



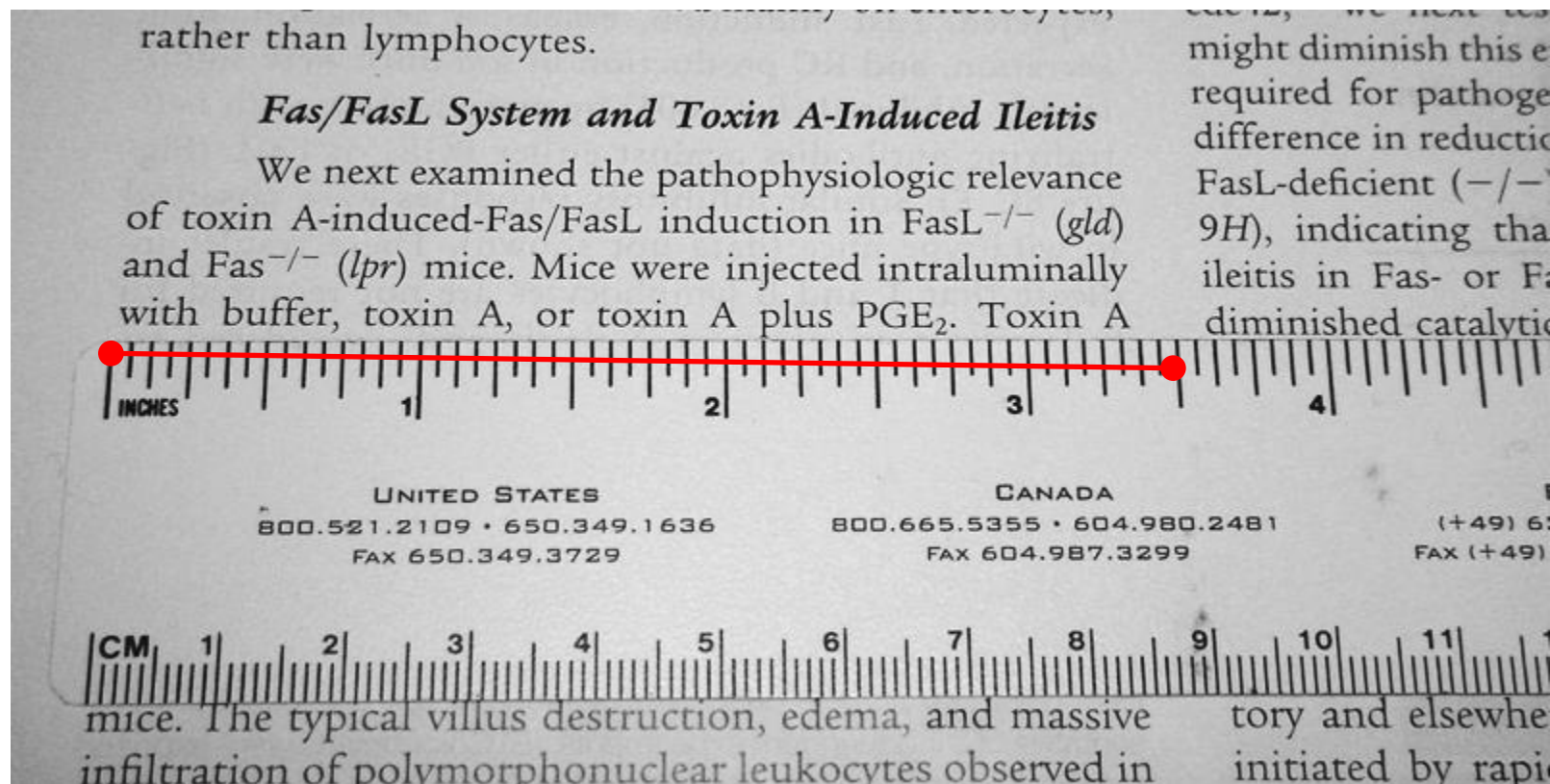
# 매우 친절한 *Lancet*



<http://www.thelancet.com/journals/lanonc/misc/authorinfo>



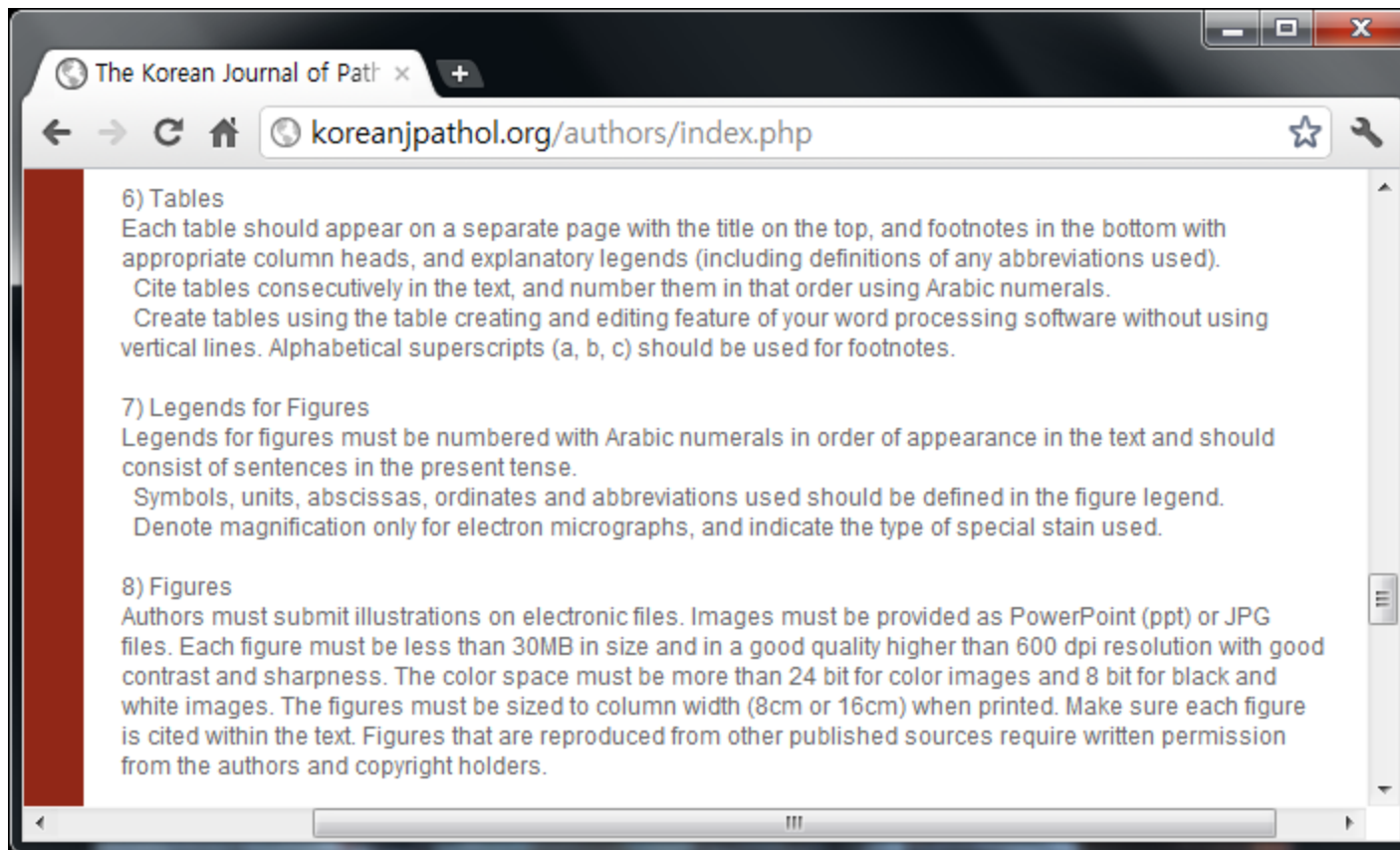
# One column is usually 3.5 inch or less



**4 inch, 900 dpi로 작업을 하면 대부분의 경우에 문제가 없다**

# 대한 병리학회지 투고규정

- 2011/7 & 2014/7





- Authors must submit illustrations on electronic files. Images must be provided as **PowerPoint (ppt) or JPG** files.
- Each figure must be less than **30MB in size** and in a good quality higher than **600 dpi** resolution with good contrast and sharpness.
- The **color space** must be more than 24 bit for color images and 8 bit for black and white images.
- The figures must be sized to column **width (8cm or 16cm)** when printed.

- Authors must submit illustrations on electronic files. Images must be provided as **TIFF files**. **JPEG is also acceptable when the original format is JPEG.**
- Each figure must be ~~less than 30MB in size and~~ in a good quality higher than **300 dpi** resolution with good contrast and sharpness.
- ~~The **color space** must be more than 24 bit for color images and 8 bit for black and white images.~~
- The figures must be sized to **4 inches**.
- **If possible, submit the original file without any modification.**

# 변화는 쉽게 오지 않는다.



## 7) Figures

Authors must submit illustrations as electronic files.

Images should be provided as TIFF files, but JPEG is also acceptable when the original format is JPEG. When authors need to arrange figures in certain ways, **they can submit figures in prearranged ppt/pptx files**. Each figure needs to be prepared in a resolution **higher than 300 dpi** with good contrast and sharpness..

# 요약: 논문 제출을 위한 이미지

- 논문에 제출할 그림은 대표적인 line art이다.
- 가능하면 vector형식의 image program을 사용하여 그림을 만드는 것이 좋다.

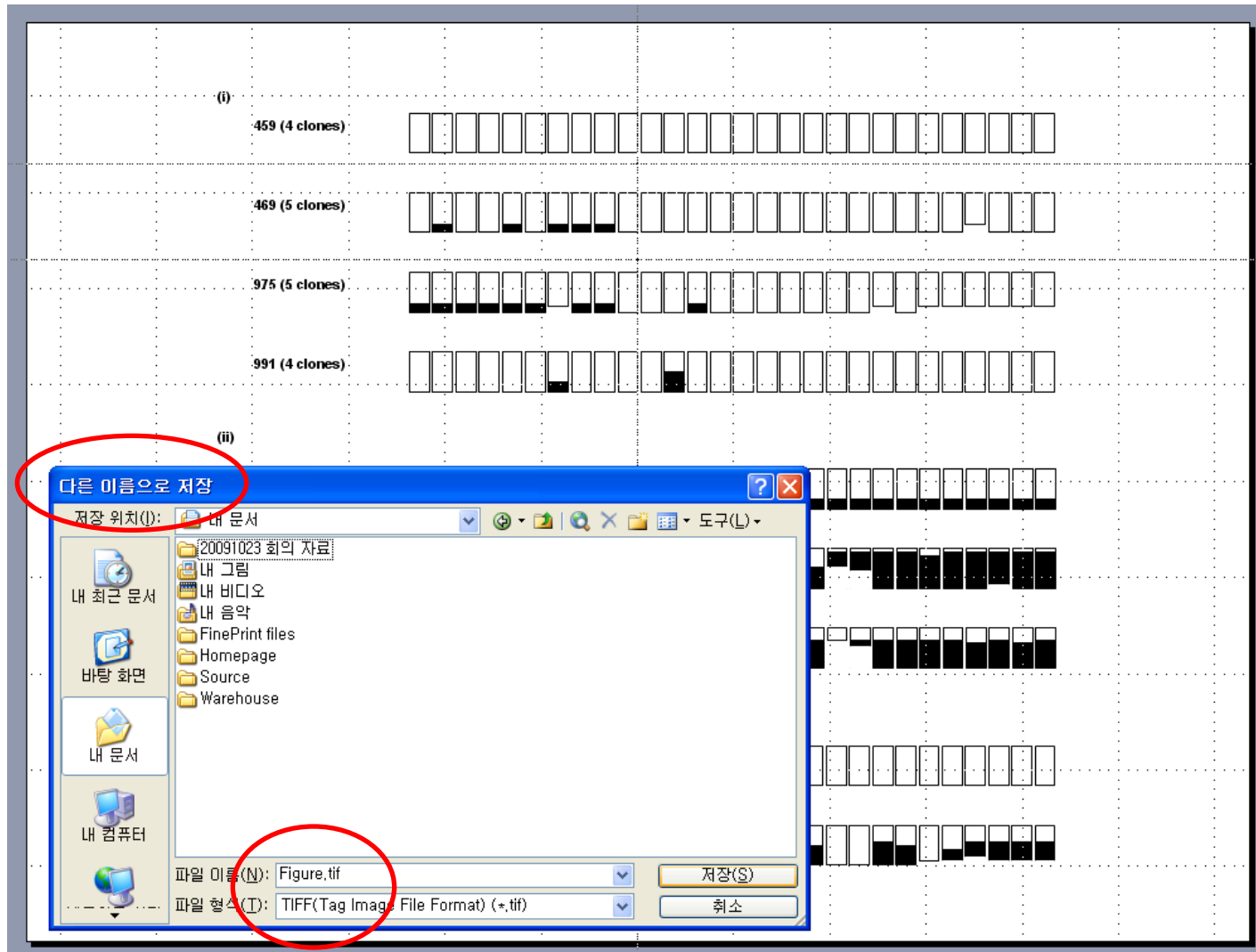
예) 그림은 Adobe Illustrator, Graph는 Prism

- 마지막 단계에서 “TIFF 형식, size 4 inch, resolution 900 dpi, 색상 흑백” 선택

# PowerPoint를 TIFF로 바꾸기

성균관대학교 의과대학 삼성서울병원 내과 이준행

# PowerPoint에서 손쉽게 TIFF로 만들기



(i)

459 (4 clones)



469 (5 clones)



975 (5 clones)



991 (4 clones)



(ii)

455 (4 clones)



128T (11 clones)



231T (13 clones)



(iii)

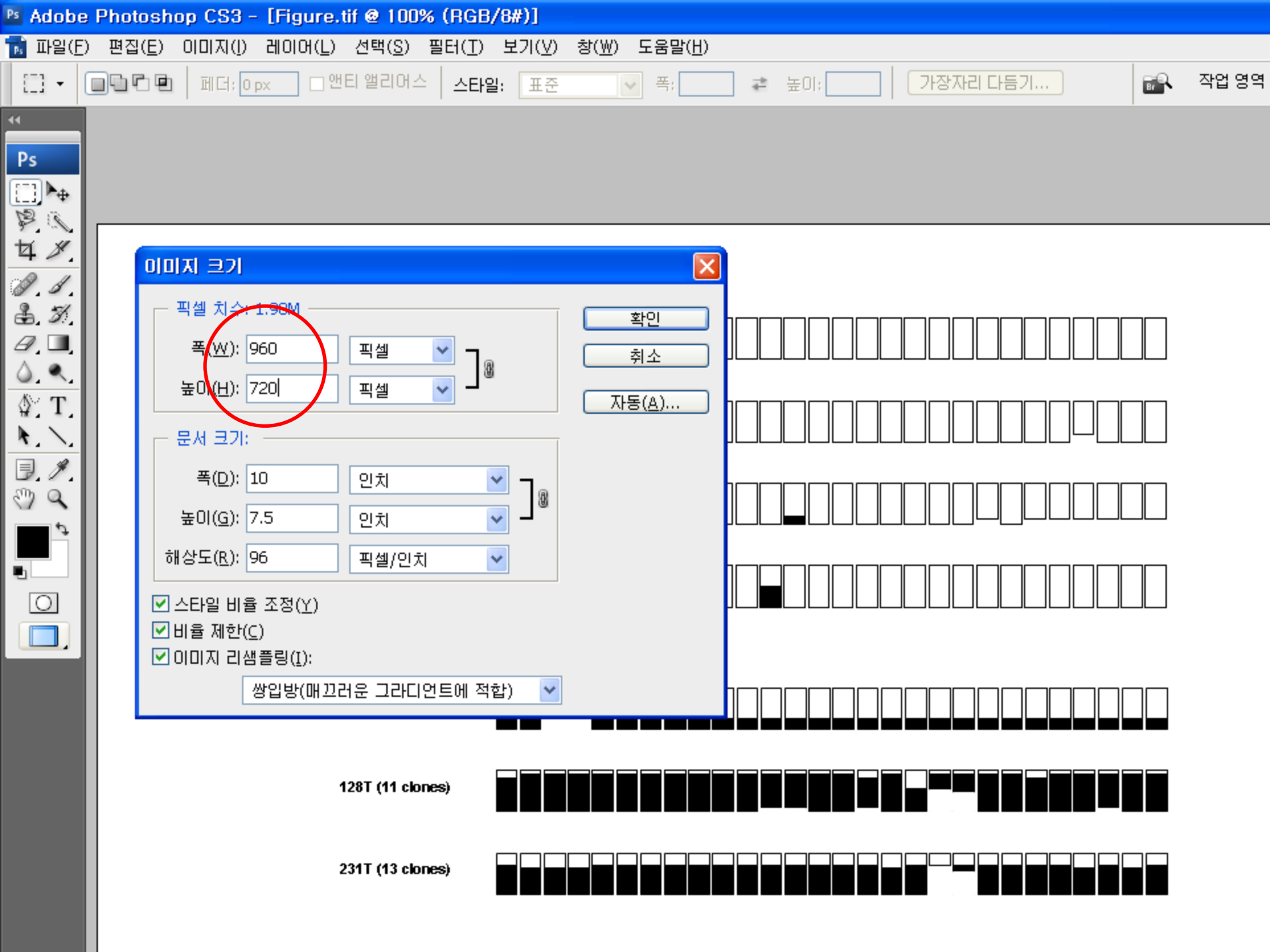
128N (12 clones)



231N (10 clones)



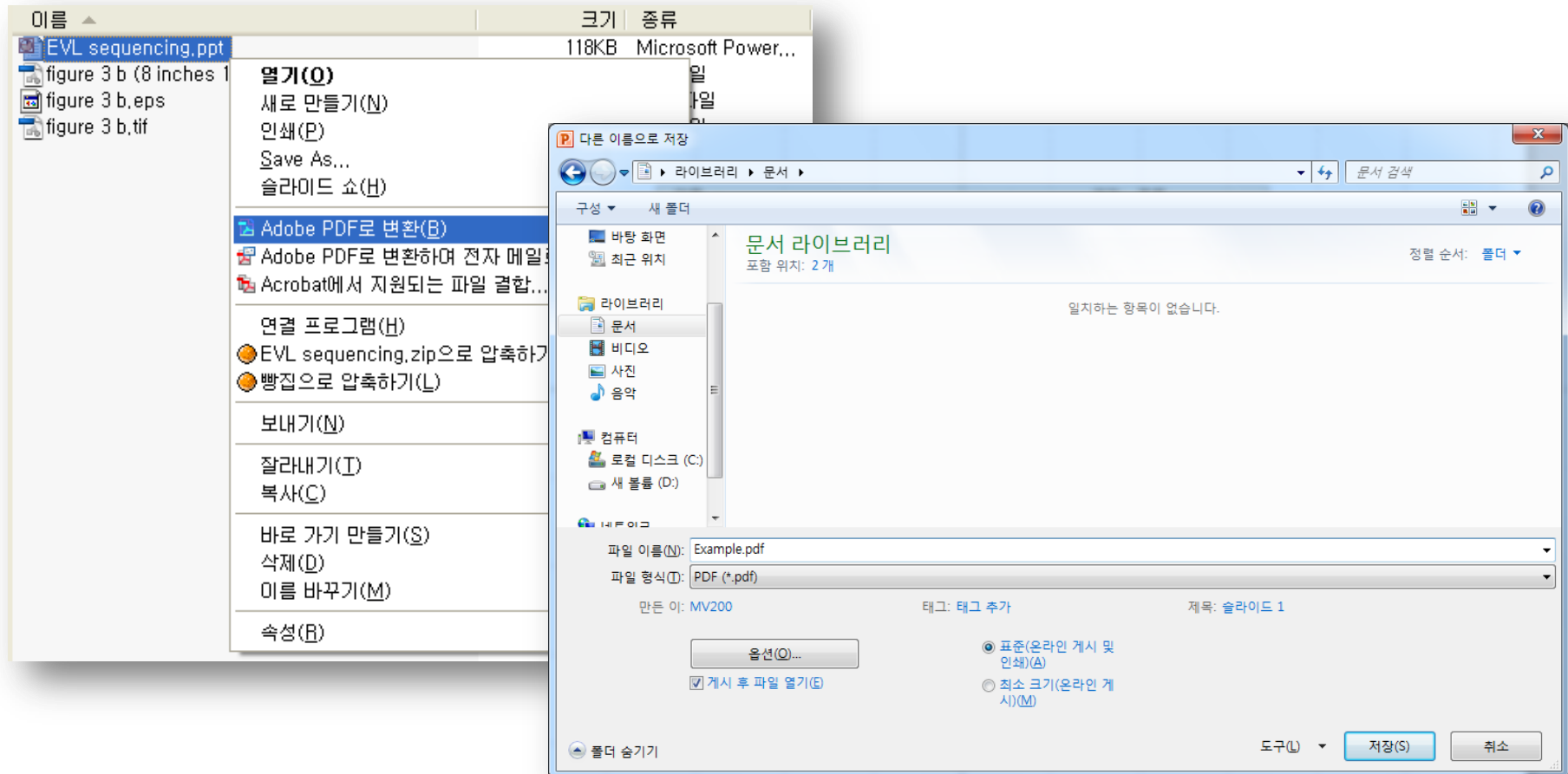




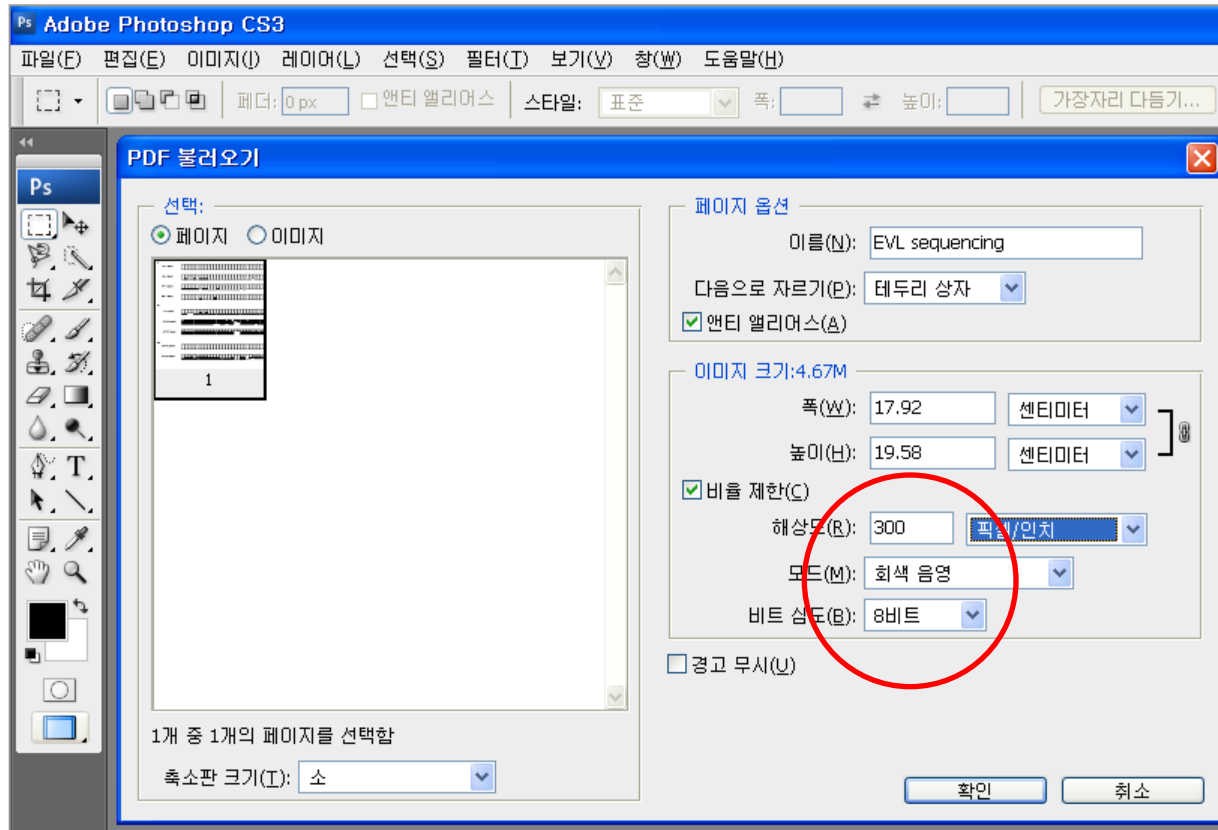
# PowerPoint 이미지를 고해상도 TIFF 파일로 바꾸는 방법

- Adobe Illustrator를 사용하는 방법
- Adobe Acrobat (혹은 Photoshop)를 사용하는 방법

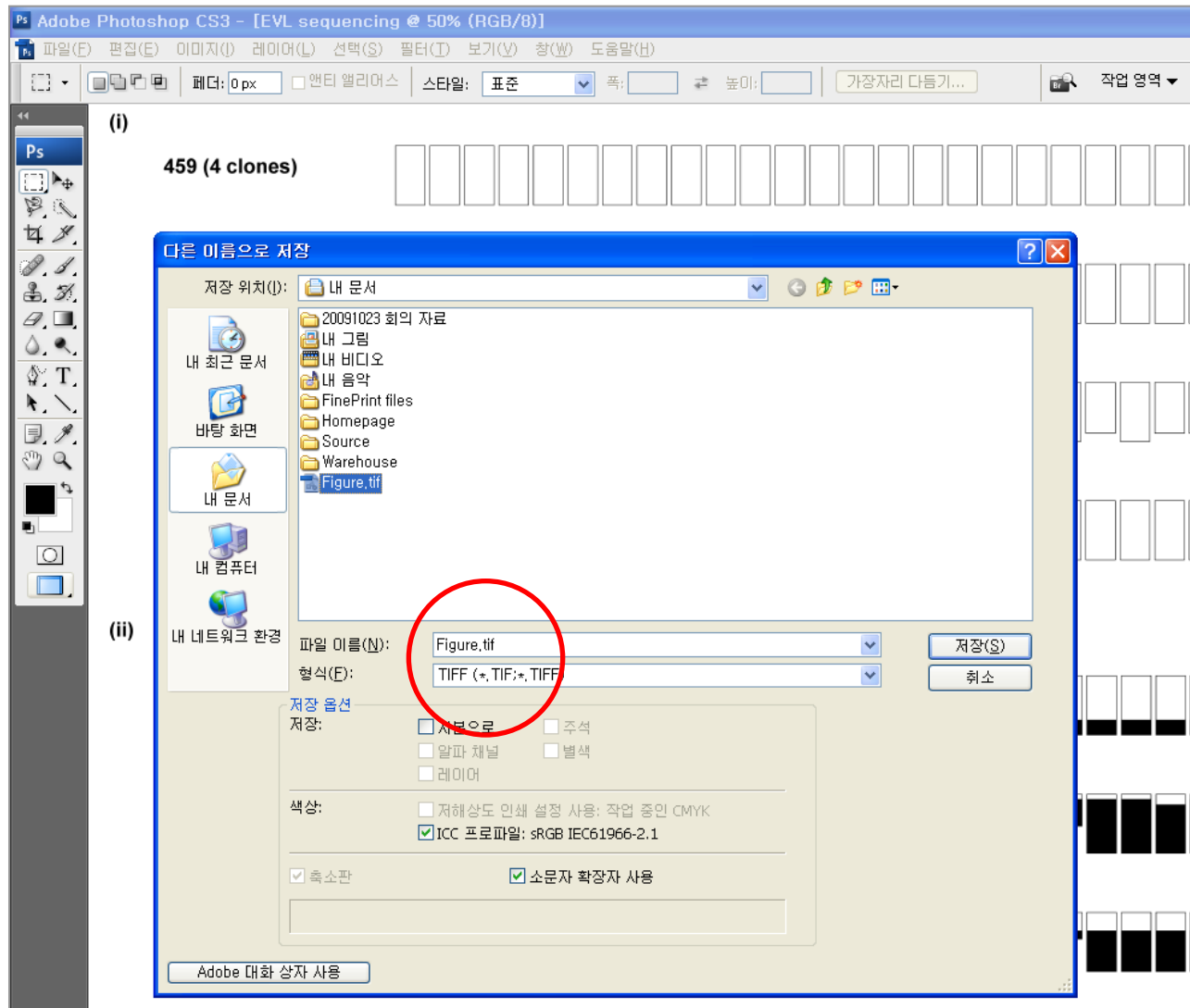
# Acrobat 혹은 Powerpoint를 이용하여 PDF 파일로 변환

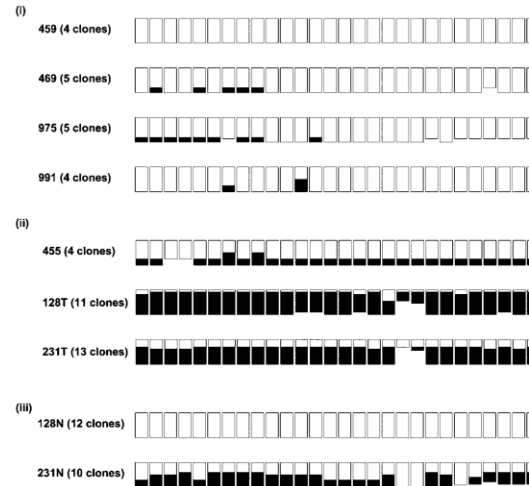


# PDF 파일을 Photoshop으로 불러온다



# Photoshop에서 TIFF 파일로 저장한다





**Figure 3** *EVL/hsa-miR-342* locus CpG methylation in colorectal carcinogenesis: evidence for a 'field defect' of *EVL/hsa-miR-342* locus CpG methylation in colorectal cancer. Bisulfite genomic sequencing results are shown for the *EVL/hsa-miR-342* CpG island from (i) normal colorectal mucosa from four individuals without cancer, (ii) colorectal cancer tissue from three individuals and (iii) normal appearing colorectal mucosa from two patients with concurrent colorectal cancer. The numbers in the left column represent patient identifiers. The number of clones sequenced from each patient sample is indicated in parentheses. Matched tumor (T) and normal (N) colorectal mucosa were analysed from patients no. 128 and no. 231 with results shown in (ii) and (iii). Each bar represents one CpG dinucleotide and the proportion of methylated CpGs is indicated by black shading. The height of the bar is representative of the number of informative clones at a given CpG site.

identify genes that are (a) overexpressed in colorectal cancer based on results from three relevant gene expression profiling studies (Alon *et al.*, 1999; Notterman *et al.*, 2001; Zou *et al.*, 2002) and (b) PicTar-predicted targets of *hsa-miR-342*. Eleven genes satisfied these criteria and are presented in Supplementary Table S3.

### Discussion

In this study, we confirmed that silencing of *hsa-miR-342* is a common event in colorectal cancer and provided evidence for coordinate epigenetic silencing of an intronic microRNA and its host gene in human cancer. Given that roughly half of microRNA genes are located in introns (Rodriguez *et al.*, 2004; Kim and Kim, 2007; Saini *et al.*, 2007), we suggest that this mode of coordinate silencing may represent a more general mechanism of microRNA suppression in human cancer.

Our data also suggest that methylation of the *EVL/hsa-miR-342* locus is an early event in colorectal carcinogenesis, given that it is detectable in 67% of adenomas, as well as in 56% of histologically normal colorectal mucosal specimens from patients with concurrent colorectal cancer. Based on these observations,

we propose that the methylated DNA corresponding to the *EVL/hsa-miR-342* locus may merit further investigation as a biomarker for non-invasive disease detection or risk prediction for colorectal cancer, especially in light of its apparent specificity for colorectal cancer.

With respect to carcinogenesis, the data suggest a model in which the aberrant methylation of *EVL/hsa-miR-342* precedes histologically apparent neoplastic alterations in the colon and leads to an early expansion of precancerous progenitor cells carrying methylated CpG islands at the *EVL/hsa-miR-342* locus. The presence of methylation of *EVL/hsa-miR-342* in normal appearing colorectal mucosa may reflect an acquired, early epigenetic change in the pathogenesis of colorectal cancer. Alternatively, it could also be the consequence of clonal expansion of rare, normal colorectal epithelial cells that carry a methylated *EVL/hsa-miR-342* locus as a part of their normal physiological state (Ohm and Baylin, 2007; Widschwendter *et al.*, 2007).

Given that *EVL* and *hsa-miR-342* are coordinately silenced, we cannot determine *a priori* whether suppression of *EVL*, *hsa-miR-342* or both is the relevant event in colorectal carcinogenesis. *EVL* is a member of the Ena/VASP protein family, which are actin-associated proteins involved in a variety of processes related to

# PowerPoint 파일 → 고해상도 TIFF 요약

- PowerPoint file (vector image)를 직접 TIFF로 변환하면 960x720 px의 저해상도 TIFF로 바뀐다.
- PDF 파일(vector image)로 변환한다.
- Photoshop을 이용하여 PDF 파일을 고해상도 raster 이미지로 불러온다.
- TIFF 형식으로 저장한다.



# Take home message

- 모든 Table은 정확하고도 완벽하게 만들어져야 한다.
- 모든 이미지는 필요에 따라 적절한 해상도로 만들어져야 한다. 가능하면 vector graphic이 좋다.
- Journal style을 철저히 준수해야 한다.

# 표 점검표

- 제목이 장황하지 않고도 충분히 서술적인가?
- 줄과 칸이 깔끔한가?
- 불필요한 자료, 반복되는 연구대상자 수 표시, 지나친 정밀함, 의미가 모호한 약자들이 있지는 않는가? **꼭 이렇게 자세할 필요**  
**요가 있는가?**
- 본문을 보지 않고도 모든 항목의 의미를 명확히 알 수 있는가?
- 두 개 이상의 표를 하나로 묶을 수 없는가?
- 모든 표를 본문에서 언급하였나? 또한 순서대로 언급하였나?

# 그림 점검표

- 모든 그림은 요점을 명확히 표현하고 있는가?
- 축, 선, 막대 및 점에 대한 표시가 있는가? 척도는 맞는가?
- **각각의 그림에 제목을 제외한 그림 설명을 붙였는가?**
- 본문은 그림을 보완하여 설명하고 있는가?
- 모든 그림을 본문에서 언급하였나? 또한 순서대로 언급하였나?
- **개인식별이 가능한 정보가 들어가 있지 않은가?**



경청해 주셔서 감사합니다.